Forest plots

1. The impact of MHPSS on PTSD

A graph of numbers and values

Description automatically generated

1. The impact of MHPSS on depression

A graph with numbers and lines

Description automatically generated

1. The impact of MHPSS on conduct problems

A graph with black lines and dots

Description automatically generated

1. The impact of MHPSS on functional impairment

A graph with black and white lines

Description automatically generated

1. The impact of MHPSS on prosocial behaviour

A graph of a graph with black and white lines

Description automatically generated with medium confidence

1. The impact of MHPSS on anxiety

A graph with black and white lines

Description automatically generated

1. The impact of MHPSS on psychosocial distress

A graph with black and white lines

Description automatically generated

1. The impact of MHPSS on emotional problems

A graph with black dots and white text

Description automatically generated with medium confidence

1. The impact of MHPSS on hope

A graph with black and white lines

Description automatically generated

1. The impact of MHPSS on somatic complaints

A graph with black and white lines

Description automatically generated

1. The impact of MHPSS on coping

A diagram of a graph

Description automatically generated

1. The impact of MHPSS on grief

A diagram of a graph

Description automatically generated

#### Main Summary

Random-Effects Model (k = 2; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0 (SE = 0.10)  
tau (square root of estimated tau^2 value): 0  
I^2 (total heterogeneity / total variability): 0.00%  
H^2 (total variability / sampling variability): 1.00  
  
Test for Heterogeneity:  
Q(df = 1) = 0.34, p-val = 0.56  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 -0.55 0.19 -2.97 <.01 -0.91 -0.19 \*\*

1. The impact of MHPSS on guilt

A graph with black lines and white text

Description automatically generated with medium confidence

#### Main Summary

Random-Effects Model (k = 3; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0 (SE = 0.09)  
tau (square root of estimated tau^2 value): 0  
I^2 (total heterogeneity / total variability): 0.00%  
H^2 (total variability / sampling variability): 1.00  
  
Test for Heterogeneity:  
Q(df = 2) = 1.24, p-val = 0.54  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 -0.51 0.16 -3.12 <.01 -0.83 -0.19 \*\*

1. The impact of psychosocial programmes on PTSD

A graph with black lines and numbers

Description automatically generated

**Main Summary**

Random-Effects Model (k = 3; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0.02 (SE = 0.05)  
tau (square root of estimated tau^2 value): 0.14  
I^2 (total heterogeneity / total variability): 39.30%  
H^2 (total variability / sampling variability): 1.65  
  
Test for Heterogeneity:  
Q(df = 2) = 3.30, p-val = 0.19  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 -0.18 0.13 -1.38 0.17 -0.44 0.08

1. The impact of psychosocial programmes on conduct problems

A graph with black and white lines

Description automatically generated

#### Main Summary

Random-Effects Model (k = 2; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0.01 (SE = 0.03)  
tau (square root of estimated tau^2 value): 0.08  
I^2 (total heterogeneity / total variability): 30.03%  
H^2 (total variability / sampling variability): 1.43  
  
Test for Heterogeneity:  
Q(df = 1) = 1.43, p-val = 0.23  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 0.02 0.10 0.19 0.85 -0.18 0.22

1. The impact of psychosocial programmes on emotional problems

A graph with black and white lines

Description automatically generated

#### Main Summary

Random-Effects Model (k = 2; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0 (SE = 0.02)  
tau (square root of estimated tau^2 value): 0  
I^2 (total heterogeneity / total variability): 0.00%  
H^2 (total variability / sampling variability): 1.00  
  
Test for Heterogeneity:  
Q(df = 1) = 0.38, p-val = 0.54  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 -0.00 0.08 -0.05 0.96 -0.16 0.15

1. The impact of psychosocial programmes on functioning

A diagram of a graph

Description automatically generated

#### Main Summary

Random-Effects Model (k = 2; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0 (SE = 0.10)  
tau (square root of estimated tau^2 value): 0  
I^2 (total heterogeneity / total variability): 0.00%  
H^2 (total variability / sampling variability): 1.00  
  
Test for Heterogeneity:  
Q(df = 1) = 0.22, p-val = 0.64  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 0.03 0.16 0.18 0.86 -0.29 0.34

1. The impact of psychosocial programmes on depression

A graph with black lines and white text

Description automatically generated

#### Main Summary

Random-Effects Model (k = 5; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0.01 (SE = 0.03)  
tau (square root of estimated tau^2 value): 0.08  
I^2 (total heterogeneity / total variability): 14.49%  
H^2 (total variability / sampling variability): 1.17  
  
Test for Heterogeneity:  
Q(df = 4) = 4.68, p-val = 0.32  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 0.17 0.09 1.99 0.05 0.00 0.35 \*

1. The impact of NET on guilt

A graph with black and white text

Description automatically generated

#### Main Summary

Random-Effects Model (k = 2; tau^2 estimator: DL)  
  
tau^2 (estimated amount of total heterogeneity): 0 (SE = 0.12)  
tau (square root of estimated tau^2 value): 0  
I^2 (total heterogeneity / total variability): 0.00%  
H^2 (total variability / sampling variability): 1.00  
  
Test for Heterogeneity:  
Q(df = 1) = 0.29, p-val = 0.59  
  
Model Results:  
  
estimate se zval pval ci.lb ci.ub  
 -0.43 0.18 -2.32 0.02 -0.79 -0.07 \*