Table S3. Change in the HFII as a predictor of change in standard lipid parameters\* (N = 153)

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Model 1 | | |  | Model 2 | | |  | Model 3 | | |  | Model 4 | | |
|  | *β* | 95% CI | *P* |  | *β* | 95% CI | *P* |  | *β* | 95% CI | *P* |  | *β* | 95% CI | *P* |
| Triglycerides | -0.03 | -0.07, 0.00 | 0.071 |  | -0.03 | -0.06, 0.01 | 0.103 |  | -0.03 | -0.06, 0.01 | 0.115 |  | -0.02 | -0.06, 0.01 | 0.113 |
| Total cholesterol | -0.02 | -0.08, 0.04 | 0.555 |  | -0.02 | -0.07, 0.04 | 0.644 |  | -0.00 | -0.06, 0.05 | 0.961 |  | -0.01 | -0.07, 0.04 | 0.667 |
| LDL cholesterol | 0.00 | -0.05, 0.06 | 0.785 |  | 0.01 | -0.04, 0.06 | 0.712 |  | 0.02 | -0.03, 0.08 | 0.420 |  | 0.01 | -0.05, 0.06 | 0.775 |
| HDL cholesterol | 0.00 | -0.02, 0.02 | 0.940 |  | 0.00 | -0.02, 0.02 | 0.921 |  | 0.00 | -0.02, 0.02 | 0.756 |  | 0.00 | -0.02, 0.02 | 0.870 |
| \*Residual change |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Model 1: Unadjusted; Model 2: Adjusted for gestational age, BMI, age, and years of education; Model 3: Adjusted for Model 2 + physical activity (n = 138); | | | | | | | | | | | | | |  |  |
| Model 4: Adjusted for Model 2 + the allocation group, the study group, and gestational weight gain. | | | | | | | |  |  |  |  |  |  |  |  |