**Supplementary Material File 2.** A comparison of the age of introduction of solids foods prior to and after the feeding guidelines were changed.



Mother-child pairs were categorised to the pre-May 2003 group if they turn four months before 1st May 2003 (and were therefore born before 1st January 2003). Mother-child pairs were categorised to the post-May 2003 group if they turn 4 months on or after 1st May 2003 (and were therefore born on or after 1st January 2003).