Unadjusted and adjusted odds ratio of depressive symptoms in the adult population in Chile in three years

2003

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Unadjusted model | | Adjusted model | |
|  | OR | 95% CI | OR | 95% CI |
| Age | 0.99 | 0.98-1.00 | 0.98 | 0.97-0.98 |
| Gender (male) |  |  |  |  |
| Female | 2.57 | 2.11-3.13 | 2.40 | 1.87-3.07 |
| Marital status (married) |  |  |  |  |
| Single | 0.98 | 0.79-1.22 | 0.84 | 0.65-1.10 |
| Divorced | 2.07 | 1.47-2.91 | 1.86 | 1.30-2.67 |
| Widowed | 1.23 | 0.93-1.62 | 1.25 | 0.90-1.75 |
| Years of education (less than 8) |  |  |  |  |
| 8-11 years | 0.95 | 0.76-1.18 | 0.79 | 0.61-1.01 |
| 12 or more years | 0.79 | 0.64-0.97 | 0.57 | 0.44-0.75 |
| Occupation (employed) |  |  |  |  |
| Unemployed | 1.91 | 1.44-2.53 | 1.87 | 1.39-2.53 |
| Unpaid household tasks | 1.93 | 1.55-2.39 | 1.19 | 0.91-1.56 |
| Student | 0.96 | 0.61-1.53 | 0.87 | 0.46-1.66 |
| Retired | 0.95 | 0.69-1.31 | 1.39 | 0.95-2.01 |
| Area of residence (urban) |  |  |  |  |
| Rural | 0.68 | 0.52-0.87 | 0.64 | 0.49-0.85 |

2009

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Unadjusted model | | Adjusted model | |
|  | OR | 95% CI | OR | 95% CI |
| Age | 1.00 | 0.99-1.00 | 0.98 | 0.97-0.99 |
| Gender (male) |  |  |  |  |
| Female | 3.18 | 2.62-3.86 | 2.13 | 1.64-2.77 |
| Marital status (married) |  |  |  |  |
| Single | 0.94 | 0.78-1.14 | 0.99 | 0.76-1.30 |
| Divorced | 1.53 | 1.18-1.97 | 1.69 | 1.22-2.32 |
| Widowed | 1.15 | 0.88-1.50 | 1.24 | 0.86-1.80 |
| Years of education (lees than 8) |  |  |  |  |
| 8-11 years | 0.98 | 0.79-1.19 | 0.95 | 0.73-1.23 |
| 12 or more years | 0.70 | 0.58-0.85 | 0.66 | 0.50-0.88 |
| Occupation (employed) |  |  |  |  |
| Unemployed | 2.53 | 1.92-3.33 | 2.05 | 1.46-2.87 |
| Household tasks | 2.27 | 1.88-2.75 | 1.52 | 1.18-1.96 |
| Student | 1.01 | 0.72-1.41 | 1.48 | 0.78-2.80 |
| Retired | 1.04 | 0.80-1.35 | 1.15 | 0.79-1.66 |
| Household head status (no) |  |  |  |  |
| Yes | 0.70 | 0.60-0.82 | 0.96 | 0.75-1.21 |
| Area of residence (urban) |  |  |  |  |
| Rural | 0.88 | 0.70-1.11 | 0.65 | 0.49-0.85 |
| Health insurance (public-low income) |  |  |  |  |
| Public-medium income | 0.83 | 0.62-1.10 | 1.09 | 0.80-1.51 |
| Public-medium high income | 0.81 | 0.60-1.10 | 1.22 | 0.86-1.72 |
| Private | 0.53 | 0.39-0.73 | 0.96 | 0.66-1.38 |
| Self-rated health (good) |  |  |  |  |
| Less than good | 5.13 | 4.26-6.15 | 4.69 | 3.78-5.82 |

2016

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Unadjusted model | | Adjusted model | |
|  | OR | 95% CI | OR | 95% CI |
| Age | 0.99 | 0.99-0.99 | 0.98 | 0.97-0.99 |
| Gender (male) |  |  |  |  |
| Female | 2.08 | 1.73-2.50 | 1.83 | 1.42-2.36 |
| Marital status (married) |  |  |  |  |
| Single | 1.38 | 1.15-1.66 | 1.23 | 0.96-1.57 |
| Divorced | 1.86 | 1.46-2.38 | 1.80 | 1.34-2.43 |
| Widowed | 1.21 | 0.92-1.58 | 1.20 | 0.83-1.74 |
| Years of education (lees than 8) |  |  |  |  |
| 8-11 years | 1.12 | 0.92-1.36 | 0.91 | 0.70-1.19 |
| 12 or more years | 0.92 | 0.72-1.17 | 0.82 | 0.58-1.18 |
| Occupation (employed) |  |  |  |  |
| Unemployed | 1.72 | 01.30-2.29 | 1.46 | 1.04-2.04 |
| Household tasks | 1.20 | 0.98-1.48 | 0.90 | 0.69-1.18 |
| Student | 0.89 | 0.65-1.21 | 0.71 | 0.39-1.30 |
| Retired | 0.76 | 0.60-0.96 | 0.84 | 0.59-1.19 |
| Household head status (no) |  |  |  |  |
| Yes | 0.88 | 0.74-1.03 | 0.90 | 0.72-1.13 |
| Area of residence (urban) |  |  |  |  |
| Rural | 0.73 | 0.57-0.92 | 0.76 | 0.57-1.02 |
| Health insurance (public-low income) |  |  |  |  |
| Public-medium income | 0.81 | 0.61-1.08 | 0.81 | 0.59-1.12 |
| Public-medium high income | 0.85 | 0.64-1.12 | 0.98 | 0.71-1.35 |
| Private | 0.70 | 0.52-0.96 | 0.97 | 0.67-1.40 |
| Ethnicity (non-indigenous) |  |  |  |  |
| Indigenous background | 0.79 | 0.60-1.02 | 0.67 | 0.49-0.93 |
| Self-rated health (good) |  |  |  |  |
| Less than good | 2.92 | 2.46-3.47 | 3.16 | 2.54-3.92 |
| Caregiving (no) |  |  |  |  |
| Yes, alone | 1.51 | 1.22-1.86 | 1.00 | 0.77-1.31 |
| Yes, with help | 1.11 | 0.89-1.37 | 0.97 | 0.75-1.25 |