**Supplementary Table 1 –** Food groups included in each categories

| **Food categories** | **Food codes1** | **Food groups1** |
| --- | --- | --- |
| Sugar-sweetened beverages | 11307 | Fruit drinks (ready to drink or made from concentrate) |
| 11308 | Vegetable drinks |
| 11309 | Fruit drink, prepared from dry powder |
| 11401 | Cordials, made from concentrate |
| 11403 | Cordial concentrate |
| 11501 | Soft drinks, non-cola |
| 11503 | Soft drinks, cola |
| 11505 | Flavoured mineral waters |
| 11601 | Electrolyte drinks (sports drinks) |
| 11602 | Electrolyte drink bases (sport drink bases) |
| 11603 | Energy drinks |
| 11703 | Purchased packaged water, fortified |
| 11801 | Fortified beverage flavourings prepared with water or milk |
| 11802 | Fortified dry beverage flavourings |
| 11803 | Unfortified beverage flavourings prepared with water or milk |
| 11804 | Unfortified dry beverage flavourings |
| 11805 | Breakfast cereal beverages |
| 11806 | Other beverages |
| Cake and biscuit products | 13101 | Sweet biscuits, plain or flavoured including short bread varieties |
| 13102 | Sweet biscuits, plain with fruit or nuts |
| 13103 | Sweet biscuits, with jam, marshmallow or other sugar-based filling |
| 13104 | Sweet biscuits, cream-filled |
| 13105 | Sweet biscuits, chocolate-coated, chocolate chip |
| 13106 | Sweet biscuits, chocolate-coated, chocolate or cream filled |
| 13201 | Savoury biscuits, wheat based, plain, energy ≤1800 kJ per 100 g |
| 13202 | Savoury biscuits, wheat based, plain, energy >1800 kJ per 100 g |
| 13203 | Savoury biscuits, rye based |
| 13204 | Savoury biscuits, rice based (includes rice cakes) |
| 13205 | Savoury biscuits, corn based |
| 13301 | Cakes and cake mixes, chocolate |
| 13302 | Cakes and cake mixes, sponge |
| 13303 | Cakes and cake mixes, other types |
| 13304 | Muffins, cake type, and muffin mixes |
| 13305 | Cake-type desserts |
| 13306 | Slices, biscuit and cake-type |
| 13307 | Scones and rock cakes, plain or with added fruit or vegetables only |
| 13308 | Scones and rock cakes, with added cheese, chocolate or similar |
| 13309 | Other desserts containing cereal |
| 13401 | Pastry, plain/unfilled, all types |
| 13402 | Sweet pastry products, fruit and/or nut fillings |
| 13403 | Sweet pastry products, egg or dairy based fillings |
| 13601 | Pancakes, crepes and dishes |
| 13602 | Drop scones, pikelets |
| 13603 | Waffles |
| 13604 | Batters and batter puddings |
| 13605 | Doughnuts |
| 13606 | Crumpets |
| Sugar and sweet spreads | 27101 | Sugar |
| 27102 | Honey and sugar syrups |
| 27103 | Toppings, all flavours |
| 27201 | Jams and conserves, sugar sweetened |
| 27202 | Jams and conserves, reduced sugar |
| 27203 | Sweet spreads, fruit flavoured |
| 27204 | Sweet spreads or sauces, chocolate/coffee flavoured |
| 27205 | Sauces, sweet, fruit-based |
| 27304 | Frostings and icing |
| Chocolate and confectionary | 27301 | Sugar-based desserts |
| 28101 | Chocolate (plain, unfilled varieties) |
| 28102 | Chocolate-based confectionery with nut fillings or additions |
| 28103 | Chocolate-based confectionery with other fillings or additions |
| 28201 | Fruit bar and fruit-based confectionery |
| 28202 | Nut and seed based confectionery |
| 28305 | Snack bar, other |
| 28401 | Lollies and other confectionery, sugar sweetened |
| 28403 | Chewing gum, sugar sweetened |
| 28405 | Other confectionery |
| Sweetened dairy products | 19106 | Milk, evaporated or condensed, undiluted |
| 19204 | Yoghurt, flavoured or added fruit and/or cereal, high fat (>4 g/100g fat) |
| 19205 | Yoghurt, flavoured or added fruit, full fat |
| 19206 | Yoghurt, flavoured or added fruit with added cereal, full fat |
| 19207 | Yoghurt, flavoured or added fruit, reduced fat |
| 19208 | Yoghurt, flavoured or added fruit, low fat or skim, sugar sweetened |
| 19209 | Yoghurt, flavoured or added fruit, low fat or skim, intense sweetened |
| 19210 | Yoghurt, drinks, buttermilk |
| 19211 | Yoghurt, added nutrients or other substances |
| 19212 | Yoghurt, unspecified fat |
| 19507 | Frozen yoghurts, all types |
| 19508 | Frozen dairy desserts, other |
| 19601 | Custard, fat content ≥ 4 g/100 g |
| 19602 | Custard, fat content <4 g/100 g |
| 19701 | Dairy desserts, smooth or gelatin-based dairy desserts |
| 19702 | Other milk, cheese or cream-based desserts |
| 19801 | Milk, coffee/chocolate flavoured and milk-based drinks, full fat |
| 19802 | Milk, other flavoured and milk-based drinks, full fat |
| 19803 | Milk, coffee/chocolate flavoured and milk-based drinks, reduced fat |
| 19804 | Milk, other flavoured and milk-based drinks, reduced fat |
| 19805 | Milk, other flavoured and milk-based drinks, not stated as to fat |
| 19806 | Milk-based fruit drinks |
| Breads and cereals | 12201 | Breads, and bread rolls, white, mandatorily fortified |
| 12202 | Breads, and bread rolls, white, additional voluntary fortification |
| 12203 | Breads, and bread rolls, white, not stated as to fortification |
| 12204 | Breads, and bread rolls, mixed grain, mandatorily fortified |
| 12206 | Breads, and bread rolls, mixed grain, not stated as to fortification |
| 12207 | Breads, and bread rolls, wholemeal and brown, mandatorily fortified |
| 12208 | Breads, and bread rolls, wholemeal and brown, additional voluntary fortification |
| 12209 | Breads, and bread rolls, wholemeal, not stated as to fortification |
| Breads and cereals (cont’d) | 12210 | Breads, and bread rolls, rye, mandatorily fortified |
| 12212 | Breads, and bread rolls, rye, not stated as to fortification |
| 12213 | Breads, and bread rolls, gluten free |
| 12214 | Breads, and bread rolls, not stated as to major flour or fortification |
| 12301 | English-style muffins |
| 12302 | Flat breads (e.g. Pita bread), wheat based |
| 12303 | Flat breads (e.g. Pita bread), other cereal flours |
| 12304 | Savoury filled or topped breads and bread rolls |
| 12305 | Sweet breads, buns and scrolls, uniced, unfilled |
| 12306 | Sweet breads, buns and scrolls, iced and/or filled |
| 12307 | Fried bread products and garlic breads |
| 12501 | Breakfast cereal, corn based |
| 12502 | Breakfast cereal, corn based, fortified |
| 12503 | Breakfast cereal, rice based |
| 12504 | Breakfast cereal, rice based, fortified |
| 12505 | Breakfast cereal, wheat based |
| 12506 | Breakfast cereal, wheat based, fortified, sugars ≤20 g/100g |
| 12507 | Breakfast cereal, wheat based, fortified, sugars >20 g/100g |
| 12509 | Breakfast cereal, wheat based, with fruit and/or nuts, fortified, sugars ≤25 g/100g |
| 12510 | Breakfast cereal, wheat based, with fruit and/or nuts, fortified, sugars >25 g/100g |
| 12511 | Breakfast cereal, mixed grain |
| 12512 | Breakfast cereal, mixed grain, fortified, sugars ≤20 g/100g |
| 12513 | Breakfast cereal, mixed grain, fortified, sugars >20 g/100g |
| 12514 | Breakfast cereal, mixed grain, with fruit and/or nuts |
| 12515 | Breakfast cereal, mixed grain, with fruit and/or nuts, fortified |
| 12516 | Breakfast cereal, other |
| 12601 | Porridge style, oat based |
| 12602 | Porridge style, other cereals |
| 28301 | Muesli and cereal style bars, no fruit |
| 28302 | Muesli and cereal style bars, with fruit and/or nuts |
| 28303 | Muesli and cereal style bars, added coatings or confectionery |
| 28304 | Muesli bar, with fruit or fruit paste filling |
| Ice cream and ice confection | 19501 | Ice cream, tub varieties, fat content >10 g/100 g |
| 19502 | Ice cream, tub varieties, fat content 4 - 10 g/100 g |
| 19503 | Ice cream, tub varieties, fat content <4 g/100 g |
| 19504 | Ice cream, individual bar, stick and cone varieties, fat content >10 g/100 g |
| 19505 | Ice cream, individual bar, stick and cone varieties, fat content 4 - 10 g/100 g |
| 19506 | Ice cream, individual bar, stick and cone varieties, fat content <4 g/100 g |
| 27303 | Water ice confection, gelato, sorbet |
| Alcoholic beverages | 29101 | Beers, > 3.5% alcohol |
| 29102 | Beers, 1.15- 3.5% alcohol, reduced alcohol / light |
| 29201 | Wines, red (including sparkling varieties and rose styles) |
| 29202 | Wines, white (including sparkling varieties) |
| 29203 | Fortified wines |
| 29204 | Reduced alcohol wines |
| 29205 | De-alcoholised and non-alcoholic wine (including sparkling varieties) |
| 29301 | Spirits |
| 29401 | Cider |
| Alcoholic beverages (cont’d) | 29402 | Perry |
| 29501 | Liqueurs |
| 29502 | Cocktails and other mixed drinks |
| 29503 | Pre-mixed drinks, cola- or energy-drink based |
| 29504 | Pre-mixed drinks, other |
| Other food sources | 11101 | Tea, regular, caffeinated, prepared with water |
| 11102 | Tea, regular, caffeinated, prepared with milk or milk substitute |
| 11103 | Tea, regular, decaffeinated, prepared with water or milk |
| 11104 | Tea mixed with other foods |
| 11105 | Herbal tea |
| 11106 | Tea powders and bases |
| 11201 | Coffee beverage, prepared with water |
| 11202 | Coffee beverage, prepared with milk or milk substitute |
| 11203 | Coffee beverage, decaffeinated, prepared with water |
| 11204 | Coffee beverage, decaffeinated, prepared with milk or milk substitute |
| 11205 | Dry coffee powder, caffeinated or decaffeinated |
| 11206 | Coffee substitutes, beverage |
| 11207 | Coffee substitutes, powders and bases |
| 11208 | Coffee-based mixes, beverage |
| 11209 | Dry or concentrate coffee-based mixes |
| 11301 | Fruit juices, commercially prepared |
| 11302 | Fruit juices, freshly-squeezed |
| 11303 | Fruit juices, fortified |
| 11304 | Vegetable juices |
| 11305 | Vegetable juices, freshly squeezed |
| 11306 | Fruit and vegetable juice blends |
| 11402 | Cordials, made from concentrate, intense sweetened |
| 11404 | Cordial concentrate, intense sweetened |
| 11502 | Soft drinks, non-cola, intense sweetened |
| 11504 | Soft drinks, cola, intense sweetened |
| 11506 | Flavoured mineral waters, intense sweetened |
| 11604 | Energy drinks, intense sweetened |
| 11701 | Domestic water (including tap, tank/rain water) |
| 11702 | Purchased packaged water including mineral water |
| 12101 | Grains (other than rice) and grain fractions |
| 12102 | Rice and rice grain fractions |
| 12103 | Cereal flours and starches |
| 12104 | Cereal flours and starches, fortified |
| 12401 | Pasta and noodles, wheat based, other than instant noodles |
| 12402 | Instant noodles and noodle products, wheat based |
| 12403 | Pasta and noodles, not wheat based |
| 12404 | Filled pasta |
| 13404 | Savoury pastry products, quiches and flans |
| 13405 | Savoury pastry products, pies, rolls and envelopes |
| 13406 | Savoury pastry products, pies, rolls and envelopes, fried |
| 13501 | Pizza, saturated fat ≤5 g/100 g |
| 13502 | Pizza, saturated fat >5 g/100 g |
| 13503 | Sandwiches and filled rolls, saturated fat ≤5 g/100 g |
| 13504 | Sandwiches and filled rolls, saturated fat >5 g/100 g |
| 13505 | Burgers, saturated fat ≤5 g/100 g |
| Other food sources (cont’d) | 13506 | Burgers, saturated fat >5 g/100 g |
| 13507 | Taco and tortilla-based dishes, saturated fat ≤5 g/100 g |
| 13508 | Taco and tortilla-based dishes, saturated fat >5 g/100 g |
| 13509 | Savoury pasta/noodle and sauce dishes, saturated fat ≤5 g/100 g |
| 13510 | Savoury pasta/noodle and sauce dishes, saturated fat >5 g/100 g |
| 13511 | Savoury rice-based dishes, saturated fat ≤5 g/100 g |
| 13513 | Savoury dumplings |
| 13514 | Sushi, all types |
| 13515 | Other savoury grain dishes |
| 14101 | Butter |
| 14102 | Butter products |
| 14201 | Dairy blend, regular, fat content ≥ 65g/100g |
| 14202 | Dairy blend, reduced fat, fat content <65 g/100g |
| 14203 | Dairy fats, unspecified type |
| 14301 | Polyunsaturated margarine spreads, fat content ≥ 65g/100g |
| 14302 | Polyunsaturated margarine spreads, fat content <65 g/100g |
| 14303 | Monounsaturated margarine spreads, fat content ≥65 g/100g |
| 14304 | Monounsaturated margarine spreads,fat content <65 g/100g |
| 14305 | Cooking margarine |
| 14306 | Margarine spreads with added phytosterols |
| 14307 | Unspecified margarine spread |
| 14401 | Polyunsaturated oils |
| 14402 | Monounsaturated oils |
| 14403 | Unspecified vegetable/nut oils |
| 14501 | Animal-based solid fats |
| 14502 | Vegetable-based solid fats |
| 14601 | Unspecified dairy-based fat or margarine used as a spread |
| 15101 | Fin fish, fresh, frozen |
| 15102 | Smoked fish |
| 15201 | Crustacea, fresh, frozen |
| 15202 | Molluscs, fresh, frozen |
| 15301 | Fish roe |
| 15302 | Eel |
| 15303 | Mixtures of finfish and/or shellfish |
| 15401 | Packed fin fish |
| 15402 | Packed crustacea and molluscs |
| 15501 | Fin fish, battered or crumbed |
| 15502 | Crustacea, battered or crumbed |
| 15503 | Molluscs, battered or crumbed |
| 15504 | Fish and seafood products |
| 15601 | Mixed dishes with fish as the major component |
| 15602 | Mixed dishes with fish as the major component, with rice, pasta or noodles |
| 15603 | Mixed seafood dishes with crustacea, molluscs or other seafood products as the major component |
| 15604 | Mixed seafood dishes with crustacea, molluscs or other seafood products as the major component, with rice, pasta or noodles |
| 16101 | Apples |
| 16102 | Apples, commercially sterile |
| 16103 | Pears |
| 16104 | Pears, commercially sterile |
| Other food sources (cont’d) | 16105 | Other pome fruit |
| 16201 | Berry fruit |
| 16202 | Berry fruit, commercially sterile |
| 16301 | Oranges |
| 16302 | Lemons and limes |
| 16303 | Other citrus fruit |
| 16304 | Citrus fruit, commercially sterile |
| 16401 | Peaches and nectarines |
| 16402 | Peaches and nectarines, commercially sterile |
| 16403 | Other stone fruit |
| 16404 | Other stone fruit, commercially sterile |
| 16501 | Bananas |
| 16502 | Pineapples |
| 16503 | Other tropical and subtropical fruit, edible peel |
| 16504 | Other tropical and subtropical fruit, inedible peel |
| 16505 | Tropical and subtropical fruit, commercially sterile |
| 16601 | Other fruit |
| 16701 | Mixtures of two or more groups of fruit |
| 16702 | Mixtures of two or more groups of fruit, commercially sterile |
| 16801 | Dried vine fruit |
| 16802 | Other dried fruit including mixed dried fruit |
| 16803 | Dried fruit and nut mixes |
| 16804 | Preserved fruit |
| 16901 | Mixed dishes where fruit is the major component |
| 17101 | Eggs, chicken |
| 17103 | Eggs, other |
| 17201 | Egg dishes, savoury |
| 17202 | Egg dishes, sweet |
| 18101 | Beef |
| 18102 | Lamb and mutton |
| 18103 | Pork |
| 18104 | Veal |
| 18201 | Kangaroo |
| 18202 | Other mammalian game |
| 18301 | Chicken |
| 18302 | Other poultry |
| 18303 | Feathered game |
| 18401 | Liver |
| 18402 | Kidney |
| 18403 | Other organ meats and offal |
| 18404 | Liver paste, pate and dishes |
| 18405 | Other organ meat, blood and offal dishes |
| 18501 | Sausage, saturated fat content >5 g/100g |
| 18502 | Frankfurts and saveloys, saturated fat content >5 g/100g |
| 18503 | Sausages, frankfurts and saveloys, saturated fat content ≤5 g/100g |
| 18601 | Bacon |
| 18602 | Ham |
| 18603 | Fermented, comminuted meats (e.g. Salami) |
| 18604 | Processed delicatessen meat, mammalian |
| 18605 | Processed delicatessen meat, poultry |
| Other food sources (cont’d) | 18606 | Processed meat, commercially sterile (includes canned meats) |
| 18607 | Dried meats |
| 18701 | Beef dishes with gravy, sauce or vegetables |
| 18702 | Beef dishes, added pasta, noodles or rice |
| 18703 | Beef, crumbed, battered, meatloaf or patty type with cereal and/or vegetables |
| 18704 | Veal, crumbed, battered, meatloaf or patty type with cereal and/or vegetables |
| 18705 | Lamb or mutton dishes with gravy, sauce or vegetables |
| 18706 | Lamb or mutton dishes, added pasta, noodles or rice |
| 18707 | Lamb or mutton, crumbed, battered, meatloaf or patty type with cereal and/or vegetables |
| 18708 | Pork dishes with gravy, sauce or vegetables |
| 18709 | Pork dishes, added pasta, noodles or rice |
| 18710 | Pork, crumbed, battered, meatloaf or patty type with cereal and/or vegetables |
| 18711 | Mammalian game meat, mixed dishes |
| 18712 | Unspecified meat, mixed dishes |
| 18801 | Sausage dishes with gravy, sauce or vegetables |
| 18802 | Sausage dishes with gravy, sauce or vegetables, added pasta, noodles or rice |
| 18803 | Other processed meat, mixed dish |
| 18901 | Poultry dishes, with gravy, sauce or vegetables |
| 18902 | Poultry dishes, with gravy, sauce or vegetables, added pasta, noodles or rice |
| 18903 | Poultry crumbed, battered, meatloaf or patty type with cereal and/or vegetables |
| 19101 | Milk, cow, fluid, regular whole, full fat |
| 19103 | Milk, cow, fluid, reduced fat, <2 g/100g |
| 19104 | Milk, cow, fluid, reduced fat, <2 g/100g, fortified |
| 19105 | Milk, cow, fluid, skim, non-fat |
| 19107 | Milk, powder, cow, dry |
| 19108 | Milk, non-bovine species |
| 19109 | Milk, fluid, unspecified |
| 19201 | Yoghurt, natural, regular fat and high fat (>4 g/100g fat) |
| 19202 | Yoghurt, natural, reduced fat |
| 19203 | Yoghurt, natural, skim and non-fat |
| 19301 | Cream, regular and increased fat |
| 19302 | Cream, reduced fat |
| 19303 | Cream, sour |
| 19304 | Cream, sour, reduced fat |
| 19305 | Cream substitute, artificial cream |
| 19306 | Cream, unspecified type or fat level |
| 19401 | Cheese, hard cheese ripened styles |
| 19402 | Cheese, hard cheese ripened styles, reduced fat |
| 19403 | Cheese, unripened styles, including cream and cottage cheese, regular fat |
| 19404 | Cheese, unripened styles, including cream and cottage cheese, reduced fat |
| 19405 | Cheese, camembert, brie and other surface ripened cheeses |
| 19406 | Cheese, processed |
| 19407 | Cheese, processed, reduced fat |
| 19408 | Cheese, not further defined |
| 20101 | Soy-based beverage, plain |
| 20102 | Soy-based beverage, plain, fortified |
| 20103 | Soy-based beverage, plain, reduced fat |
| 20104 | Soy-based beverage, plain, reduced fat, fortified |
| Other food sources (cont’d) | 20105 | Soy-based beverage, plain, skim, fortified |
| 20106 | Cereal- or nut-based milk substitute |
| 20107 | Dairy milk substitute, unspecified |
| 20201 | Soy-based beverage, regular fat, flavoured |
| 20202 | Soy-based beverage, reduced fat, flavoured |
| 20301 | Cheese substitute |
| 20401 | Soy-based ice confection |
| 20501 | Soy-based yoghurts, regular fat |
| 20502 | Soy-based yoghurts, reduced fat |
| 20601 | Meat substitutes |
| 20701 | Dishes where meat substitutes are the major component |
| 21101 | Soup containing meat, poultry or seafood |
| 21102 | Soup, vegetable only |
| 21201 | Dry soup mix containing meat, poultry or seafood |
| 21202 | Dry soup mix, vegetable only |
| 21301 | Soup containing meat, poultry or seafood |
| 21302 | Soup, vegetable only |
| 21401 | Soup containing meat, poultry or seafood |
| 21402 | Soup, vegetable only |
| 21501 | Soup containing meat, poultry or seafood |
| 21502 | Soup, vegetable only |
| 21601 | Soup containing meat, poultry or seafood |
| 21602 | Soup, vegetable only |
| 22101 | Seeds |
| 22102 | Seed products |
| 22201 | Peanuts |
| 22202 | Peanut products |
| 22203 | Coconut and coconut products |
| 22204 | Other nuts and nut products and dishes |
| 22205 | Mixed nuts or nuts and seeds |
| 23101 | Gravies (prepared) |
| 23102 | Dry gravy mixes |
| 23103 | Savoury sauces, not tomato based, commercial |
| 23104 | Savoury sauces, tomato based, commercial |
| 23105 | Savoury sauces, not tomato based, homemade |
| 23106 | Savoury sauces, tomato based, homemade |
| 23107 | Savoury sauces, commercial, simmer style |
| 23108 | Savoury sauces, dairy based, homemade |
| 23109 | Savoury pastes |
| 23110 | Dry savoury sauces and casserole bases and dry mixes |
| 23201 | Fruit-based pickles, chutneys and relishes |
| 23202 | Vegetable-based pickles, chutneys and relishes |
| 23301 | Mayonnaise and cream-style dressings, full fat |
| 23302 | Mayonnaise and cream-style dressings, reduced or non-fat |
| 23303 | Italian and French-style dressings, full fat |
| 23304 | Italian and French-style dressings, reduced or non-fat |
| 23305 | Vinegar |
| 23401 | Bread-based stuffings |
| 23501 | Dairy based dips |
| 23502 | Vegetable based dips |
| Other food sources (cont’d) | 23503 | Legume based dips |
| 23504 | Other dips |
| 24101 | Potatoes |
| 24102 | Potato products |
| 24103 | Potato mixed dishes |
| 24201 | Cabbage and similar brassica vegetables |
| 24202 | Broccoli, broccolini and cauliflower |
| 24301 | Carrots |
| 24302 | Other root vegetables |
| 24401 | Leaf vegetables |
| 24402 | Stalk vegetables |
| 24403 | Herbs, fresh |
| 24404 | Seaweeds |
| 24501 | Peas and edible-podded peas |
| 24502 | Beans |
| 24503 | Sprouts |
| 24601 | Tomato |
| 24602 | Tomato products |
| 24701 | Pumpkin |
| 24702 | Squash and zucchini |
| 24703 | Mushrooms |
| 24704 | Sweetcorn |
| 24705 | Other fruiting vegetables |
| 24801 | Other vegetables |
| 24802 | Onion, leek and garlic |
| 24803 | Mixtures of two or more vegetables |
| 24901 | Vegetables and sauce |
| 24902 | Stuffed vegetables and vegetable dishes |
| 24903 | Fried vegetable dishes |
| 24904 | Salads, vegetable based |
| 24905 | Salads, vegetable based, added meat, fish or eggs |
| 25101 | Mature legumes and pulses |
| 25102 | Mature legumes and pulses, commercially sterile |
| 25201 | Legume and pulse products |
| Not included in analyses2 | 25202 | Dishes where mature legumes are the major component |
| 26101 | Potato crisps |
| 26102 | Other vegetable crisps |
| 26201 | Corn chips |
| 26202 | Popcorn |
| 26301 | Extruded snacks |
| 26401 | Other snacks |
| 27302 | Sugar-based desserts, intense sweetened |
| 28402 | Lollies and other confectionery, intense sweetened |
| 28404 | Chewing gum, artificially sweetened |
| 30101 | Biscuit and bar meal replacement |
| 30102 | Meal replacement and similar prepared beverages |
| 30103 | Meal replacement and similar dry powders |
| 30104 | Sport and protein prepared beverages |
| 30105 | Sport and protein, dry powders |
| 30106 | Supplementary and medical foods prepared beverages |
| Not included in analyses2 (cont’d) | 30107 | Supplementary and medical foods dry powders |
| 31101 | Yeast |
| 31102 | Yeast extracts |
| 31103 | Vegetable and meat extracts |
| 31201 | Intense sweeteners |
| 31301 | Salt |
| 31302 | Herbs(dried) and spices |
| 31303 | Stock cubes and seasonings |
| 31304 | Stock, prepared |
| 31401 | Essences |
| 31502 | Gelatine |
| 32101 | Infant formula, prepared |
| 32103 | Toddler formula, prepared |
| 32201 | Infant cereals |
| 32202 | Infant rusks |
| 32301 | Infant fruit and fruit-based desserts |
| 32302 | Infant savoury dishes, commercial |
| 32303 | Infant custards or yoghurts |
| 32401 | Infant fruit juices |
| 12205 | Breads, and bread rolls, mixed grain, additional voluntary fortification |
| 12211 | Breads, and bread rolls, rye, additional voluntary fortification |
| 12508 | Breakfast cereal, wheat based, with fruit and/or nuts, unfortified |
| 13107 | Sweet biscuits, other toppings |
| 13512 | Savoury rice-based dishes, saturated fat >5 g/100 g |
| 14503 | Other fats or oils |
| 14602 | Unspecified fats or oil used in cooking |
| 15701 | Wild caught finfish |
| 15702 | Wild caught crustacea and molluscs |
| 16001 | Wild harvested fruits |
| 17102 | Eggs, chicken, modified (e.g. Omega-3, folate) |
| 17401 | Wild harvested eggs |
| 18011 | Wild harvested mammalian meat |
| 18012 | Wild harvested meat, mixed dishes |
| 19102 | Milk, cow, fluid, regular whole, full fat, fortified |
| 22301 | Wild harvested seeds |
| 22302 | Wild harvested nuts |
| 24001 | Wild harvested vegetables |
| 24002 | Wild harvested vegetable dishes |
| 28104 | Carob or yoghurt and carob or yoghurt-based confectionery |
| 29505 | Other alcoholic beverages |
| 31501 | Chemical raising agents and cooking ingredients |
| 31503 | Other additives |
| 32102 | Human breast milk |
| 32203 | Infant pasta and rice dishes |
| 33101 | Multivitamin and/or multimineral |
| 33102 | Multivitamin and/or multimineral, with herbal extracts |
| 33103 | Multivitamin and/or multimineral containing caffeine |
| 33104 | Calcium supplements |
| 33105 | Magnesium supplements |
| 33106 | Zinc supplements |
| Not included in analyses2 (cont’d) | 33107 | Other single mineral supplements |
| 33108 | Vitamin C supplements |
| 33109 | Vitamin E supplements |
| 33110 | Folic acid supplements |
| 33111 | Vitamin D supplements |
| 33112 | Other single vitamin supplements |
| 33201 | Fish oil supplements |
| 33202 | Fish oil supplements with added nutrients |
| 33203 | Fish liver oil supplements |
| 33204 | Evening primrose oil supplements |
| 33205 | Other lipid supplements |
| 33301 | Herbal supplements |
| 33302 | Herbal supplements containing caffeine sources |
| 33303 | Homoeopathic supplements |
| 33401 | Fibre supplements |
| 33402 | Protein or amino acid supplements |
| 33501 | Probiotic supplements |
| 33502 | Propolis or other bee product supplements |
| 33503 | Glucosamine and/or chondroitin based supplements |
| 33504 | Coenzyme Q10 supplements |
| 33505 | Other supplements |
| 33612 | Over the counter or prescription medicines |
| 34101 | Reptiles |
| 34201 | Insects |
| 34301 | Amphibia |

1Food group codes and names from the 2011-2013 Australian Health Survey

2These food groups were not included in the analyses as there was no reported consumption among the respondents included in this study.