Appendix A

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| *Table A1. Means and standard deviations for Choice across experiments.* |
|  | Opt-out default*M* (*SD*) | Opt-in default *M* (*SD*) | Active choice*M* (*SD*) |
| Study 1 (0-10) | 6.75 (2.96)*n* = 60 | 3.38 (2.28)*n* = 115 | 4.23 (2.82)*n* = 115 |
| Strict exclusion for Active Choice (See endnote 1 in main text)  |  |  | 4.04 (2.85)*n* = 67 |
| Study 2 (0-10) | 7.46 (2.57)*n* = 179 | 4.14 (2.65)*n* = 224 | 4.72 (2.83)*n* = 203 |
| Undisclosed participants | 7.78 (2.39)*n* = 87 | 4.11 (2.78)*n* = 116 | 4.74 (3.00)*n* = 101 |
| Disclosed participants (all) | 7.15 (2.70)*n* = 92 | 4.18 (2.52)*n* = 108 | 4.71 (2.67)*n* = 102 |
| Disclosed participants (passing comprehension check) | 7.31 (2.78)*n* = 71 | 4.09 (2.48)*n* = 57 | 4.70 (2.71)*n* = 66 |
| Study 3 (0-100%) | 44.4 %178/401 | 25.9 %102/394 | 35.5 %139/392 |
| Undisclosed participants | 42.8%86/201 | 25.1%50/199 | 32.3%65/201 |
| Disclosed participants (all) | 46%92/200 | 26.7%52/195 | 38.7%74/191 |
| Disclosed participants (passing comprehension check) | 42.6%49/115 | 35.2%37/105 | 41.9%39/94 |

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| *Table A2. Means and standard deviations for Experienced Autonomy across experiments.* |
|  | Opt-out default*M* (*SD*) | Opt-in default *M* (*SD*) | Active choice*M* (*SD*) |
| Study 1 (1-9) | 7.88 (1.42)*n* = 60 | 7.55 (1.40)*n* = 115 | 7.78 (1.17)*n* = 115 |
| Strict exclusion for Active Choice (See endnote 1 in main text) |  |  | 7.76 (1.22)*n* = 67 |
| Study 2 (1-9) | 7.84 (1.30)*n* = 179 | 7.49 (1.46)*n* = 224 | 7.72 (1.35)*n* = 203 |
| Undisclosed participants | 7.87 (1.30)*n* = 87 | 7.45 (1.15)*n* = 116 | 7.65 (1.42)*n* = 101 |
| Disclosed participants (all) | 7.82 (1.30)*n* = 92 | 7.54 (1.46)*n* = 108 | 7.79 (1.27)*n* = 102 |
| Disclosed participants (passing comprehension check) | 7.84 (1.37)*n* = 71 | 7.42 (1.46)*n* = 57 | 7.79 (1.18)*n* = 66 |
| Study 3 (1-9) | 7.92 (1.26)*n* = 401 | 7.90 (1.28)*n* = 394 | 7.92 (1.23)*n* = 392 |
| Undisclosed participants | 8.00 (1.27)*n* = 201 | 7.91 (1.37)*n* = 199 | 8.06 (1.16)*n* = 201 |
| Disclosed participants (all) | 7.84 (1.26)*n* = 200 | 7.89 (1.18)*n* = 195 | 7.77 (1.29)*n* = 191 |
| Disclosed participants (passing comprehension check) | 7.95 (1.05)*n* = 115 | 7.95 (1.11)*n* = 105 | 7.64 (1.38)*n* = 93 |

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| *Table A3. Means and standard deviations for Choice-Satisfaction across experiments.* |
|  | Opt-out default*M* (*SD*) | Opt-in default *M* (*SD*) | Active choice*M* (*SD*) |
| Study 1 (1-9) | 8.13 (1.13)*n* = 60 | 7.72 (1.45)*n* = 115 | 7.78 (1.36)*n* = 115 |
| Strict exclusion for Active Choice (See endnote 1 in main text) |  |  | 7.84 (1.33)*n* = 67 |
| Study 2 (1-9) | 7.97 (1.27)*n* = 179 | 7.57 (1.39)*n* = 224 | 7.70 (1.50)*n* = 203 |
| Undisclosed participants | 8.17 (1.04)*n* = 87 | 7.67 (1.18)*n* = 116 | 7.62 (1.51)*n* = 101 |
| Disclosed participants (all) | 7.77 (1.44)*n* = 92 | 7.45 (1.58)*n* = 108 | 7.77 (1.50)*n* = 102 |
| Disclosed participants (passing comprehension check) | 7.94 (1.31)*n* = 71 | 7.19 (1.68)*n* = 57 | 7.91 (1.27)*n* = 66 |
| Study 3 (1-9) | 8.02 (1.50)*n* = 401 | 7.89 (1.69)*n* = 394 | 7.93 (1.57)*n* = 392 |
| Undisclosed participants | 8.01 (1.55)*n* = 201 | 7.86 (1.75)*n* = 199 | 8.07 (1.39)*n* = 201 |
| Disclosed participants (all) | 8.03 (1.45)*n* = 200 | 7.91 (1.62)*n* = 195 | 7.79 (1.73)*n* = 191 |
| Disclosed participants (passing comprehension check) | 8.03 (1.48)*n* = 115 | 7.91 (1.59)*n* = 105 | 7.63 (1.97)*n* = 93 |

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| *Table A4. Means and standard deviations for Perceived Threat to Freedom of Choice across experiments.* |
|  | Opt-out default*M* (*SD*) | Opt-in default *M* (*SD*) | Active choice*M* (*SD*) |
| Study 1 (1-9) | 2.33 (2.03)*n* = 60 | 2.16 (1.82)*n* = 115 | 2.50 (2.00)*n* = 115 |
| Strict exclusion for Active Choice (See endnote 1 in main text) |  |  | 2.35 (1.84)*n* = 67 |
| Study 2 (1-9) | 2.44 (1.88)*n* = 179 | 2.31 (1.76)*n* = 224 | 2.24 (1.82)*n* = 203 |
| Undisclosed participants | 2.35 (1.87)*n* = 87 | 2.26 (1.73)*n* = 116 | 2.23 (1.76)*n* = 101 |
| Disclosed participants (all) | 2.52 (1.89)*n* = 92 | 2.36 (1.80)*n* = 108 | 2.15 (1.89)*n* = 102 |
| Disclosed participants (passing comprehension check) | 2.44 (1.93)*n* = 71 | 2.36 (1.71)*n* = 57 | 2.34 (1.99)*n* = 66 |
| Study 3 (1-9) | 2.95 (2.18)*n* = 401 | 2.54 (1.90)*n* = 394 | 2.55 (2.01)*n* = 392 |
| Undisclosed participants | 2.81 (2.16)*n* = 201 | 2.49 (1.92)*n* = 199 | 2.23 (1.85)*n* = 201 |
| Disclosed participants (all) | 3.08 (2.20)*n* = 200 | 2.58 (1.88)*n* = 195 | 2.89 (2.11)*n* = 191 |
| Disclosed participants (passing comprehension check) | 3.18 (2.22)*n* = 115 | 2.52 (1.83)*n* = 105 | 2.94 (2.20)*n* = 93 |

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| *Table A5. Means and standard deviations for Objection to Choice Format.* |
|  | Opt-out default*M* (*SD*) | Opt-in default *M* (*SD*) | Active choice*M* (*SD*) |
| Study 3 (1-9) | 2.64 (2.26)*n* = 401 | 2.59 (2.18)*n* = 394 | 2.47 (2.26)*n* = 392 |
| Undisclosed participants | 2.59 (2.23)*n* = 201 | 2.57 (2.25)*n* = 199 | 2.23 (2.14)*n* = 201 |
| Disclosed participants (all) | 2.69 (2.30)*n* = 200 | 2.61 (2.12)*n* = 195 | 2.73 (2.35)*n* = 191 |
| Disclosed participants (passing comprehension check) | 2.51 (2.19)*n* = 115 | 2.35 (1.82)*n* = 105 | 2.46 (2.04)*n* = 93 |