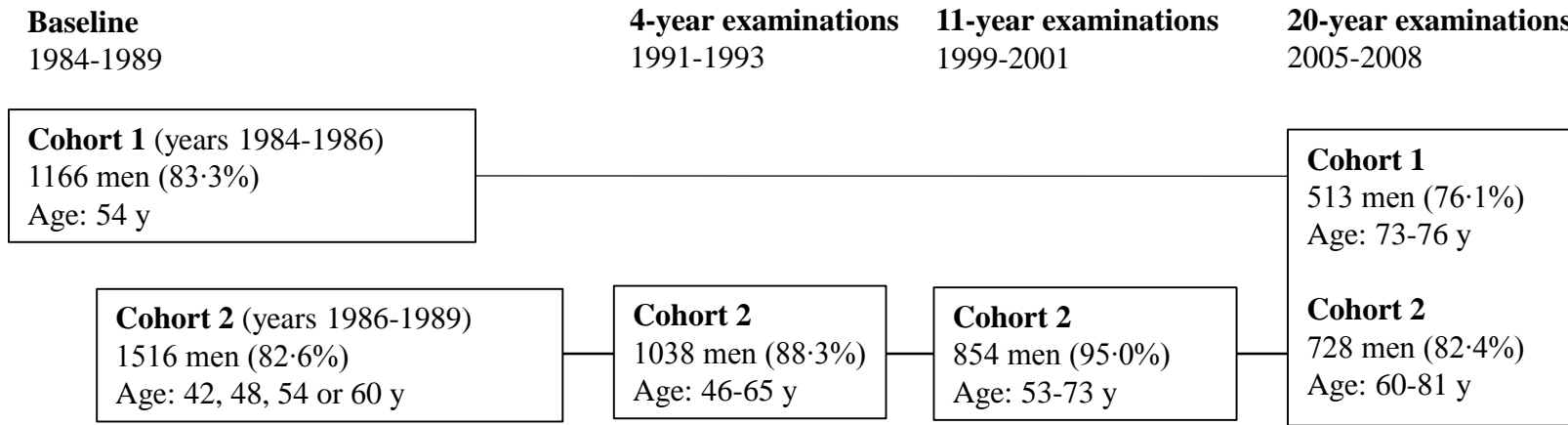


*Supplementary Material 1*



**Supplemental Fig. S1.** Timeline of the Kuopio Ischemic Heart Disease Risk Factor Study

The percentages in parentheses indicate the proportion of eligible participants that participated in the study visits.