**Food Frequency Questionnaire on Fish and Shellfish Consumption**

1.1 Since the start of your pregnancy, have you ever consumed any freshwater fish such as carp, bluegills, carp, catfish, crappie, bass, perch, northern pike, trout, walleye, etc.?

(1) No (2) Yes

1.2 How often did you eat freshwater fish? (circle one of the following and write the number of times you eat)

 (1) Never (2) \_\_\_\_ per day (3) \_\_\_\_ per week (4) \_\_\_\_ per month

1.3 How many grams of freshwater fish did you eat each time? \_\_\_\_\_\_\_\_\_\_

1.4 What is your total weekly amount of freshwater fish consumption based on the previous questions? \_\_\_\_\_\_\_\_\_\_

2.1 Since the start of your pregnancy, have you ever consumed any saltwater fish such as albacore, butterfish, eels, flounder, cod, marlin, mackerel, herring, shark, snapper, tuna, yellowtail, etc.?

(1) No (2) Yes

2.2 How often did you eat saltwater fish? (circle one of the following and write the number of times you eat)

 (1) Never (2) \_\_\_\_ per day (3) \_\_\_\_ per week (4) \_\_\_\_ per month

2.3 How many grams of saltwater fish did you eat each time? \_\_\_\_\_\_\_\_\_\_

2.4 What is your total weekly amount of saltwater fish consumption based on the previous questions? \_\_\_\_\_\_\_\_\_\_

3.1 Since the start of your pregnancy, have you ever consumed any shellfish such as shrimp, crayfish, crab, lobster, clams, scallops, oysters, and mussels, etc.?

(1) No (2) Yes

3.2 How often did you eat shellfish? (circle one of the following and write the number of times you eat)

 (1) Never (2) \_\_\_\_ per day (3) \_\_\_\_ per week (4) \_\_\_\_ per month

3.3 How many grams of shellfish did you eat each time? \_\_\_\_\_\_\_\_\_\_

3.4 What is your total weekly amount of shellfish consumption based on the previous questions? \_\_\_\_\_\_\_\_\_\_