

Online Supporting Material Appendix 3: Newcastle-Ottawa Scale

Study	Selection					Comparability			Outcome (cohort) or exposure (case-control)				Overall total (9 max)
	1	2	3	4	Total	a	b	Total	1	2	3	Total	
Albert et al., 2002	1	1	1	1	4	1	0	1	1	1	1	3	8
Bao et al., 2013	1	1	1	1	4	1	1	2	1	1	1	3	9
Bernstein et al., 2012	1	1	1	1	4	1	1	2	1	1	1	3	9
Bernstein et al., 2010	1	1	1	1	4	1	1	2	1	1	1	3	9
Blomhoff et al., 2006	1	1	1	1	4	0	0	0	1	1	0	2	6
di Giuseppe, 2014	1	1	1	1	4	1	0	1	1	1	1	3	8
Fernandez-Montero et al., 2014	1	1	1	1	4	1	1	2	1	1	1	4	9
Fraser et al., 1992	0	1	1	1	3	1	0	1	1	1	1	3	7
Fraser et al., 1995	0	1	1	1	3	0	0	0	1	1	1	3	6
Fraser et al., 1997 ^a	0	1	1	1	3	1	0	1	1	1	1	3	7
Fraser et al., 1997 ^b	0	1	1	1	3	1	0	1	0	1	1	2	6
Guasch-Ferre et al., 2013	0	1	1	1	3	1	1	2	1	1	0	2	7
Haring et al., 2013	1	1	0	1	3	1	0	1	1	1	0	2	6
Hu et al., 1998	1	1	1	1	4	1	1	2	1	1	1	3	9
Levitan et al., 2013	1	1	1	1	4	1	0	1	1	1	0	1	6
Li et al., 2009	1	1	1	1	4	1	1	2	1	1	1	3	9
Luu et al., 2015	1	1	1	1	4	1	1	2	1	1	0	2	8
Mann et al., 1997	0	1	0	1	2	1	0	1	0	1	1	2	5
van den Brandt et al., 2015	1	1	1	1	4	1	1	2	1	1	1	3	9
Yaemsiri, 2011	1	1	1	1	4	1	1	2	1	1	1	3	9

^aFraser GE, et al. (1997). Association among health habits, risk factors, and all-cause mortality in a black California population. *Epidemiology*, 8, 168-174.

^bFraser, GE., & Shavlik, DJ. (1997). Risk factors for all-cause and coronary heart disease mortality in the oldest-old. *Arch Intern Med*, 157, 2249-2258.