**Supplementary Material** **Appendix Table S1**. Search strategy to find potential eligible trials for inclusion in the meta-analysis of propolis consumption and cardiometabolic indices.

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| **PubMed:** 1738 results**,** September 2023 |
| ( propolis ) AND ( intervention OR "Intervention Study" OR "Intervention Studies" OR intervention\* OR "controlled trial" OR randomized OR randomised OR random OR randomly OR placebo OR "clinical trial" OR trial OR "randomized controlled trial" OR "randomized clinical trial" OR rct OR blinded OR "double blind" OR "double blinded" OR "clinical trials" OR trials OR "Pragmatic Clinical Trial" OR "Cross-Over Studies" OR "Cross-Over" OR "Cross-Over Study" OR parallel OR "parallel study" OR "parallel trial" ) |
| **Scopus**: 1177, September 2023 |
| ( TITLE-ABS-KEY ( propolis ) AND TITLE-ABS-KEY ( intervention OR "Intervention Study" OR "Intervention Studies" OR intervention\* OR "controlled trial" OR randomized OR randomised OR random OR randomly OR placebo OR "clinical trial" OR trial OR "randomized controlled trial" OR "randomized clinical trial" OR rct OR blinded OR "double blind" OR "double blinded" OR "clinical trials" OR trials OR "Pragmatic Clinical Trial" OR "Cross-Over Studies" OR "Cross-Over" OR "Cross-Over Study" OR parallel OR "parallel study" OR "parallel trial" ) ) |
| **Web of Sciences**: 771, September 2023 |
| ALL=(( propolis ) AND ( intervention OR "Intervention Study" OR "Intervention Studies" OR intervention\* OR "controlled trial" OR randomized OR randomised OR random OR randomly OR placebo OR "clinical trial" OR trial OR "randomized controlled trial" OR "randomized clinical trial" OR rct OR blinded OR "double blind" OR "double blinded" OR "clinical trials" OR trials OR "Pragmatic Clinical Trial" OR "Cross-Over Studies" OR "Cross-Over" OR "Cross-Over Study" OR parallel OR "parallel study" OR "parallel trial" )) |
| **Total**: 3686 |