Supplementary table 1. Characteristics of the DILGOM 2014 follow-up participants: validation of self-reported / measured anthropometrics

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Men | |  | Women | |
|  | mean / *n* | sd / % |  | mean / *n* | sd / % |
| *n* at follow-up | 557 | 43.7 |  | 719 | 56.3 |
| Age at follow-up | 60.5 | 12.9 |  | 58.6 | 13.2 |
| Educational attainment at baseline, years | 13.3 | 4.0 |  | 13.9 | 4.2 |
| Smoking status at baseline |  |  |  |  |  |
| Never smoker | 271 | 48.7 |  | 489 | 68.0 |
| Quit >6 months ago | 204 | 36.6 |  | 140 | 19.2 |
| Quit <6 months ago | 10 | 1.8 |  | 5 | 0.7 |
| Current smoker | 70 | 12.6 |  | 75 | 10.4 |
| Leisure-time physical activity level at baseline |  |  |  |  |  |
| Inactive | 95 | 17.1 |  | 154 | 21.4 |
| Moderately active | 287 | 51.5 |  | 396 | 55.1 |
| Active or highly active | 170 | 30.5 |  | 163 | 22.7 |
| Self-reported/measured anthropometrics at follow-up |  |  |  |  |  |
| Height, cm | 177.4 | 6.6 |  | 164.4 | 6.1 |
| Weight, kg | 84.5 | 13.1 |  | 71.2 | 14.0 |
| BMI, kg/m2 | 26.8 | 3.9 |  | 26.4 | 5.1 |
| WC, cm | 96.0 | 11.4 |  | 85.9 | 12.5 |
| Nurse-measured anthropometrics at follow-up |  |  |  |  |  |
| Height, cm | 177.4 | 6.7 |  | 164.3 | 6.4 |
| Weight, kg | 85.1 | 13.3 |  | 71.7 | 14.4 |
| BMI, kg/m2 | 27.0 | 4.0 |  | 26.7 | 5.4 |
| WC, cm | 96.2 | 12.8 |  | 86.4 | 13.8 |

BMI, body mass index; WC, waist circumference.