Table S1.

*Direct and Indirect Effects, Through Age at Menarche, of Early Adversity on Epigenetic Aging, Telomere Length, and CRP (N = 385)*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Predictor** | **Outcome** | ***b*** | ***SE*** | **ß** | ***p*** |
| Childhood Income | Early Adversity | -0.06 | 0.09 | -.10 | .50 |
| Childhood Income | Age at Menarche | -0.16 | 0.14 | -.13 | .26 |
| Childhood Income | Epigenetic Aging | -1.79 | 0.55 | -.35 | .001 |
| Childhood Income | Telomere Length | -0.03 | 0.03 | -.10 | .39 |
| Childhood Income | CRP | 0.04 | 0.49 | .01 | .94 |
| Current Income | Epigenetic Aging | -1.36 | 0.53 | -.27 | .01 |
| Current Income | Telomere Length | -0.03 | 0.03 | -.11 | .33 |
| Current Income | CRP | -0.88 | 0.44 | -.23 | .04 |
| Age | Epigenetic Aging | -0.29 | 0.21 | -.06 | .16 |
| Age | Telomere Length | <.01 | 0.01 | <.01 | .98 |
| Age | CRP | -0.03 | 0.19 | -.01 | .88 |
| Race | Early Adversity | -0.14 | 0.08 | -.24 | .09 |
| Race | Age at Menarche | -0.61 | 0.14 | -.49 | <.001 |
| Race | Epigenetic Aging | 1.51 | 0.56 | .30 | .007 |
| Race | Telomere Length | 0.06 | 0.03 | .21 | .09 |
| Race | CRP | 0.69 | 0.47 | .18 | .15 |
| Early Adversity | Age at Menarche | -0.45 | 0.13 | -.21 | .001 |
| Early Adversity | Epigenetic Aging | 0.34 | 0.59 | .04 | .57 |
| Early Adversity | Telomere Length | -0.05 | 0.03 | -.12 | .09 |
| Early Adversity | CRP | -0.59 | 0.40 | -.09 | .14 |
| Age at Menarche | Epigenetic Aging | -0.09 | 0.20 | -.02 | .64 |
| Age at Menarche | Telomere Length | -0.03 | 0.01 | -.12 | .02 |
| Age at Menarche | CRP | -0.54 | 0.20 | -.18 | .005 |
| Epigenetic Aging with Telomere Length | | 0.13 | 0.06 | .10 | .04 |
| Epigenetic Aging with CRP | | 3.65 | 1.25 | .21 | .003 |
| Telomere Length with CRP | | 0.07 | 0.07 | .07 | .30 |
| Indirect Effect of Adversity on Epigenetic Aging through Menarche | | 0.04 | 0.09 | .01 | .64 |
| Indirect Effect of Race on Epigenetic Aging through Menarche | | 0.06 | 0.12 | .01 | .65 |
| Indirect Effect of Adversity on Telomere Length through Menarche | | 0.01 | 0.01 | .03 | .04 |
| Indirect Effect of Race on Telomere Length through Menarche | | 0.02 | 0.01 | .06 | .03 |
| Indirect Effect of Adversity on CRP through Menarche | | 0.25 | 0.12 | .04 | .04 |
| Indirect Effect of Race on CRP through Menarche | | 0.33 | 0.14 | .09 | .02 |

Note: Confidence intervals (CI) were generated via the non-parametric bias-corrected bootstrap based on 5,000 replicate samples. Childhood income was categorized as less than $20,000/yr. or $20,000/yr. or more. Current income was categorized as less than $60,000/yr. or $60,000/yr. or more. Model fit was adequate: *χ*2(20) = 45.92, *p* = .001; CFI =.92; RMSEA = 0.06 (95% CI [0.04, 0.08]), SRMR = .03.

Table S2.

*Direct and Indirect Effects, Through Age at Menarche, of Early Adversity on Accelerated Aging (Pace of Aging clock) (N = 385)*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Predictor** | **Outcome** | ***b*** | ***SE*** | **ß** | ***p*** |
| Childhood Income | Early Adversity | -0.06 | 0.09 | -.10 | .48 |
| Childhood Income | Age at Menarche | -0.17 | 0.14 | -.13 | .24 |
| Childhood Income | Aging (Pace of Aging) | -0.03 | 0.02 | -.32 | .15 |
| Current Income | Aging (Pace of Aging) | -0.03 | 0.01 | -.34 | .03 |
| Age | Aging (Pace of Aging) | <.01 | 0.01 | .03 | .62 |
| Race | Early Adversity | -0.14 | 0.08 | -.24 | .09 |
| Race | Age at Menarche | -0.62 | 0.14 | -.50 | <.001 |
| Race | Aging (Pace of Aging) | 0.04 | 0.02 | .45 | .02 |
| Early Adversity | Age at Menarche | -0.46 | 0.13 | -.21 | .001 |
| Early Adversity | Aging (Pace of Aging) | -0.01 | 0.02 | -.07 | .49 |
| Age at Menarche | Aging (Pace of Aging) | -0.02 | 0.01 | -.28 | <.001 |
| Indirect Effect of Adversity on Aging through Menarche | | 0.01 | <.01 | .06 | .009 |
| Indirect Effect of Race on Aging through Menarche | | 0.01 | <.01 | .14 | .003 |

Note: Confidence intervals (CI) were generated via the non-parametric bias-corrected bootstrap based on 5,000 replicate samples. Childhood income was categorized as less than $20,000/yr. or $20,000/yr. or more. Current income was categorized as less than $60,000/yr. or $60,000/yr. or more. Model fit was adequate: *χ*2(32) = 70.43, *p* = .0001; CFI =.88; RMSEA = 0.06 (95% CI [0.04, 0.07]), SRMR = .05.