Supplementary Material

 Demographic data for participants with versus without missing data (both baseline and post treatment).

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| --- | --- | --- |
|  | Baseline (*n* = 179) | Post treatment(*n* = 179) |
|  | Completed Data (*n* = 135) | Missing Data(*n* = 44) | Completed Data(*n* = 73) | Missing Data (*n* = 106) |
| Age in years, M (SD) | 13.54 (3.0) | 13.91(2.2) | 13.46 (3.1) | 13.54 (3.0) |
| Gender, *n* (%)  |  |  |  |  |
| Female | 105 (77.8) | 31 (70.5) | 56 (76.7) | 80 (75.47) |
| Male | 30 (22.2) | 13 (29.5) | 17 (23.3) | 26 (24.53) |
| Other | 0 | 0 | 0 | 0 |
| Ethnicity, *n* (%) |  |  |  |  |
| White (any) | 104 (77.0) | 18 (40.9) | 41 (56.2) | 63 (59.4) |
| Mixed, Asian, Black or Other | 11 (8.1) | 2 (4.5) | 5 (6.9) | 7 (6.5) |
| Missing | 20 (14.8) | 24 (54.5) | 27 (37.5) | 36 (33.6) |
| Socio-economic background, *n* (%) |  |  |  |  |
| Professional | 55 (40.7) | 6 (13.6) | 29 (40.3) | 32 (29.9) |
| Other employed | 28 (20.7) | 10 (22.7) | 14 (19.4) | 23 (21.5) |
| Unemployed, student or retired | 5 (3.7) | 2 (4.5) | 3 (4.2) | 4 (3.7 |
| Missing | 47 (34.8) | 26 (59.1) | 27 (37.0) | 47 (64.4) |
|  |  |  |  |  |
| RCADS |  |  |  |  |
| RCADS Total Score, M (SD) | 64.37 (13.5), *n* = 119 | 64.39 (13.6), *n* = 40 | 49.78 (15.8), *n* = 66 | 49.98 (16.3), *n* = 90 |
|  |  |  |  |  |
| RCADS Total Anxiety Score, M (SD)  | 63.47 (13.0), *n* = 123 | 63.27 (13.0), *n* = 38 | 49.55 (15.3), *n* = 66 | 49.72 (15.7), *n* = 93 |