



SUPPLEMENTAL FIGURE 1 Relative concentrations (%) of eicosapentaenoic acid (EPA) in plasma phosphatidylcholine (PC), non-esterified fatty acids (NEFAs), cholesteryl esters (CEs) and triacylglycerols (TGs) according to oily fish intake (portions/ week). Distribution of participants in each oily fish intake group are as follows; PC and TGs: 0/week: n = 64, 0.1-0.99/week: n = 139, 1.0-1.99/week: n = 63 and 2+/week: n = 38. NEFAs: 0/week: n = 63, 0.1-0.99/week: n = 139, 1.0-1.99/week: n = 63 and 2+/week: n = 38. CEs: 0/week: n = 63, 0.1-0.99/week: n = 140, 1.0-1.99/week: n = 62 and 2+/week: n = 37. * $P < 0.05$. *P* values were obtained using log-10 data in a univariate general linear model (GLM) analysis controlling for co-variables (sex, age, BMI, and APOE groups).