<H1> **Supplemental Material**

<H2> ***Online Supplementary Table S1***

<H3>*Descriptive Statistics of the Study Variables for the Total Sample, Sex (Male and Female), and Levels of Resilience (High and Low)*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Total sample  (*n* = 463)  *M* (*SD*) | Males  (*n* = 232)  *M* (*SD*) | Females  (*n* = 231)  *M* (*SD*) | *d* | High resilience  (*n* = 94)  *M* (*SD* | Low resilience  (*n* = 70)  *M* (*SD*) | *d* |
| CD–RISC–10a | 27.19 (6.63) | 28.80 (6.14) | 25.58 (6.73) | .50 | - | - | - |
| HRQoL | 38.37 (7.01) | 40.60 (5.79) | 36.10 (7.49) | .67 | 43.61 (4.92) | 31.67 (6.78) | 2.02 |
| SDQ |  |  |  |  |  |  |  |
| Emotional Symptoms | 3.04 (2.51) | 2.14 (2.07) | 3.94 (2.60) | .77 | 1.53 (1.45) | 5.31 (2.66) | 1.76 |
| Conduct Problems | 1.91 (1.69) | 2 (1.66) | 1.83 (1.72) | .10 | 1.28 (1.32) | 2.71 (2.04) | .83 |
| Hyperactivity | 4.28 (2.20) | 4.26 (2.27) | 4.30 (2.12) | .02 | 3.49 (2.18) | 4.99 (2.39) | .67 |
| Peer Problems | 1.72 (1.73) | 1.54 (1.67) | 1.90 (1.77) | .21 | 1.23 (1.38) | 2.91 (2.11) | .94 |
| Prosocial Behaviors | 8.38 (1.64) | 8.09 (1.76) | 8.68 (1.45) | .37 | 9.08 (1.18) | 7.84 (1.75) | .83 |
| RCADS–30 |  |  |  |  |  |  |  |
| MDD | 3.31 (2.85) | 2.62 (2.31) | 4 (3.15) | .50 | 1.44 (1.32) | 6.41 (3.65) | 1.81 |
| PD | 1.91 (2.53) | 1.14 (1.78) | 2.68 (2.91) | .64 | .83 (1.36) | 4.04 (2.76) | 1.48 |
| SF | 5.16 (3.65) | 4.20 (3.18) | 6.13 (3.84) | .55 | 3.26 (2.41) | 8.07 (4.14) | 1.42 |
| SAD | 1.56 (1.86) | 1.25 (1.68) | 1.88 (1.98) | .34 | 1.12 (1.46) | 2.10 (2.16) | .53 |
| GAD | 7.16 (3.35) | 6.27 (3.11) | 8.06 (3.35) | .55 | 6.39 (3.05 | 8.43 (3.84) | .59 |
| OCD | 3.39 (2.88) | 2.97 (2.64) | 3.81 (3.05) | .29 | 2.32 (2.20) | 5.13 (3.34) | .99 |

*Note.* HRQoL = Health-related quality of life; SDQ = Strength and Difficulties Questionnaire; RCADS–30 = Revised Child Anxiety and Depression Scale-30; MDD = Major Depressive Disorder; PD = Panic Disorder; SF = Social Phobia; SAD = Separation Anxiety Disorder; GAD = Generalized Anxiety Disorder; OCD = Obsessive-Compulsive Disorder; High resilience, ≥ 1*SD* above the mean; Low resilience, ≤ 1*SD* below the mean.

a Campbell-Sills & Stein (2007).

Cohen´s *d*-values 0.20, 0.50, and 0.80 correspond to small, medium, and large effects, respectively (Cohen, 1992).

***<H2> Online Supplementary Table S2***

<H3> *Eigenvalues of the EFA and Parallel Analysis (PA) for the Original and Unidimensional CD-RISC Models*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| CD–RISC–25  (Connor & Davidson, 2003) | | CD–RISC–10  (Campbell-Sills & Stein, 2007) | | CD–RISC–10  (Guzmán et al., 2019) | |
| EFA | PA | EFA | PA | EFA | PA |
| 9.461 | 9.447 | 4.342 | 4.326 | 5.226 | 5.226 |
| 1.613 | 1.614 | 0.908 | 0.914 | 0.799 | 0.799 |
| 1.238 | 1.239 | 0.784 | 0.788 | 0.702 | 0.702 |
| 1.159 | 1.158 | 0.776 | 0.776 | 0.652 | 0.652 |
| 0.994 | 0.994 | 0.661 | 0.664 | 0.585 | 0.585 |
| 0.866 | 0.866 | 0.620 | 0.620 | 0.495 | 0.495 |
| 0.837 | 0.843 | 0.566 | 0,566 | 0.456 | 0.456 |
| 0.807 | 0.809 | 0.532 | 0.532 | 0.440 | 0.440 |
| 0.741 | 0.747 | 0.461 | 0.460 | 0.380 | 0.380 |
| 0.705 | 0.704 | 0.351 | 0.349 | 0.265 | 0.265 |
| 0.663 | 0.664 | — | — | — | — |
| 0.614 | 0.615 | — | — | — | — |
| 0.598 | 0.597 | — | — | — | — |
| 0.559 | 0.559 | — | — | — | — |
| 0.507 | 0.508 | — | — | — | — |
| 0.487 | 0.487 | — | — | — | — |
| 0.462 | 0.462 | — | — | — | — |
| 0.428 | 0.426 | — | — | — | — |
| 0.409 | 0.410 | — | — | — | — |
| 0.386 | 0.387 | — | — | — | — |
| 0.361 | 0.358 | — | — | — | — |
| 0.331 | 0.331 | — | — | — | — |
| 0.314 | 0.315 | — | — | — | — |
| 0.249 | 0.247 | — | — | — | — |
| 0.212 | 0.212 | — | — | — | — |