**Supplementary Table 2** – Number of consumers of major added sugars contributing food groups by age group and gender

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Food groups# | 2-3 years | | | 4-8 years | | | 9-13 years | | | 14-18 years | | | 19-30 years | | | 31-50 years | | | 51-70 years | | | 71+ years | | |
|  | M+F | M | F | M+F | M | F | M+F | M | F | M+F | M | F | M+F | M | F | M+F | M | F | M+F | M | F | M+F | M | F |
| Sugar sweetened beverages | 91 | 50 | 41 | 295 | 159 | 136 | 402 | 203 | 199 | 301 | 171 | 130 | 837 | 503 | 333 | 907 | 565 | 341 | 475 | 273 | 202 | 189 | 88 | 101 |
| Cake and biscuit products | 159 | 73 | 86 | 398 | 210 | 188 | 420 | 202 | 218 | 256 | 111 | 145 | 634 | 314 | 320 | 1185 | 577 | 608 | 1010 | 495 | 515 | 462 | 204 | 258 |
| Sugar and sweet spreads | 68 | 33 | 34 | 242 | 134 | 108 | 221 | 120 | 101 | 170 | 89 | 81 | 643 | 341 | 303 | 1309 | 711 | 599 | 1010 | 557 | 453 | 422 | 206 | 216 |
| Chocolate and confectionary | 77 | 39 | 38 | 217 | 109 | 108 | 235 | 115 | 120 | 172 | 68 | 103 | 394 | 180 | 214 | 668 | 312 | 356 | 515 | 230 | 284 | 183 | 93 | 90 |
| Sweetened dairy products | 89 | 40 | 49 | 161 | 89 | 72 | 182 | 83 | 99 | 120 | 40 | 80 | 327 | 168 | 158 | 515 | 243 | 272 | 399 | 177 | 222 | 156 | 73 | 83 |
| Bread and cereals | 202 | 102 | 99 | 529 | 277 | 252 | 570 | 292 | 278 | 395 | 204 | 191 | 1223 | 685 | 538 | 2005 | 1058 | 947 | 1610 | 819 | 792 | 641 | 294 | 347 |
| Ice-cream and ice confection | 38 | 19 | 19 | 176 | 94 | 82 | 201 | 93 | 108 | 95 | 43 | 52 | 200 | 112 | 87 | 296 | 175 | 122 | 296 | 176 | 121 | 139 | 77 | 63 |
| Other food sources | 214 | 109 | 104 | 552 | 291 | 261 | 630 | 320 | 310 | 481 | 242 | 239 | 1523 | 853 | 670 | 2345 | 1235 | 1110 | 1792 | 920 | 872 | 666 | 309 | 357 |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Food groups# | 2-18 years | | | 19+ years | | | All ages | | |
|  | M+F | M | F | M+F | M | F | M+F | M | F |
| Sugar sweetened beverages | 1088 | 582 | 506 | 2408 | 1430 | 978 | 3496 | 2013 | 1484 |
| Cake and biscuit products | 1234 | 597 | 637 | 3292 | 1590 | 1702 | 4526 | 2187 | 2339 |
| Sugar and sweet spreads | 701 | 377 | 324 | 3384 | 1814 | 1570 | 4085 | 2190 | 1894 |
| Chocolate and confectionary | 700 | 331 | 369 | 1759 | 815 | 944 | 2459 | 1145 | 1314 |
| Sweetened dairy products | 551 | 251 | 300 | 1397 | 662 | 735 | 1949 | 913 | 1036 |
| Bread and cereals | 1695 | 875 | 820 | 5479 | 2856 | 2623 | 7175 | 3731 | 3444 |
| Ice-cream and ice confection | 510 | 248 | 262 | 932 | 539 | 393 | 1442 | 787 | 654 |
| Other food sources | 1876 | 963 | 914 | 6326 | 3317 | 3009 | 8202 | 4279 | 3923 |

Data were weighted to enable representation of the Australian population aged 2 years and over. Due to rounding of weighted sample size, slight discrepancies may exist between the total sample size and sum of the number of subjects in the strata.