

Fig. S1

Product	Ingredient
Probiotic solid drink	Sorbitol, tart cherry concentrate, coix seed galangal hydrolysate, marine fish protein peptides, sodium carboxymethylcellulose, <i>lactobacillus casei</i> , <i>lactobacillus rhamnos</i>

Note: The amount of probiotics added \geq 6 billion CFU/g

Fig. S2

Community barplot analysis

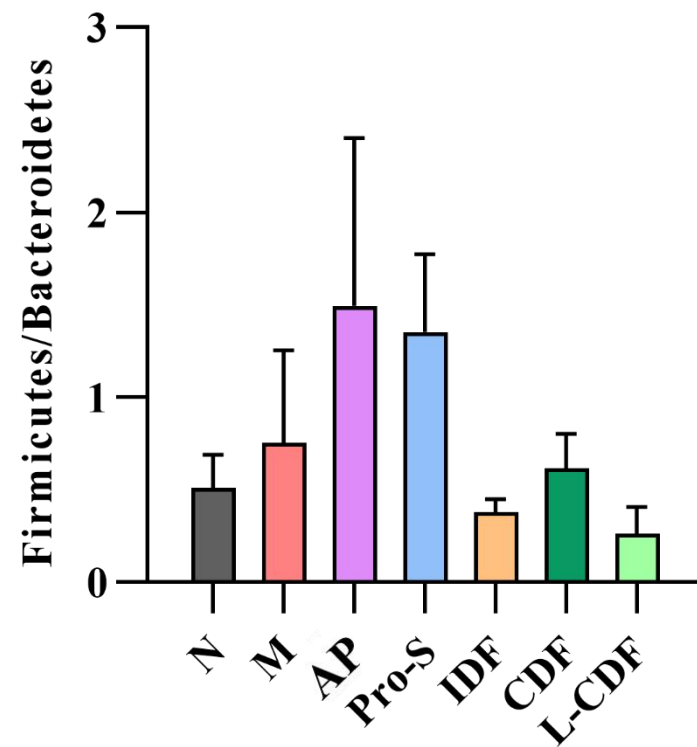
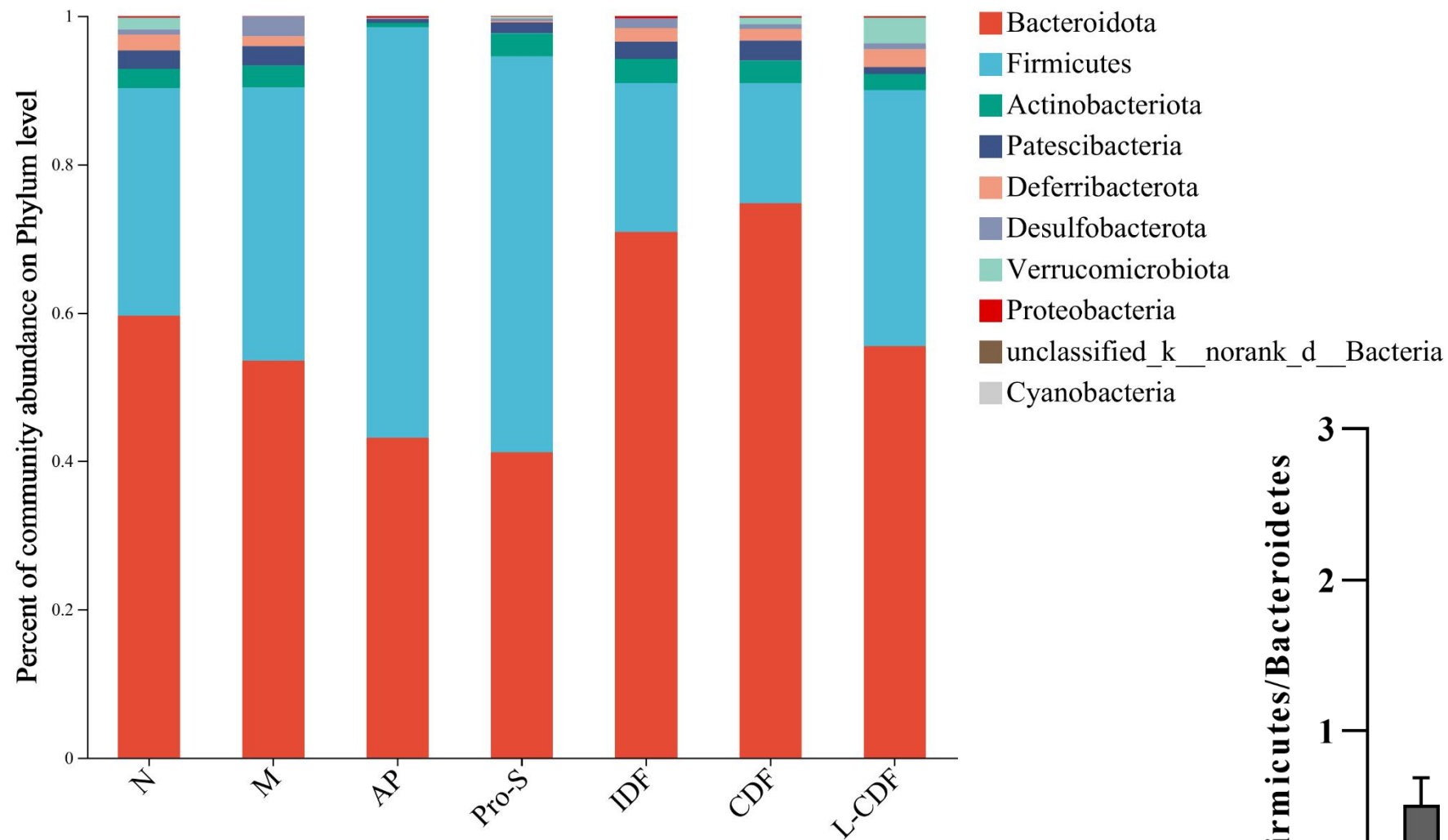


Fig. S3

Wilcoxon rank-sum test bar plot on Genus level

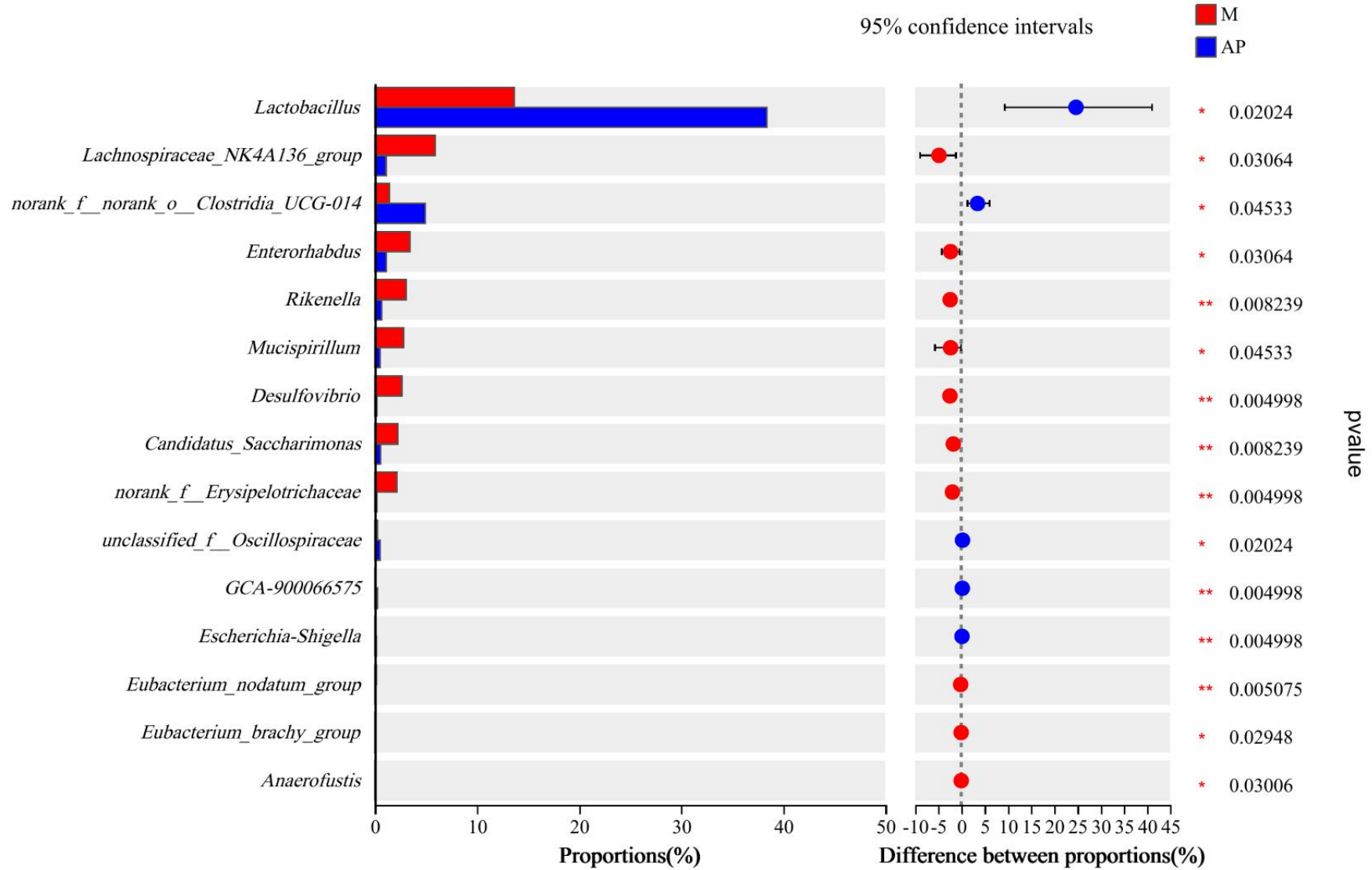


Fig. S¹

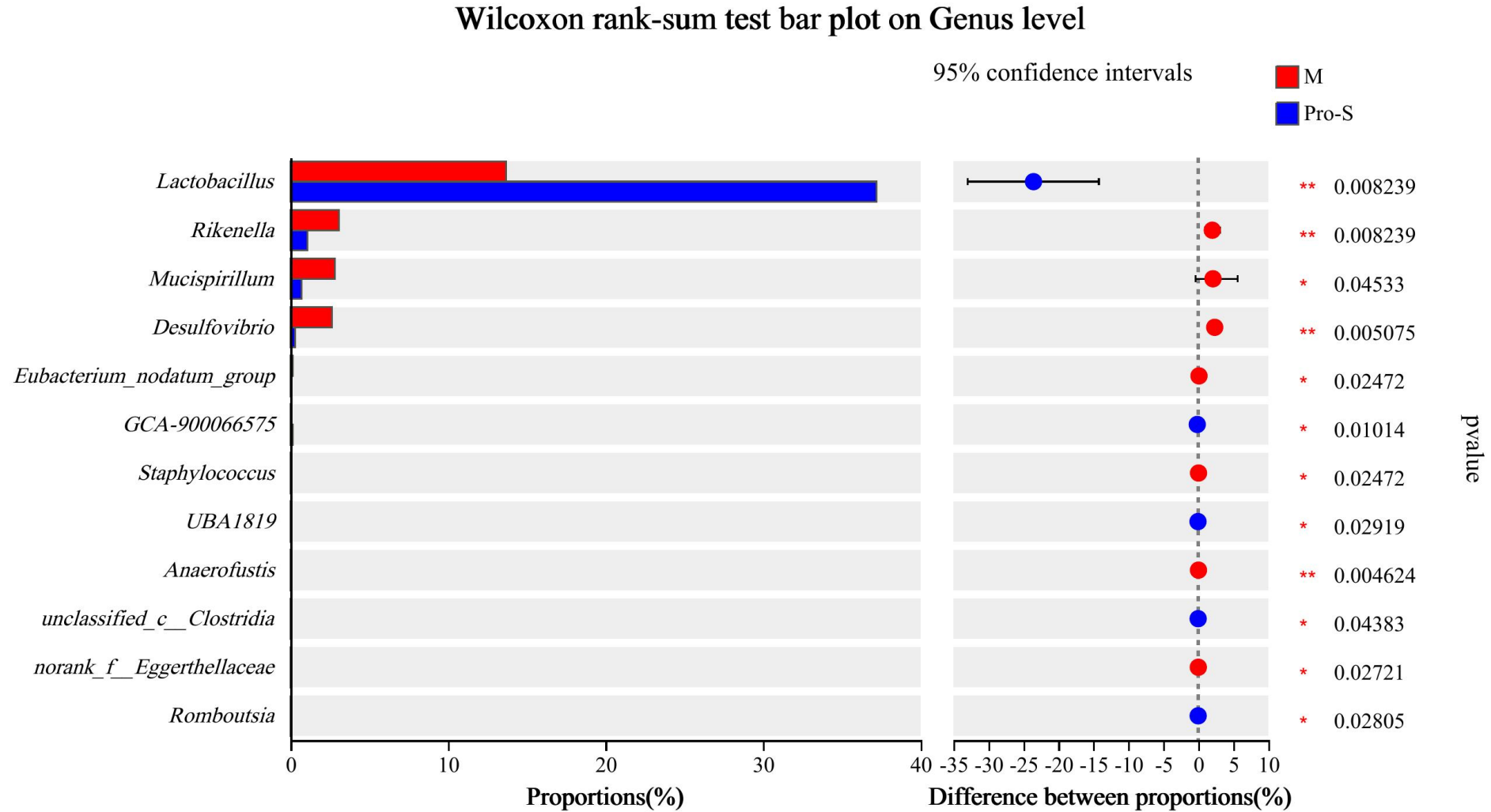


Fig. S5

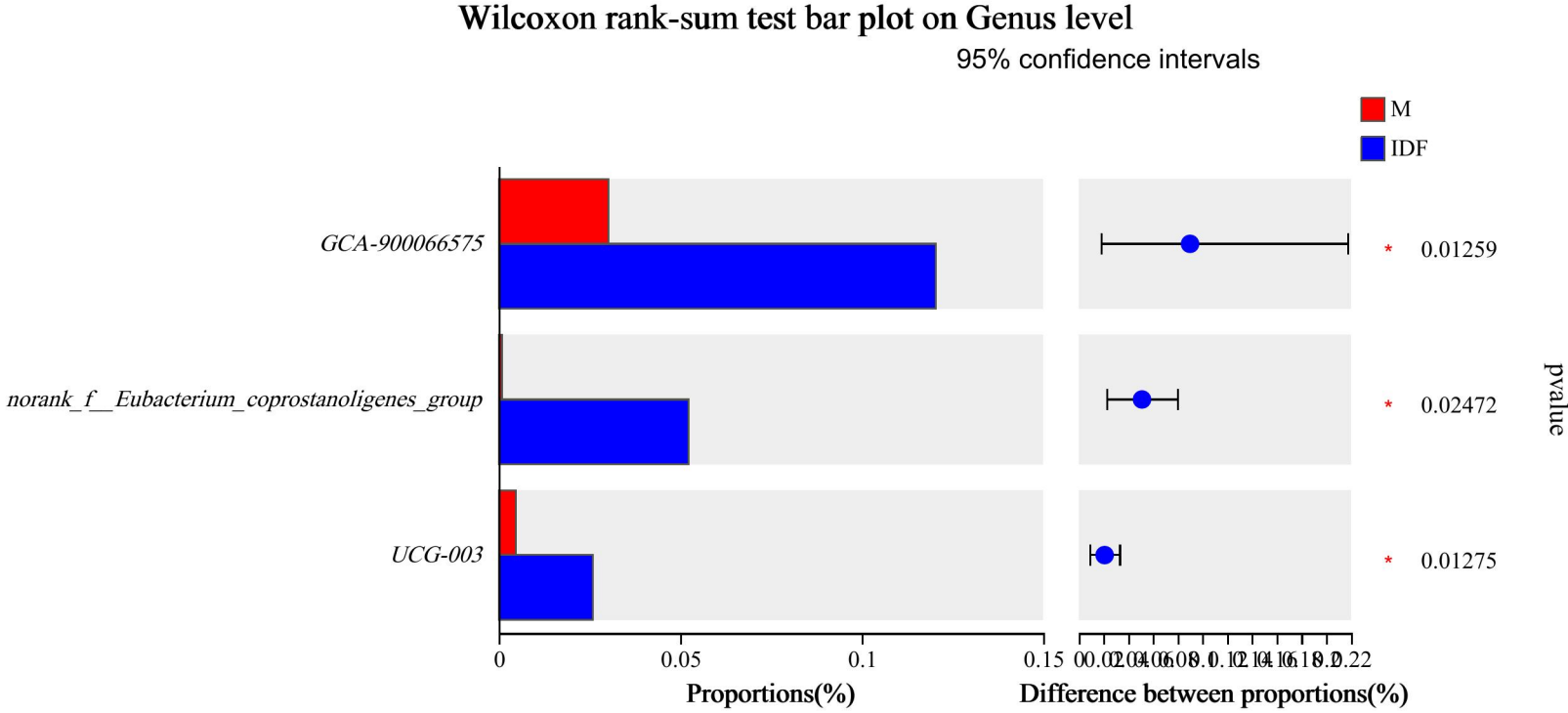


Fig. S6

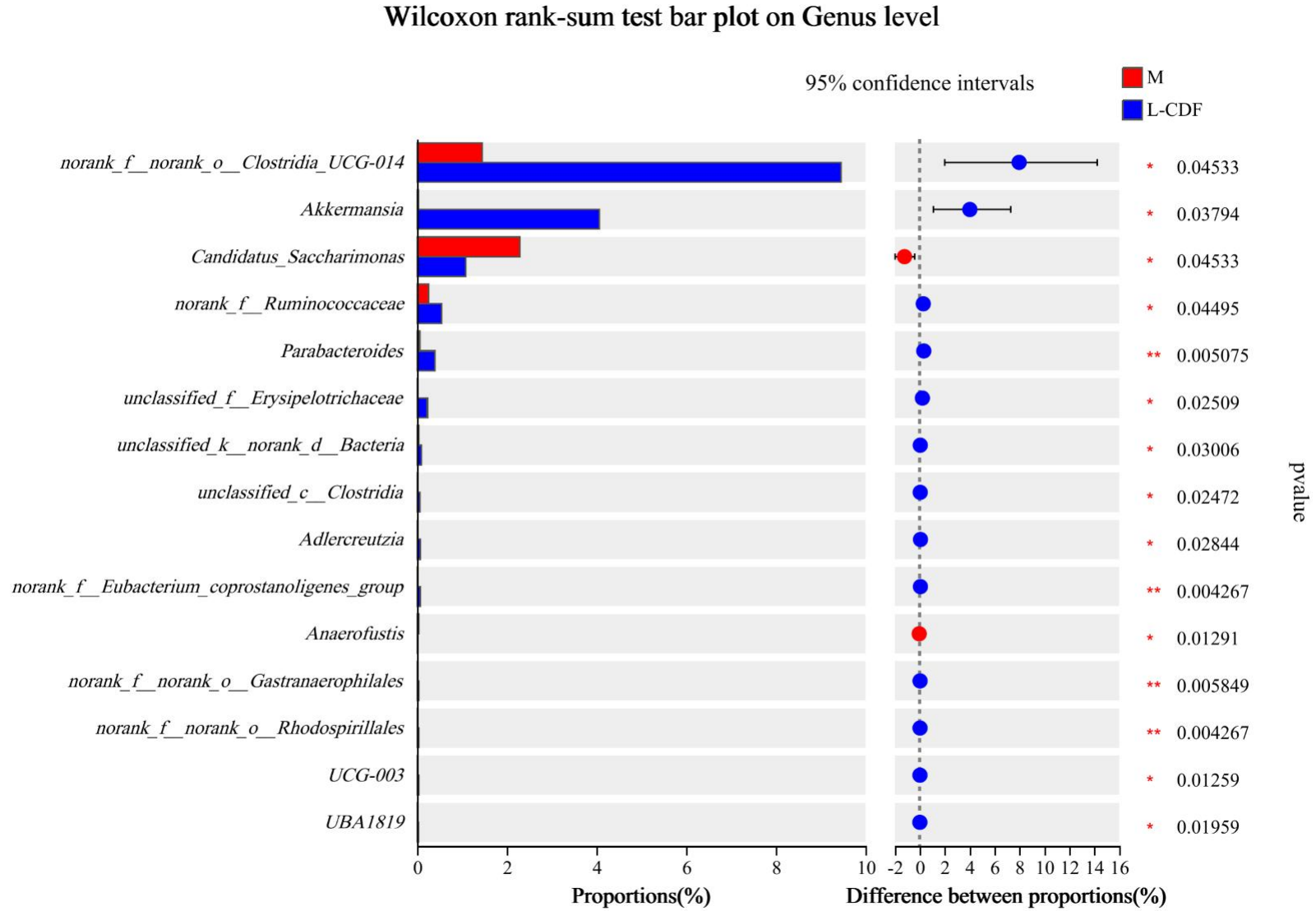


Fig. S7

