**Supplementary Figure**: PRISMA flow chart of the article selection process.

ERIC

25 citations

CINAHL

819 citations

Medline

144 citations

PsycInfo

406 citations

Embase

662 citations

Clinicaltrials.gov

13 citations

Cochrane

271 citations

2340 Citations combined

523 duplicates removed

1817 citations

1392 Excluded at title screening stage

425 citations

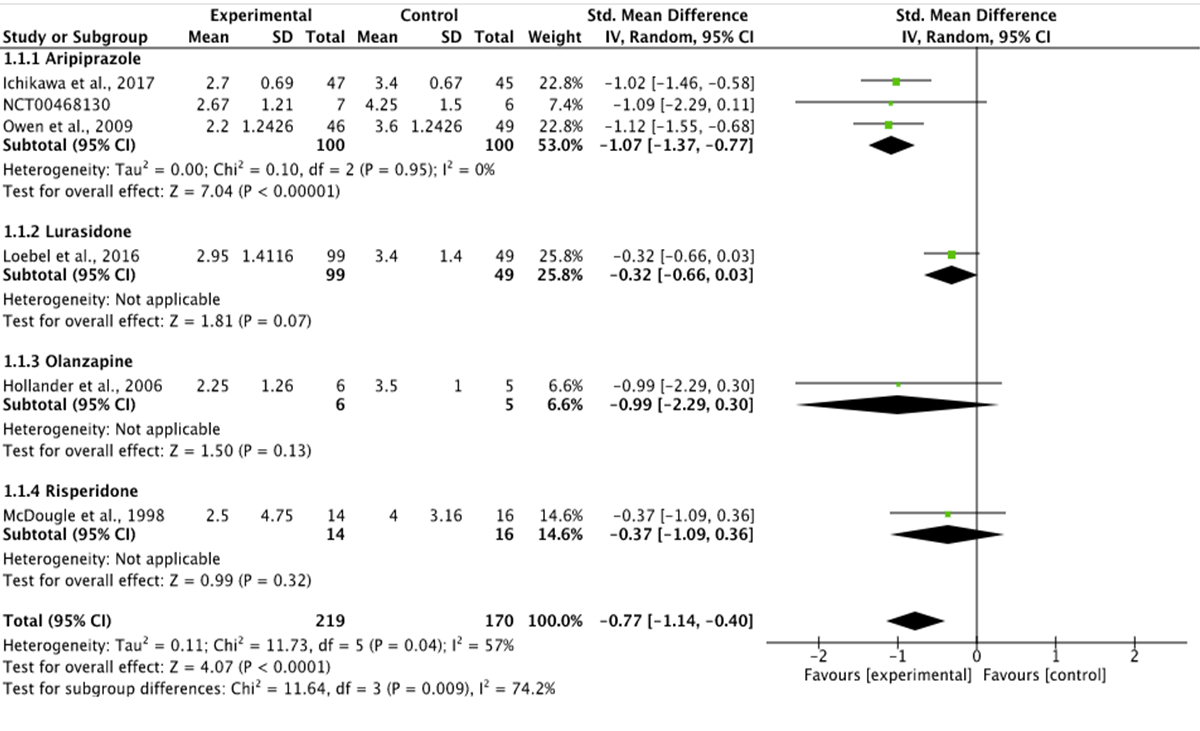
355 Excluded at abstract screening stage

70 citations

31 Excluded at full text screening stage

39 citations

**Supplementary Figure: Forest plot on CGI-I data (after sensitivity analysis).**

****

**Supplementary Figure**: Forest plot on C-YBOCS data.

Graphical user interface, text, application, Word

Description automatically generated

**Supplementary Figure**: Forest plot on the rate of increased appetite data.

Graphical user interface

Description automatically generated

Graphical user interface

Description automatically generated**Supplementary Figure**: Forest plot on the dropout rate due to any cause.

**Supplementary Figure**: Forest plot on the dropout rate due to adverse events.

Graphical user interface

Description automatically generated

**Supplementary Figure**: Funnel plots.

Dropout rate due to adverse events

Graphical user interface

Description automatically generated

C-YBOCS data

A picture containing chart

Description automatically generated

Increased appetite data

Chart

Description automatically generated with medium confidence

Dropout rate due to any causeA picture containing diagram

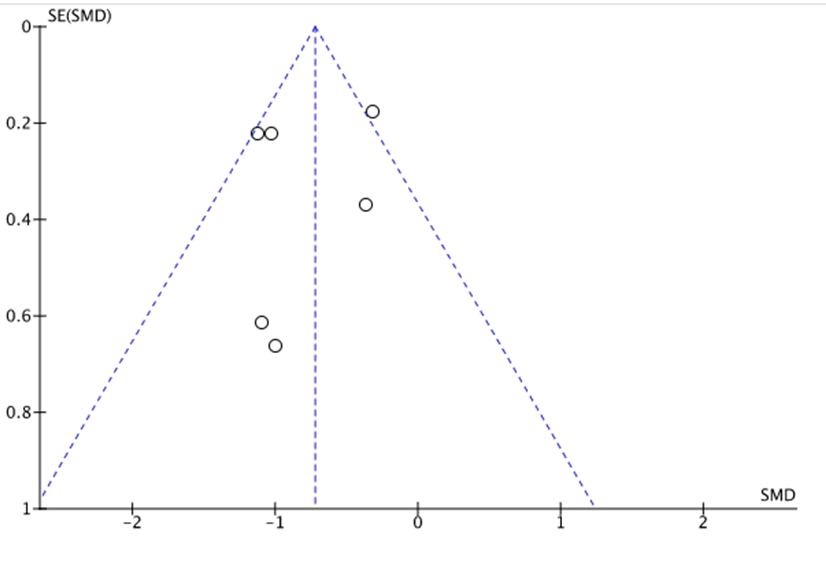
Description automatically generated

ABC-I data

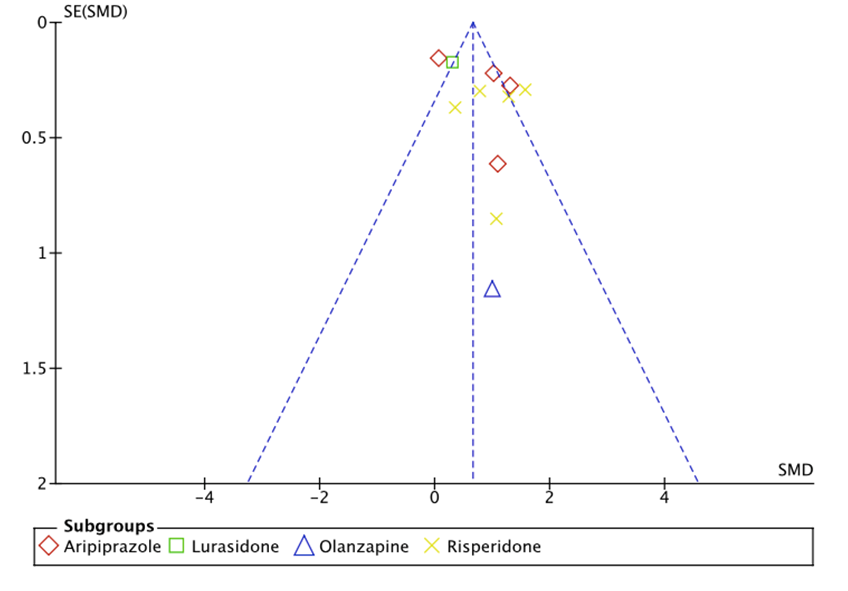
Graphical user interface

Description automatically generated with medium confidence

CGI-I data (after sensitivity analysis)



CGI data (before sensitivity analysis)



Weight gain data

Graphical user interface

Description automatically generated

A picture containing graphical user interface

Description automatically generatedSedation data