

Supplementary Table S1. Supplementary Educational Materials.

Educational Materials	Topics
Handouts (22 items)	<ul style="list-style-type: none"> • Breakfast • School Lunches • Healthy Snacks • Cross-Contamination • Eating Out • Reading Nutrition Facts Tables • Reading Ingredient Lists • Grocery Shopping • Eating on a Budget • Travel • Grains • Oats • Pulses • Fat & Sugar • Calcium • Fibre • Folate • Iron • Vitamin D • Lacto-ovo Vegetarian • Lactose Free • Vegan Diet
Videos (4 items)	<ul style="list-style-type: none"> • Food Preparation (related to different cuisines)

A list of supplementary educational materials. This list shows topics for which materials have been developed for by our team. The supplementary materials aim to provide resources in addition to the gluten-free food guide to help educate children/youth and their families with celiac disease. Each handout is approximately two pages and each videos ranges between two to eight minutes in duration.