Data supplement

Table DS1   Baseline sample characteristics and diagnostic data for the two study groups

	CAT (*n*=41)	GCC (*n*=37)	Total (*n*=78)
Age, years: mean (s.d.)	16.3 (0.8)	16.6 (1)	16.4 (0.9)
Female, *n* (%)	34 (83)	25 (68)	59 (76)
Socio-economic status, *n* (%)			
Low	25 (61)	18 (49)	43 (55)
Middle	7 (17)	9 (24)	16 (20)
High	9 (22)	10 (27)	19 (24)
Education/employment, *n* (%)			
Secondary student	27 (66)	17 (46)	44 (56)
Tertiary student	2 (5)	2 (5)	4 (5)
Part-time or full-time employment	3 (7)	3 (8)	6 (8)
Unemployed	4 (10)	9 (24)	13 (17)
Secondary school drop-out in past month	5 (12)	5 (14)	10 (13)
Juvenile detention	0 (0)	1 (3)	1 (1)
Lifetime episodes parasuicidal behaviour: median (IQR)	11.0 (3.0–54.0)	6.0 (2.0–27.0)	9.5 (3–39)
Participants with no prior parasuicidal behaviour, *n* (%)	1 (2)	4 (11)	5 (6)
Participants meeting DSM–IV borderline personality disorder criterion 5, *n* (%)	32 (78)	22 (60)	54 (69)
SCID–II borderline personality disorder criteria: mean (range)	4.4 (2–8)	4.5 (2–8)	4.4 (2–8)
SCID–II borderline personality disorder dimensional score: mean (s.d.)	19.3 (3.1)	19.1 (3.7)	19.2 (3.4)
Number of current Axis I diagnoses: mean (s.d.)	3.0 (1.7)	2.9 (1.4)	2.9 (1.6)
Number of current Axis II diagnoses:[a] mean (s.d.)	1.5 (0.9)	1.5 (0.9)	1.8 (1.0)
Current Axis I diagnoses, *n* (%)			
Any mood disorder	28 (68)	21 (57)	49 (63)
Any anxiety disorder	15 (37)	16 (43)	31 (40)
Any disruptive behaviour disorder	9 (22)	11 (30)	20 (26)
Any substance use disorder (excluding nicotine)	17 (41)	9 (24)	29 (37)
Any eating disorder	2 (5)	1 (3)	3 (4)
No full syndrome Axis I diagnosis	3 (7)	3 (8)	6 (8)
Current Axis II diagnoses, *n* (%)			
Borderline	16 (39)	16 (43)	32 (41)
Antisocial	4 (10)	10 (27)	14 (18)
Histrionic	1 (2)	0 (0)	1 (1)
Paranoid	2 (5)	1 (3)	3 (4)
Avoidant	1 (2)	3 (8)	4 (5)
Obsessive–compulsive personality disorder	0 (0)	0 (0)	0 (0)
Depressive	6 (15)	6 (16)	12 (15)
Passive–aggressive	9 (22)	6 (16)	15 (19)
Personality disorder not otherwise specified	15 (37)	8 (22)	23 (29)
No full syndrome personality disorder diagnosis	1 (2)	4 (11)	5 (6)

CAT, cognitive analytic therapy; GCC, good clinical care; IQR, interquartile range; PDNOS, personality disorder not otherwise specified; SCID–II, Structured Clinical Interview for DSM Axis II Disorders.
a. Including borderline personality disorder.