

Expert survey

Development of a nutritional documentation tool (NDoc): a Delphi study

Nutritional medicine is a special subject, which requires work from members of many professions. In consequence, it is necessary to develop a common, understandable language, which facilitates the propagation of information and thus, ensures the continuity of treatment in patients.

For this reason, we developed a Delphi-survey method that is based on the literature and can be used to test parts of a dietetic documentation. The questionnaire refers to content which should be included in dietetic documentation. It consists of three domains– each containing no more than nine questions related to nutritional medicine. Each answer can be marked by clicking on the corresponding box (please treat this questionnaire as a piece of electronic media, preferably typed and not handwritten). In addition, you can insert a comment or suggest changes in wording in the section “More comments”. Please note that all questions need to be answered.

After processing the data from this first survey, all participating experts will receive anonymous feedback as well as a follow up survey.

The completed questionnaire will naturally be treated in a confidential and anonymous manner. Its contents will not be disclosed to third parties. Your answers serve exclusively scientific interests. Should you need any help completing the questionnaire, please do not hesitate to contact Stefanie Kohl, BSc.

We thank you in advance for your greatly appreciated efforts and support.

1. Domain: Nutritional assessment

Which of the following informations about the patient should be included in a nutritional medicine documentation?

1. age

yes

no

More comments:

2. height

yes

no

More comments:

3. weight

yes

no

More comments:

4. BMI

yes

no

More comments:

Expert survey "(NDoc)"

5. food preferences

yes

no

More comments:

6. social anamneses

yes

no

More comments:

7. cultural anamneses

yes

no

More comments:

8. Free text comment if needed

2. Domain: Nutrition Diagnosis and Nutrition Intervention

Which of the following dietetic appraisal and therapy recommendations should be included in a nutritional medicine documentation?

1. Malnutrition screening tool

yes

no

More comments:

2. Malnutrition screening score

yes

no

More comments:

3. Nutritional status

yes

no

More comments:

4. Recommendation for nutritional therapy

yes

no

More comments:

5. Recommended period of nutritional therapy

yes

no

More comments:

6. Nutrition relevant drugs (Kreon, phosphate binders and others)

yes

no

More comments:

7. Short term goal

yes

no

More comments:

8. Recommendation for a dietitian in primary care setting

yes

no

More comments:

9. Free text comment if needed

3. Domain: Artificial Nutrition

Which of the following types of supplementation / drugs should be included in a nutritional medicine documentation?

1. As needed, recommendation of oral nutritional supplements

yes

no

If yes:

1.1 Which of the following parameters should be specified at the recommendation of oral nutrition supplements?

energy (kcal)

protein (g)

fat (g)

carbohydrate (g)

More comments:

2. As needed, other additive supplements

(vitamins, minerals, probiotics, omega-3fatty acids, amino acids, herbals and others)

yes

no

More comments:

3. As needed, enteral and parenteral nutrition

yes

no

If yes:

2.1 Which of the following parameters should be specified at the recommendation of a temporary additive enteral and parenteral nutrition?

energy (kcal)

protein (g)

fat (g)

carbohydrate (g)

vitamins

minerals

trace elements

More comments:

4. Free text comment if needed
