|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Supplementary Table 3. Factors associated with mean daily servings of fruit and vegetables and with the proportion of the population having at least 5 servings of fruit and vegetables per day. | | | | | | | | | | | | | | | |
|  |  | Fruit | |  |  | Vegetable | |  |  | ≥ 5 servings\* | | | |  |
|  | Mean | | (95%CI) | | Mean | | (95%CI) | | % | | (n/N)† | PR‡ | (95%CI) | | |
| Men |  | |  | |  | |  | |  | |  |  |  | | |
| Residential areas¶ |  | |  | |  | |  | |  | |  |  |  | | |
| Urban | 0.88 | | (0.81,0.94) | | 2.30 | | (2.19,2.40) | | 20.9% | | (478/2344) | 1.00 |  | | |
| Rural | 0.82 | | (0.77,0.88) | | 2.48 | | (2.39,2.58) | | 17.1% | | (639/4364) | 1.06 | (0.89,1.28) | | |
| P-value | P=0.223 | | | | p=0.015 | | | |  | | | p=0.507 | | | |
| Education levels¶ |  | |  | |  | |  | |  | |  |  |  | | |
| <Primary | 0.65 | | (0.55,0.76) | | 2.19 | | (2.03,2.36) | | 11.1% | | (102/1021) | 1.00 |  | | |
| Primary | 0.74 | | (0.66,0.82) | | 2.19 | | (2.06,2.31) | | 15.4% | | (225/1802) | 1.12 | (0.76,1.66) | | |
| Secondary | 0.85 | | (0.78,0.92) | | 2.44 | | (2.32,2.55) | | 16.7% | | (335/2026) | 1.39 | (0.98,1.98) | | |
| Senior secondary | 0.98 | | (0.87,1.09) | | 2.68 | | (2.48,2.88) | | 21.3% | | (187/933) | 1.80 | (1.20,2.70) | | |
| College/University+ | 1.04 | | (0.94,1.15) | | 2.86 | | (2.61,3.11) | | 31.2% | | (268/907) | 2.23 | (1.49,3.34) | | |
| Trend | p<0.001 | | | | p<0.001 | | | |  | | | p<0.001 | | | |
| Monthly income§¶ |  | |  | |  | |  | |  | |  |  |  | | |
| <20 USD | 0.66 | | (0.56,0.75) | | 2.07 | | (1.94,2.20) | | 9.6% | | (141/1199) | 1.00 |  | | |
| 20−40 USD | 0.87 | | (0.77,0.96) | | 2.27 | | (2.16,2.38) | | 15.0% | | (209/1440) | 1.54 | (1.13,2.10) | | |
| 41−60 USD | 0.80 | | (0.73,0.87) | | 2.49 | | (2.32,2.67) | | 18.5% | | (191/1149) | 1.82 | (1.29,2.55) | | |
| 61−80 USD | 0.83 | | (0.69,0.97) | | 2.26 | | (2.06,2.46) | | 15.9% | | (95/505) | 1.47 | (0.95,2.27) | | |
| 81+ USD | 0.95 | | (0.86,1.04) | | 2.74 | | (2.62,2.86) | | 28.4% | | (379/1443) | 2.39 | (1.73,3.29) | | |
| Trend | p<0.001 | | | | p<0.001 | | | |  | |  | p<0.001 | | | |
| Women |  | |  | |  | |  | |  | |  |  |  | | |
| Residential areas¶ |  | |  | |  | |  | |  | |  |  |  | | |
| Urban | 1.09 | | (1.03,1.15) | | 2.27 | | (2.20,2.35) | | 24.8% | | (667/2801) | 1.00 |  | | |
| Rural | 0.86 | | (0.81,0.90) | | 2.36 | | (2.27,2.44) | | 15.3% | | (749/5015) | 0.79 | (0.67,0.94) | | |
| P-value | p<0.001 | | | | p=0.172 | | | |  | | | p<0.001 | | | |
| Education levels¶ |  | |  | |  | |  | |  | |  |  |  | | |
| <Primary | 0.68 | | (0.62,0.73) | | 1.95 | | (1.83,2.06) | | 8.8% | | (198/2124) | 1.00 |  | | |
| Primary | 0.86 | | (0.80,0.92) | | 2.27 | | (2.17,2.37) | | 14.4% | | (307/2083) | 1.61 | (1.15,2.24) | | |
| Secondary | 0.96 | | (0.88,1.05) | | 2.48 | | (2.34,2.62) | | 18.9% | | (389/1928) | 1.99 | (1.46,2.72) | | |
| Senior secondary | 1.14 | | (1.04,1.24) | | 2.54 | | (2.40,2.68) | | 26.5% | | (212/843) | 2.55 | (1.85,3.51) | | |
| College/University+ | 1.27 | | (1.14,1.40) | | 2.71 | | (2.51,2.91) | | 36.1% | | (308/821) | 3.03 | (2.21,4.15) | | |
| Trend | p<0.001 | | | | p<0.001 | | | |  | | | p<0.001 | | | |
| Monthly income§¶ |  | |  | |  | |  | |  | |  |  |  | | |
| <20 USD | 0.73 | | (0.66,0.79) | | 2.18 | | (2.05,2.30) | | 10.1% | | (215/1467) | 1.00 |  | | |
| 20−40 USD | 0.79 | | (0.74,0.85) | | 2.22 | | (2.12,2.32) | | 12.4% | | (229/1623) | 1.19 | (0.87,1.62) | | |
| 41−60 USD | 0.92 | | (0.85,0.99) | | 2.34 | | (2.19,2.50) | | 18.6% | | (243/1317) | 1.61 | (1.20,2.15) | | |
| 61−80 USD | 1.02 | | (0.92,1.12) | | 2.29 | | (2.14,2.45) | | 18.7% | | (109/517) | 1.47 | (1.01,2.14) | | |
| 81+ USD | 1.11 | | (1.04,1.18) | | 2.50 | | (2.37,2.62) | | 28.7% | | (477/1626) | 1.90 | (1.40,2.57) | | |
| Trend | p<0.001 | | | | p<0.001 | | | |  | |  | p<0.001 | | | |
| \* ≥ five servings of fruit and vegetables per day in a typical week.  † Weighted percentages (unweighted number of respondents/total number of respondents in this category).  ‡ PR(95 %CI): prevalence ratio (95% confidence interval).  § Monthly household income per adult member.  ¶ Adjusted for age and other variables in the table. | | | | | | | | | | | | | | | |