**Supplementary Table 1. Search Strategy**

MEDLINE

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| **Search** | **Search History** | **Results** |
| 1 | exp Dietary Approaches To Stop Hypertension/ | 388 |
| 2 | "dietary approaches to stop hypertension".ab,ti,tw. | 1130 |
| 3 | "dietary approach to stop hypertension".ab,ti,tw. | 135 |
| 4 | "DASH diet".ab,ti,tw. | 715 |
| 5 | "DASH".ab,ti,tw. | 9437 |
| 6 | 1 or 2 or 3 or 4 or 5 | 9694 |
| 7 | exp Diet, Sodium-Restricted/ | 6482 |
| 8 | exp sodium, dietary/ | 17338 |
| 9 | exp sodium chloride, dietary/ | 8356 |
| 10 | ((sodium or salt) adj3 (restrict$ or curb$ or limit$ or minimal$ or low$ or reduc$ or intake or diet$ or free)).ab,ti,tw. | 48629 |
| 11 | 7 or 8 or 9 or 10 | 59749 |
| 12 | 6 and 11 | 375 |