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| **Supplemental table 3** Quintile and median values for uncalibrated food group variables |
|  |  | servings/ day |
| Variable | Quintile | Range | Median |
| Total Meat | 1 | <1·77 | 1·27 |
|  | 2 | 1·77 - <2·63 | 2·22 |
|  | 3 | 2·63 - <3·57 | 3·10 |
|  | 4 | 3·57 - <4·81 | 4·10 |
|  | 5 | ≥4·81 | 5·96 |
| Red Meat | 1 | <0·48 | 0·26 |
|  | 2 | 0·48 - <0·90 | 0·68 |
|  | 3 | 0·90 - <1·44 | 1·14 |
|  | 4 | 1·44 - <2·32 | 1·80 |
|  | 5 | ≥2·32 | 3·14 |
| Fish | 1 | <0·19 | 0·09 |
|  | 2 | 0·19 - <0·39 | 0·27 |
|  | 3 | 0·39 - <0·57 | 0·46 |
|  | 4 | 0·57 - <0·92 | 0·72 |
|  | 5 | ≥0·92 | 1·27 |
| Poultry | 1 | <0·30 | 0·20 |
|  | 2 | 0·30 - <0·52 | 0·42 |
|  | 3 | 0·52 - <0·88 | 0·70 |
|  | 4 | 0·88 - <1·46 | 1·03 |
|  | 5 | ≥1·46 | 1·77 |
| Processed Meat | 1 | <0·06 | 0·01 |
|  | 2 | 0·06 - <0·17 | 0·12 |
|  | 3 | 0·17 - <0·32 | 0·25 |
|  | 4 | 0·32 - <0·63 | 0·46 |
|  | 5 | ≥0·63 | 1·01 |
| Range and medians calculated using ANOVA across quintiles of major reported food sources for meat intake· |