

TABLE 1.2 (supplementary)

Baseline characteristics presented for the highest and lowest quintile of fatty and lean fish intake in men and women

<i>Variable</i>	Fatty fish (Men)		Lean fish (Men)		Fatty fish (Women)		Lean fish (Women)	
	Low	High	Low	High	Low	High	Low	High
Age (years)	55.3 (51.1;62.7)	57.2 (51.4;63.7)	55.5 (51.1;62.8)	56.3 (51.3;63.2)	55.6 (51.1;62.9)	57.9 (51.6;63.9)	55.7 (51.1;62.8)	56.9 (51.3;63.6)
Physical activity (hours/week)	2.0 (0.0;8.0)	2.8 (0.0;9.0)	2.0 (0.0;7.5)	3.0 (0.0;9.5)	2.0 (0.0;8.0)	3.0 (0.0;8.5)	2.0 (0.0;7.5)	3.0 (0.0;9.0)
BMI (kg/m ²)	26.2 (22.5;31.3)	26.0 (22.3;30.9)	26.1 (22.3;31.1)	26.4 (22.6;31.2)	24.8 (20.7;31.6)	24.8 (20.9;30.9)	24.5 (20.6;30.8)	25.2 (21.0;31.8)
Waist circumference (cm)	95.0 (84.0;109.0)	95.0 (84.0;108.0)	95.0 (84.0;108.5)	95.5 (84.0;109.0)	80.0 (69.0;98.0)	80.0 (70.0;97.0)	80.0 (69.0;96.0)	81.0 (70.0;99.0)
Smoking (% (n))								
Never smoker	26.2 (1358)	25.1 (1302)	25.8 (1336)	25.0 (1294)	42.2 (2448)	44.7 (2590)	43.3 (2508)	42.2 (2447)
Former smoker	32.9 (1704)	36.0 (1863)	32.6 (1691)	33.8 (1752)	21.8 (1263)	24.7 (1433)	22.3 (1293)	24.4 (1416)
<15 g/day	9.6 (498)	11.6 (603)	10.4 (540)	11.4 (591)	15.4 (891)	15.3 (888)	14.7 (853)	15.9 (924)
15-25 g/day	17.7 (919)	16.7 (864)	18.2 (944)	18.3 (947)	17.3 (1004)	13.3 (768)	16.4 (953)	15.3 (885)
>25 g/day	13.6 (703)	10.6 (550)	13.0 (671)	11.5 (598)	3.3 (192)	2.0 (118)	3.3 (191)	2.2 (125)
Educational level (% (n))								
Basic school	39.6 (2051)	31.8 (1650)	38.7 (2007)	32.1 (1664)	34.1 (1976)	31.3 (1816)	33.8 (1959)	31.0 (1796)
Higher education, 1-3 years	40.3 (2087)	41.1 (2128)	39.9 (2067)	41.7 (2159)	48.8 (2832)	50.2 (2912)	48.7 (2824)	50.5 (2930)
Higher education, >3 years	20.2 (1044)	27.1 (1404)	21.4 (1108)	26.2 (1359)	17.1 (990)	18.5 (1070)	17.5 (1015)	18.5 (1072)
Menopausal status (% (n))								
Post-menopausal	-	-	-	-	57.7 (3345)	62.8 (3638)	57.1 (3309)	61.0 (5449)
Pre-menopausal	-	-	-	-	32.0 (1854)	26.3 (1526)	32.4 (1881)	28.1 (1627)
<i>Medical history (% (n))</i>								
Hypertension	14.6 (757)	15.6 (810)	13.3 (688)	15.9 (822)	16.5 (955)	18.8 (1092)	15.8 (916)	18.8 (1090)
Hypercholesterolaemia	6.5 (337)	10.6 (547)	7.6 (396)	8.4 (435)	5.0 (292)	8.6 (496)	6.5 (374)	5.8 (338)
Diabetes mellitus	2.9 (152)	3.3 (173)	2.6 (134)	3.5 (181)	1.8 (105)	1.8 (105)	1.2 (70)	2.3 (131)
<i>Dietary variables (g/day)</i>								
Fruit (excl. Juice)	94.8 (18.0;305.1)	141.3 (38.0;367.0)	94.1 (18.1;291.3)	147.5 (36.9;374.8)	151.9 (33.3;403.6)	203.3 (71.7;456.9)	141.3 (31.5;382.5)	219.7 (75.8;483.0)
Vegetables (incl. Juice, excl. potatoes)	120.1 (45.7;253.8)	182.6 (84.6;330.1)	119.6 (45.2;256.7)	186.2 (84.1;339.0)	140.0 (48.4;306.9)	207.0 (98.5;370.3)	134.9 (46.4;285.5)	220.0 (104.3;394.4)
Alcohol	15.2 (1.8;61.8)	22.3 (5.8;62.7)	16.7 (2.3;61.2)	21.7 (4.6;64.9)	6.2 (0.4;32.1)	11.0 (1.5;36.0)	7.0 (0.6;32.6)	9.7 (1.2;34.9)
Total energy intake (MJ/day)	9.0 (6.4;12.4)	11.0 (8.1;15.1)	9.0 (6.4;12.3)	11.2 (8.2;15.4)	7.3 (5.0;10.2)	9.1 (6.6;12.4)	7.1 (4.9;9.9)	9.3 (6.7;12.8)
Fish oil supplements (% (n))	14.6 (756)	17.3 (895)	14.1 (731)	17.4 (902)	15.6 (905)	20.3 (1174)	15.9 (924)	18.9 (1097)

Continuous variables are reported as medians (10th;90th percentile) and categorical variables as percentage (n)