

Results of multivariable logistic regression analyses: Odds ratios (95% confidence intervals) for depressive and anxiety disorders before and **after adjustment for supplement use** and **after exclusion of those consuming supplements**

		<b>MDD/ Dysthymia n = 51 (n=39 with supp users excluded)</b>		<b>Anxiety Disorders n = 66 (n=52 with supp users excluded)</b>	
		<b>OR</b>	<b>95% CI</b>	<b>OR</b>	<b>95% CI</b>
DHA	Lowest (ref)	1		1	
	2	0.31	0.12 to 0.79	0.78	0.43 to 1.42
		0.30	0.12 to 0.76	0.75	0.41 to 1.37
		0.30	0.11 to 0.85	0.75	0.39 to 1.55
	3	1.44	0.73 to 2.83	0.49	0.24 to 0.98
		1.33	0.67 to 2.64	0.45	0.22 to 0.91
		1.24	0.57 to 2.68	0.41	0.18 to 0.94