

**Table DS1** The distribution of personality disorders among participants

Personality disorder	Total (N=240)		Antidepressants (N=120)		Cognitive therapy (N=60)		Placebo (N=60)		$\chi^2$	P
	n	%	n	%	n	%	n	%		
Cluster C	74	30.8	37	30.8	17	28.3	20	33.3	0.35	0.84
Avoidant	45	18.8	24	20.0	9	15.0	12	20.0	0.74	0.69
Dependent	7	2.9	3	2.5	2	3.3	2	3.3	0.15	0.93
Obsessive–compulsive	38	15.8	17	14.2	10	16.7	11	18.3	0.56	0.75
Cluster A	8	3.3	3	2.5	3	5.0	2	3.3	0.78	0.68
Paranoid	8	3.3	3	2.5	3	5.0	2	3.3	0.78	0.68
Schizoid	0	0.0	0	0.0	0	0.0	0	0.0	–	–
Cluster B	8	3.3	4	3.3	1	1.7	3	5.0	1.03	0.60
Histrionic	2	0.8	1	0.8	0	0.0	1	1.7	1.01	0.60
Narcissistic	7	2.9	3	2.5	1	1.7	3	5.0	1.32	0.52
Not otherwise specified	35	14.6	16	13.3	9	15.0	10	16.7	0.37	0.83
Any Axis II	116	48.3	59	49.2	27	45.0	30	50.0	0.37	0.83

**Table DS2** Differences between people with and without personality disorder on potentially confounding variables

Potential confound	Without personality disorder	With personality disorder	$t/\chi^2$
History of illness			
Onset age, years: mean (s.d.)	25.0 (12.8)	19.2 (10.8)	3.3**
Any previous mental health treatment, mean (s.d.)	1.2 (1.6)	1.9 (1.8)	–2.9**
Previous hospitalisations, mean (s.d.)	0.1 (0.3)	0.3 (0.8)	–2.5*
Duration of illness, months: mean (s.d.)	34.1 (45.1)	59.0 (88.6)	–2.4*
Dysthymia, n (%)	18 (19.2)	30 (34.9)	5.7*
Prior episodes, mean (s.d.)	2.1 (2.7)	2.9 (2.8)	–2.0†
Chronic major depressive disorder, n (%)	43 (45.7)	49 (57.0)	ns
Recurrent major depressive disorder, n (%)	65 (69.2)	66 (76.7)	ns
Depression subtype			
Met DSM–IV specifiers for atypical features, n (%)	16 (17.0)	26 (30.2)	4.9*
Met DSM–IV specifiers for melancholia, n (%)	25 (26.6)	31 (36.1)	ns
Axis I comorbidities			
Any anxiety disorder, n (%)	42 (44.7)	51 (59.3)	3.8*
Any other Axis I disorder, n (%)	1 (1.1)	7 (8.1)	Fisher's exact test*
Any substance use disorder, n (%)	27 (28.7)	27 (31.4)	ns
Any eating disorder, n (%)	16 (17.0)	14 (16.3)	ns
Demographics			
Married, n (%)	36 (38.3)	25 (29.1)	ns
Female, n (%)	59 (62.8)	46 (53.5)	ns
Employed, n (%)	77 (81.9)	73 (84.9)	ns
White, n (%)	76 (80.9)	73 (84.9)	ns
Age, years: mean (s.d.)	40.1 (12.3)	39.7 (10.7)	ns
Education, years: mean (s.d.)	14.5 (2.5)	14.7 (2.3)	ns
Income, in thousands USD: mean (s.d.)	32.1 (31.4)	35.2 (35.7)	ns
Medication			
Dosage, mg: mean (s.d.)	34.4 (8.8)	34.1 (8.6)	ns
Augmentation, n (%)	25 (52.1)	22 (42.3)	ns

\* $P < 0.05$ , \*\* $P < 0.01$ , † $P < 0.10$ .