

Appendix 1. Attitude Towards Patients with Borderline Personality modified survey used in the study

		Never	Seldom	Occasionally	Often	Very Often	Always
1	I like patients with BPD.	1	2	3	4	5	6
2	I feel frustrated with patients with BPD.	1	2	3	4	5	6
3	I feel drained by patients with BPD.	1	2	3	4	5	6
4	I respect patients with BPD.	1	2	3	4	5	6
5	I feel fondness and affection for patients with BPD.	1	2	3	4	5	6
6	I feel vulnerable in company of patients with BPD.	1	2	3	4	5	6
7	I have a feeling of closeness with patients with BPD.	1	2	3	4	5	6
8	I feel manipulated or used by patients with BPD.	1	2	3	4	5	6
9	I feel uncomfortable or uneasy with patients with BPD.	1	2	3	4	5	6
10	I feel I am wasting my time with patients with BPD.	1	2	3	4	5	6

11	I am excited to work with patients with BPD.	1	2	3	4	5	6
12	I feel pessimistic about patients with BPD.	1	2	3	4	5	6
13	I admire patients with BPD.	1	2	3	4	5	6
14	I feel helpless in relation to patients with BPD.	1	2	3	4	5	6
15	I feel frightened of patients with BPD.	1	2	3	4	5	6
16	I feel angry towards patients with BPD.	1	2	3	4	5	6
17	I feel provoked by patients with BPD behavior.	1	2	3	4	5	6
18	I enjoy spending time with patients with BPD.	1	2	3	4	5	6
19	Patients with BPD make me feel irritated.	1	2	3	4	5	6
20	I feel warm and caring towards patients with BPD.	1	2	3	4	5	6
21	I feel protective towards patients with BPD.	1	2	3	4	5	6
22	I feel oppressed or dominated by patients with BPD.	1	2	3	4	5	6

23	I feel understanding towards patients with BPD.	1	2	3	4	5	6
24	I feel powerless in the presence of patients with BPD.	1	2	3	4	5	6
25	I feel happy and content in patients with BPD company.	1	2	3	4	5	6
26	I feel cautious and careful in the presence of patients with BPD.	1	2	3	4	5	6
27	I feel outmaneuvered by patients with BPD.	1	2	3	4	5	6
28	Caring for patients with BPD makes me feel satisfied and fulfilled.	1	2	3	4	5	6
29	I feel problems that patients with BPD have are all behavioral.	1	2	3	4	5	6
30	I think patients with BPD are always aware what they are doing and in control of their actions.	1	2	3	4	5	6
31	I feel patients with BPD act the way they do because of lack of discipline they got in their childhood.	1	2	3	4	5	6
32	I feel that patients with BPD have reasons they behave in certain ways	1	2	3	4	5	6

	which needs to be understood first in order to help them.						
33	I think that patients with BPD need to be hugged.	1	2	3	4	5	6
34	I think that patients with BPD need to be shown “tough love” in order for them to straighten up their actions.	1	2	3	4	5	6
35	I know how to work with patients with BPD on the unit.	1	2	3	4	5	6
36	I feel exploited by BPD people.	1	2	3	4	5	6
37	I feel patient when caring for BPD people.	1	2	3	4	5	6
38	I feel able to help BDP people.	1	2	3	4	5	6
39	I feel interested in BPD people.	1	2	3	4	5	6
40	I feel unable to gain control of the situation with BPD people.	1	2	3	4	5	6
41	I feel that no matter what I do for a person with BPD, it is not enough.	1	2	3	4	5	6
42	I think it is important to maintain firm limits when dealing with person with BPD.	1	2	3	4	5	6
43	Person with BPD tend to over dramatize their problems.	1	2	3	4	5	6

44	I feel that patients with BPD spilt staff.	1	2	3	4	5	6
45	If a patient with BPD expresses dislike for an assigned staff person I believe the staff assignment should be changed.	1	2	3	4	5	6
46	I would not take it too seriously when a person with BPD threatened self-harm because they are manipulative.	1	2	3	4	5	6
47	I feel I have adequate training to work with BPD patients.	1	2	3	4	5	6