

Educator Questionnaire

Thank you for taking part in the VegKit long day care study to Evaluate a multi-component initiative package to increase children's vegetable intake. Participation in the questionnaire is voluntary.

This questionnaire is about your experience of taking part in the Mealtime environment initiative of the VegKit Long Day Care study.

If you have been involved in teaching the Taste and Learn Curriculum there will be additional questions about your experience

The questionnaire will take about 10-15 minutes to complete. If you didn't complete the initiatives, you can still complete the questionnaire as your feedback will still be valuable. Please answer the questions with your honest thoughts and opinions - there are no right or wrong answers!

Did you complete the 'Encouraging healthy eating in long day care' training for educators? Yes I completed the training
 No I started, but never completed
 No I never started

If no, please tell us why you did not complete the training?

Since you started the study have you undertaken any other nutrition or food related training or used any other nutrition or food related resources in your work? Yes
 No

If yes, what other resources/trainings have you used?

Please tell us how much you agree with the following statements about the 'Encouraging healthy eating in long day care' training for educators

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
The level of detail in the training was appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The training was useful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The training provided me with practical strategies to promote vegetables at mealtimes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using the strategies promoted in the training has improved children's liking of vegetables	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using the strategies promoted in the training has helped children to taste new vegetables	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I found the training interesting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The training motivated me to promote vegetables at mealtimes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The training is suitable for educators with different levels of experience	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The training is suitable for educators working in different childcare centre environments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would recommend this training to other educators	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The duration of the training was appropriate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PART 2 - YOUR VIEWS AND PRACTICES

In this section we would like to find out about your attitudes and practices related to using the information provided in the 'Encouraging healthy eating in long day care' training for educators

Please indicate to what extent you agree with the following statements about the 'Encouraging healthy eating in long day care' training for educators

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I am aware of the goals of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am aware of the content of the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know what my responsibilities are with regard to promoting vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how to promote vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how to overcome barriers to promoting vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know when to apply strategies from the training when promoting vegetables at mealtimes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I have received training in how to promote vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have the skills to promote vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have the skills to overcome barriers to promoting vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have practiced promoting vegetables mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often do you do each of the following?

	Never	Rarely	Sometimes	Most of the time	Always
At mealtimes I encourage children to try vegetables	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At mealtimes I talk with children about vegetables, in terms of their appearance, colour, texture, smell or taste	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I model enjoying vegetables by eating vegetables with children at mealtimes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If a child doesn't want to eat a vegetable, I don't offer that vegetable the next time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I force children to eat vegetables even if they don't want to eat them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please indicate to what extent you agree with the following statements about the 'Encouraging healthy eating in long day care' training for educators

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
Promoting vegetables at mealtimes according to the training is part of my role as an educator	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is my responsibility to promote vegetables at mealtimes according to the training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Promoting vegetables at mealtimes according to the training is consistent with other aspects of my job

Please indicate to what extent you agree with the following statements about the 'Encouraging healthy eating in long day care' training for educators (one response per question).

	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
I intend to promote vegetables at mealtimes according to the training at every mealtime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will definitely promote vegetables at mealtimes according to the training at every mealtime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I intend to continue to promote vegetables at mealtimes according to the training over the next three months	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a strong intention to promote vegetables at mealtimes according to the training at every mealtime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Any comments or feedback about the VegKit mealtime training initiative?

Are you involved in teaching the curriculum in the room?
(e.g. did you participate in teaching the lessons or activities for the VegKit 'Taste & Learn' curriculum)

Yes
 No

The following questions are about the 'Taste & Learn' curriculum

How many of the lessons (intentional activities) from the Taste & Learn™ Curriculum were taught in your room?

None
 Some (1-7 lessons)
 Half (8 lessons)
 Most (9-15 lessons)
 All (16 lessons)

(The curriculum comprised of 16 lessons e.g. The five senses, Food adventurer, Plant parts, Lets get cooking, Science and food)

If you did not teach all the lessons in full, please tell us why not?

How many of the snack-time activities from the Taste & Learn™ Curriculum did you teach?

- None
- Some (1-7 snack times)
- Half (8 snack times)
- Most (9-15 snack times)
- All (16 snack times)

(There were 16 snack time activities, 2 per week e.g. carrot three ways)

If you did not teach all the snack-time activities in full, please tell us why not?

Did you use any of the additional resources or supporting activities?

- Yes
- No

e.g. Group, progress chart, Reading corner, Music, home corner, writing/drawing area, outdoor play, sensory table

Did you use the vegetables that were suggested for the snack time activities

- Yes
- No

Since you started participating in this study have you taught any other nutrition or vegetable related lessons or activities (not including the Taste & Learn™ (Early Years) curriculum)?

- Yes
- No

what other lessons or activities have you taught?

Please tell us how much you agree with the following statements about the 'Taste & Learn™ (Early Years) Curriculum' (circle one response per question).

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
In my view, teaching the curriculum is worthwhile	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teaching the Curriculum improved children's liking of vegetables	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The curriculum helped children to taste new vegetables	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I found the Curriculum interesting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Curriculum was engaging for children	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Curriculum is suitable for educators working in different childcare centres/environments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would recommend the Curriculum to other educators	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Curriculum is suitable for children from different backgrounds (including cultural, religious etc)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The Curriculum is suitable for children of different ages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of preparation for the Curriculum was reasonable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In this section we would like to find out about your attitudes and practices related to using the Taste & Learn™

Please indicate to what extent you agree with the following statements about the Taste & Learn™ (Early Years) Curriculum (circle one response per question)

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I am aware of the goals of the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am aware of the content of the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know what my responsibilities are with regard to teaching the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how to plan learning activities according to the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how to teach lessons and activities according to the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have received instructions regarding how to teach the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have the skills needed to teach the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been able to put into practice teaching the Curriculum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please indicate to what extent you agree with the following statements about the Taste & Learn™ (Early Years) Curriculum (circle one response per question).

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
Teaching the Curriculum is part of my role as an educator	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

It is my responsibility as an educator to teach vegetable-focused learning activities according to the Curriculum

Teaching the Curriculum is consistent with other aspects of my job

Please indicate to what extent you agree with the following statements about the Taste & Learn™ (Early Years) Curriculum (circle one response per question).

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I intend to teach the Curriculum every year	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will definitely teach the Curriculum every year	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a strong intention to teach the Curriculum again	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Do you have any comments/feedback about the VegKit Curriculum initiative?

Thank you for completing the questionnaire and for participating in the VegKIT long day care study