|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Path Estimate | *B* | ** | SE | 95% CI | *p*-value |
| ***Within-Person Relations*** |  |  |  |  |  |
| T1 School Stress 🡪 T3 College Stress | 0.19 | .19 | .09 | [.01, .37] | .046\* |
| T1 Sleep Problems 🡪 T3 College Stress | 0.01 | .03 | .03 | [-.21, .26] | .82 |
| T1 Depressive Symptoms 🡪 T3 College Stress | 0.13 | .10 | .14 | [-.13, .33] | .38 |
| T1 School Stress 🡪 T3 Sleep Problems | 0.64 | .14 | .44 | [-.04, .32] | .14 |
| T1 Sleep Problems 🡪 T3 Sleep Problems | 0.15 | .14 | .13 | [-.09, .38] | .24 |
| T1 Depressive Symptoms 🡪 T3 Sleep Problems | 0.40 | .07 | .61 | [-.14, .27] | .51 |
| T1 School Stress 🡪 T3 Depressive Symptoms | 0.11 | .14 | .08 | [-.05, .33] | .16 |
| T1 Sleep Problems 🡪 T3 Depressive Symptoms | -0.03 | -.18 | .02 | [-.40, .04] | .13 |
| T1 Depressive Symptoms 🡪 T3 Depressive Symptoms | 0.03 | .03 | .12 | [-.19, .25] | .78 |
| T3 College Stress 🡪 T5 College Stress | 0.12 | .13 | .12 | [-.13, .38] | .33 |
| T3 Sleep Problems 🡪 T5 College Stress | 0.05 | .26 | .02 | [.05, .47] | .011\* |
| T3 Depressive Symptoms 🡪 T5 College Stress | 0.10 | .09 | .13 | [-.13, .31] | .41 |
| T3 College Stress 🡪 T5 Sleep Problems | 1.13 | .23 | .45 | [.05, .40] | .012\* |
| T3 Sleep Problems 🡪 T5 Sleep Problems | 0.24 | .23 | .11 | [.02, .43] | .028\* |
| T3 Depressive Symptoms 🡪 T5 Sleep Problems | -1.03 | -.17 | .65 | [-.39, .04] | .11 |
| T3 College Stress 🡪 T5 Depressive Symptoms | -0.02 | -.02 | .11 | [-.26, .21] | .84 |
| T3 Sleep Problems 🡪 T5 Depressive Symptoms | 0.04 | .22 | .02 | [-.004, .44] | .057† |
| T3 Depressive Symptoms 🡪 T5 Depressive Symptoms | 0.23 | .21 | .12 | [-.004, .43] | .054† |
| T5 College Stress 🡪 T7 College Stress | 0.17 | .17 | .12 | [-.07, .41] | .15 |
| T5 Sleep Problems 🡪 T7 College Stress | 0.10 | .05 | .02 | [-.19, .29] | .70 |
| T5 Depressive Symptoms 🡪 T7 College Stress | 0.27 | .26 | .12 | [.03, .49] | .023\* |
| T5 College Stress 🡪 T7 Sleep Problems | 0.76 | .15 | .56 | [-.06, .36] | .17 |
| T5 Sleep Problems 🡪 T7 Sleep Problems | 0.18 | .18 | .10 | [-.02, .38] | .063† |
| T5 Depressive Symptoms 🡪 T7 Sleep Problems | 0.44 | .08 | .65 | [-.15, .32] | .49 |
| T5 College Stress 🡪 T7 Depressive Symptoms | 0.11 | .12 | .11 | [-.11, .35] | .31 |
| T5 Sleep Problems 🡪 T7 Depressive Symptoms | -0.01 | -.03 | .02 | [-.23, .17] | .77 |
| T5 Depressive Symptoms 🡪 T7 Depressive Symptoms | 0.39 | .40 | .11 | [.17, .63] | .001\*\* |
| T7 College Stress 🡪 T8 College Stress | 0.05 | .05 | .20 | [-.37, .47] | .82 |
| T7 Sleep Problems 🡪 T8 College Stress | 0.06 | .31 | .03 | [.03, .58] | .026\* |
| T7 Depressive Symptoms 🡪 T8 College Stress | 0.09 | .09 | .16 | [-.21, .40] | .56 |
| T7 College Stress 🡪 T8 Sleep Problems | 0.90 | .16 | .76 | [-.11, .42] | .24 |
| T7 Sleep Problems 🡪 T8 Sleep Problems | 0.21 | .19 | .11 | [-.001, .39] | .065† |
| T7 Depressive Symptoms 🡪 T8 Sleep Problems | 0.29 | .05 | .69 | [-.18, .27] | .68 |
| T7 College Stress 🡪 T8 Depressive Symptoms | 0.26 | .26 | .13 | [.00, .53] | .048\* |
| T7 Sleep Problems 🡪 T8 Depressive Symptoms | -0.01 | -.06 | .02 | [-.25, .12] | .49 |
| T7 Depressive Symptoms 🡪 T8 Depressive Symptoms | 0.18 | .17 | .13 | [-.07, .41] | .17 |
| ***Between-Person Relations*** |  |  |  |  |  |
| *Correlations Between Random Intercepts* |  |  |  |  |  |
| School/College Stress ⬄ Sleep Problems | .09 | .17 | .09 | [-.11, .45] | .30 |
| School/College Stress ⬄ Depressive Symptoms | .05 | .47 | .02 | [.27, .64] | .004\*\* |
| Sleep Problems ⬄ Depressive Symptoms | .32 | .69 | .08 | [.49, .88] | <.001\*\*\* |

**Table S1.** *RI-CLPM Estimates*

*Note.* T1: Spring/Summer 2017; T3: Spring/Summer 2018; T5: Spring/Summer 2019; T7: Spring/Summer 2020; T8: Spring/Summer 2021. Covariates were participant sex, parent education, and negative COVID-19 impact. Model fit was good: *X2* (84) = 88.52, *p*=.35, RMSEA=.017, CFI=1.00, SRMR=.05.

†*p* < .10, \**p* < .05, \*\**p* < .01, \*\*\**p* < .001.