**Supplementary material**

**Appendix 1**

*Comparison of completers versus non-completers*

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|   |  **Completers** (n=314)  |  **Non-completers** (n=230) |  **Comparison****test** |
| **Gender**     Male     Female |  62252 |  (19.7%)(80.3%) |  50180 |  (21.7%)(78.3%) | *X*2(1, *N*=544) = .32, *p*=.57 |
| **Age group**     Below 30     30 or over |  204110 |  (65.0%)(35.0%) |  17357 |  (75.2%)(24.8%) | *X*2(1, *N*=544) = 6.56,***p*=.01** |
| **Ethnicity**     White Other |  25361 |  (80.6%)(19.4%) |  15971 |  (69.1%)(30.9%) | *X*2(5, *N*=544) = 9.46,***p*=.002** |
| **Language**     English     Other |  24965 |  (79.3%)(20.7%) |  17258 |  (74.8%)(25.2%) | *X*2(1, *N*=544) = 1.55,*p*=.21  |
| **Education**     No degree     Degree or higher |  86228 |  (27.4%)(72.6%) |  82148 |  (35.7%)(64.3%) | *X*2(2, *N*=544) = 4.25,***p*=.04** |
| **MH services**     No     Yes |  180134 |  (57.3%)(42.7%) |  15080 |  (65.2%)(34.8%) | *X*2(1, *N*=544) = 3.47,*p*=.06 |
| **DES***Mean (SD)* |  13.18 |  (10.57)  |  16.74 |  (14.57) | *Z* = -2.38, ***p*<.05** |
| **TEQ***Mean (SD)* |  2.45 |  (2.99) |  3.10 |  (3.80) | *Z* = -1.07, *p*=.28 |
| **OAS**     *Mean (SD)* |  22.72 |  (12.61) |  23.64 |  (13.67) | *Z* = .873, *p*=.38 |
| **SSPS**     *Mean (SD)* |  37.75 |  (8.78) |  37.87 |  (8.97) | *Z* = -.56, *p*=.58 |

Significant results in **bold**