

Table DS1 Demographic background of participating parents and characteristics of adolescent self-harm

Parent pseudonym	Ethnicity	Number of children	Marital Status	Occupation	Age of child (years)	Child's gender	Type of self-harm	Approximate duration since parent first aware of self-harm (months)	Referral route to CAMHS	Approximate duration since CAMHS referral (months)	CAMHS support parent chose to receive
Mrs B	White	3	Married	Charity worker	15	Female	Cutting	24	School	0.75	None
Mrs C	White	1	Single parent	Council worker	15	Female	Cutting/overdose	12	GP	5	None
Mrs E	White	2 ^a	Married	Secretary	14	Female	Cutting	6	A&E	5	Individual
Mrs F	White	2	Married	Office manager	15	Female	Cutting/overdose	4	School	2	Individual
Mrs H	Black African	2	Married	Teacher	14	Female	Cutting/overdose	7	School	1	None
Mr J	White	1	Cohabiting	Civil servant	15	Female	Cutting/overdose	6	GP	3	Individual
Mrs K	White	2	Single parent	Cashier	17	Female	Cutting/overdose	24	A&E	26	Not offered
Mrs L	White	5	Married	Child carer	15	Female	Cutting/punching/ burning	12	GP	0.5	None
Mrs M	White	2	Single parent	Voluntary worker	15	Female	Cutting/overdose	5	School	5	None
Mrs P	White	3	Married	Unemployed	15	Female	Cutting	8	School	4	None
Mrs S	British Indian	4	Married	Student	13	Female	Cutting/overdose	2.5	School	2.5	Group
Mr T	Black African	5	Married	Council worker	15	Female	Cutting/punching	36	GP	1	None

A&E, accident and emergency department; CAMHS, child and adolescent mental health service; GP, general practitioner.
a. Grandchildren

Table DS2 Demographic background of parents who refused participation and characteristics of adolescent self-harm

Parent pseudonym	Ethnicity	Marital status	Reason for refusal	Age of child (years)	Child's gender	Type of self-harm	Referral route to CAMHS	Approximate duration since CAMHS referral (months)	CAMHS support parent chose to receive
Refused 1	British Asian	Married	Disagreed with child seeking help	16	Female	Hitting	GP	5	None
Refused 2	White	Single parent	Too soon to talk about self-harm	17	Female	Cutting	GP	6	None
Refused 3	White	Married	Too soon to talk about self-harm	15	Female	Cutting/overdose	GP	1	None
Refused 4	White	Married	Too soon to talk about self-harm	17	Male	Cutting	GP	5	Individual
Refused 5	White	Married	Wanted to move on, not revisit self-harm	13	Female	Cutting	A&E	21	Parent group
Refused 6	White	Married	Wanted to move on, not revisit self-harm	14	Female	Cutting/overdose	Social worker	27	Parent group
Refused 7	White	Single parent	Did not respond to invitation	15	Female	Cutting	GP	23	Parent group
Refused 8	White	Married	Did not respond to invitation	13	Female	Cutting	GP	9	Parent group
Refused 9	White	Single parent	Did not respond to invitation	15	Female	Cutting	GP	13	Parent group

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