

Supplementary File 01: Database search terms used to look at the coping strategies amongst young people:

('young people' OR 'youth' OR 'adolescen*' OR 'young adult' OR 'teen*' OR 'child*' AND 'COVID')
AND ('coping' OR 'support' OR 'avoidance' OR 'helpseeking' OR 'problem-solving' OR 'stress
manag*' OR 'distraction' OR 'escap*' OR 'resilien*' OR 'adjust*' OR 'adapt*' OR 'cognitive
restructuring')