

**Supplemental Fig 3.** Plasma AUC (over 24 h) and urinary accumulation (over 24 h) of metabolites of glucoraphanin and glucoerucin expressed as the percentage of total AUC and total urinary accumulation, respectively, of subjects who had consumed the diet with daily broccoli. Values are least squares means and 95% confidence intervals. SF, sulforaphane; SF-GSH, sulforaphane-glutathione; SF-CG, sulforaphane-cysteineglycine, SF-C, sulforaphane-cysteine; SF-NAC, sulforaphane-*N*-acetylcysteine; ER-GSH, erucin-glutathione; ER-CG, erucin-cysteineglycine; ER, erucin-cysteine; ER-NAC, erucin-*N*-acetylcysteine.  $\Box$ , percentage plasma AUC;  $\blacksquare$ , percentage urinary accumulation.