Placebo (acute; Bottle A) → Placebo (maintenance; Bottle B)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*

Placebo (acute) → NB (maintenance; Bottle A and B)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*

NB (acute; Bottle A) → Placebo (maintenance; Bottle B)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
AM: 1 pill [ ] *from Bottle A* PM: 1 pill [ ] *from Bottle A*	AM: 1 pill [ ] *from Bottle A* PM: 1 pill [ ] *from Bottle A*	AM: 1 pill [ ] *from Bottle A* PM: 1 pill [ ] *from Bottle A*	AM: 1 pill [ ] *from Bottle A* PM: 1 pill [ ] *from Bottle A*	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills	AM: 1 pill [ ] *from Bottle A* PM: 0 pills
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 1 pill [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 1 pill [ ] *from Bottle B*
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*

NB (acute; Bottle A) → NB (maintenance; Bottle B)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*	AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*	AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*	AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*	AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*	AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*	AM: 2 pills [ ] *from Bottle A* PM: 2 pills [ ] *from Bottle A*
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*
Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*
Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*	AM: 2 pills [ ] *from Bottle B* PM: 2 pills [ ] *from Bottle B*