## Prompt questions

**Introduction to the POLST form:**

\* We do not know, when deterioration of the health will begin, but we know that it will at some point and that life has a limit. That is why it is important to talk about…

\* It is important to talk to you about your wishes, if such a serious deterioration in your health that you cannot express your wishes yourself

\* We want to know your wishes for treatment and possible resuscitation attempts, so that we can act according to your wishes if at some point you are unable to answer for yourself

\* We would like to test the POLST form to investigate whether it can be used to act according to your wishes for treatment and possibly attempt of resuscitation if at some point you are not able to answer for yourself

**Align what the patient/relative understands and have of reflections:**

\* Many patients with cancer, heart disease (etc.)…. think about what will happen if their disease gets worse? Have you had such thoughts?

\*How do you feel about the progression of your disease?

\* Do you need knowledge from me about prognosis?

\*Have you considered what kind of treatment you would agree to if your disease gets worse?

\* Do you want to be hospitalized if your disease gets worse?

\* …eg. intensive care unit, and get on a ventilator if you need it?

\* …..Have you talked with anyone about your wishes?

\* If your disease gets worse, how do you want to prioritize your time? \* If you were to go into cardiac arrest, would you like us to attempt resuscitation if possible?