**SUPPLEMENTARY MATERIAL 2**

**Table 1 - Characteristics of inverviewed and not interviewed after the nutritional intervention (T1). Fruit and Vegetable Randomized Controlled Community Trial. Belo Horizonte-MG, Brazil. 2013-2017.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Variables** | **Inverviewed** (n=2,538) | **Not interviewed** (n=876) | p-value |
| n | values | n | values |
| **Age3 (yrs) SD** | 2,538 | 57.6 | 11.2 | 876 | 54.2 | 13.0 | **<0.0011** |
| **Education**3**(yrs) SD** | 2,537 | 7.1 | 4.1 | 875 | 7.6 | 4.1 | **0.0011** |
| **Income per capita3 (dollar) SD** | 1,455 | 370.1 | 321.6 | 368 | 365.4 | 337.4 | 0.803**1** |
| **Gender (%)** |  |  |  |  |   |
| Female | 2,215 | 87.3 | 792 | 90.4 | **0.0132** |
| Men | 323 | 12.7 | 84 | 9.6 |
| **Marital status (%)** |  |  |  |  |  |
| Married | 1,594 | 62.8 | 508 | 58.0 | **<0.0012** |
| Divorced | 184 | 7.3 | 99 | 11.3 |
| Single | 346 | 13.6 | 137 | 15.6 |
| Widowed | 413 | 16.3 | 132 | 15.1 |
| **Occupation (%)** |  |  |  |  |  |
| Housewife | 731 | 28.8 | 248 | 28.3 | **<0.0012** |
| Retired or pensioner | 992 | 39.1 | 261 | 29.8 |
| Unemployed | 38 | 1.5 | 30 | 3.4 |
| Employed | 776 | 30.6 | 337 | 38.5 |
| **Self-health perceptions (%)** |  |  |  |  |   |
| Very poor/poor/regular | 72 | 3.5 | 35 | 5.1 | 0.059**2** |
| Good/very good | 2,001 | 96.5 | 655 | 94.9 |
| **Body satisfaction (%)** |  |  |  |  |   |
| Not satisfied | 1,370 | 54.0 | 543 | 62.0 | **<0.0012** |
| Satisfied | 1,167 | 46.0 | 333 | 38.0 |
| **Recent weight loss attempt** |  |  |  |  |  |
| No | 1,031 | 40.6 | 301 | 34.4 | **0.0012** |
| Yes | 1,505 | 59.4 | 575 | 65.6 |
| **Physical activity3 (minutes/week) SD** | 2,462 | 210.9 | 80.7 | 814 | 204.4 | 75.9 | **0.0411** |
| **Nutritional Status (%)** |  |  |  |  | **<0.001** |
| Normal weight | 739 | 29.1 | 209 | 23.9 |
| Pre-obesity | 1,000 | 39.4 | 336 | 38.4 |
| Obesity class I | 534 | 21.04 | 185 | 21.0 |
| Obesity class II or III | 265 | 10.4 | 146 | 16.7 |

Note: SD, standard derivation. 1Student T test; 2 Chi-Squaredtest;. 3Presented by means.

**Table 2 - Characteristics of inverviewed and not interviewed 12 months after the nutritional intervention (T2). Fruit and Vegetable Randomized Controlled Community Trial. Belo Horizonte-MG, Brazil. 2013-2017.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Variables** | **Inverviewed** (n=2,332) | **Not interviewed** (n= 1,082) | p-value |
| n | values | n | values |
| **Age3 (yrs) SD** | 2,332 | 56.9 | 11.3 | 1,082 | 56.2 | 12.6 | 0.130**1** |
| **Education**3**(yrs) SD** | 2,331 | 7.4 | 4.0 | 1,081 | 6.9 | 4.2 | **0.0021** |
| **Income per capita3 (dollar) SD** | 1,796 | 368.9 | 324.4 | 27 | 383.9 | 357.4 | 0.813**1** |
| **Gender (%)** |   |  |  |  |   |
| Female | 2,059 | 88.3 | 948 | 87.6 | 0.570**2** |
| Men | 273 | 11.7 | 134 | 12.4 |
| **Marital status (%)** |   |  |  |  |   |
| Married | 1,474 | 63.2 | 628 | 58.0 | **0.0042** |
| Divorced | 177 | 7.6 | 106 | 9.8 |
| Single | 305 | 13.1 | 178 | 16.5 |
| Widowed | 375 | 16.1 | 170 | 15.7 |
| **Occupation (%)** |   |  |  |  |   |
| Housewife | 679 | 29.1 | 300 | 27.7 | 0.365**2** |
| Retired or pensioner | 862 | 37.0 | 391 | 36.2 |
| Unemployed | 41 | 1.8 | 27 | 2.5 |
| Employed | 749 | 32.1 | 364 | 33.6 |
| **Self-health perceptions (%)** |   |  |  |  |   |
| Very poor/poor/regular | 63 | 3.4 | 44 | 4.9 | **0.0432** |
| Good/very good | 1,811 | 96.6 | 845 | 95.1 |
| **Body satisfaction (%)** |   |  |  |  |   |
| Not satisfied | 1,287 | 55.2 | 626 | 57.9 | 0.148**2** |
| Satisfied | 1,044 | 44.8 | 456 | 42.1 |
| **Recent weight loss attempt** |   |  |  |  |   |
| No | 937 | 40.2 | 395 | 36.5 | **0.0392** |
| Yes | 1,393 | 59,8 | 687 | 63.5 |
| **Physical activity3 (minutes/week) SD** | 2,253 | 209.7 | 81,5 | 1,023 | 208.3 | 75.2 | 0.625**1** |
| **Nutritional Status (%)** |   |  |  |  | 0.057**2** |
| Normal weight | 662 | 28.4 | 286 | 26.4 |
| Pre-obesity | 904 | 38.8 | 432 | 39.9 |
| Obesity class I | 506 | 21.7 | 213 | 19.7 |
| Obesity class II or III | 260 | 11.1 | 151 | 14.0 |

Note: SD, standard derivation. 1Student T test; 2 Chi-Squaredtest;. 3Presented by means.

**Table 2 - Characteristics of inverviewed and not interviewed 36 months after the nutritional intervention (T3). Fruit and Vegetable Randomized Controlled Community Trial. Belo Horizonte-MG, Brazil. 2013-2017.**

|  |  |  |  |
| --- | --- | --- | --- |
| **Variables** | **Inverviewed** (n=2061) | **Not interviewed** (n=1353) | p-value |
| n | values | n | values |
| **Age3 (yrs) SD** | 2,061 | 57.2 | 11.1 | 1,353 | 56.0 | 12.6 | **0.0031** |
| **Education**3**(yrs) SD** | 2,061 | 7.4 | 4.0 | 1,351 | 6.9 | 4.2 | **<0.0011** |
| **Income per capita3 (dollar) SD** | 1,343 | 378.5 | 333.1 | 480 | 342.8 | 299.2 | **0.0391** |
| **Gender (%)** |  |  |  |  |  |
| Female | 1,814 | 88.0 | 1,193 | 88.2 | 0.889**2** |
| Men | 247 | 12.0 | 160 | 11.8 |
| **Marital status (%)** |  |  |  |  |  |
| Married | 1,342 | 65.1 | 760 | 56.2 | **<0.0012** |
| Divorced | 156 | 7.8 | 127 | 9.4 |
| Single | 258 | 12.5 | 225 | 16.6 |
| Widowed | 304 | 14.8 | 241 | 17.8 |
| **Occupation (%)** |  |  |  |  |  |
| Housewife | 609 | 29.5 | 370 | 27.4 | **0.0432** |
| Retired or pensioner | 767 | 37.2 | 486 | 35.9 |
| Unemployed | 32 | 1.6 | 36 | 2.7 |
| Employed | 653 | 31.7 | 460 | 34.0 |
| **Self-health perceptions (%)** |  |  |  |  |  |
| Very poor/poor/regular | 64 | 3.9 | 43 | 3.9 | 0.992**2** |
| Good/very good | 1,590 | 96.1 | 1,066 | 96.1 |
| **Body satisfaction (%)** |  |  |  |  |  |
| Not satisfied | 1,123 | 54.5 | 790 | 58.4 | **0.0232** |
| Satisfied | 938 | 45.5 | 562 | 41.6 |
| **Recent weight loss attempt** |  |  |  |  |  |
| No | 840 | 40.8 | 492 | 36.4 | **0.0102** |
| Yes | 1,220 | 59.2 | 860 | 63.6 |
| **Physical activity3 (minutes/week) SD** | 1,995 | 210.4 | 81.2 | 1,281 | 207.5 | 77.0 | 0.309**1** |
| **Nutritional Status (%)** |  |  |  |  | **0.0042** |
| Normal weight | 593 | 28.8 | 355 | 26.2 |
| Pre-obesity | 818 | 39.7 | 518 | 38.3 |
| Obesity class I | 435 | 21.1 | 284 | 21.0 |
| Obesity class II or III | 215 | 10.4 | 196 | 14.5 |

Note: SD, standard derivation. 1Student T test; 2 Chi-Squaredtest;. 3Presented by means.