

Data supplement

Table DS1 Sample socio-demographic and clinical characteristics at baseline, 6 months and 12 months			
Variable	Baseline	6 months	12 months
Age, years: ^a mean (s.d.)	22.35 (3.49)		
Duration of illness, months: ^a mean (s.d.)	29.29 (21.85)		
Marital status, <i>n</i> (%)			
Single	48 (98)		
Married	1 (2)		
Occupation, <i>n</i> (%)			
Student	23 (47)		
Employed	18 (37)		
Unemployed	8 (16)		
Education, <i>n</i> (%)			
Primary school	19 (39)		
Secondary school	27 (55)		
Degree	3 (6)		
Instrument, ^a mean (95% CI)			
ERlraos	18.24 (15.69–20.79)	11.19 (8.99–13.40)	9.36 (7.33–11.38)
BPRS	43.76 (40.36–47.16)	36.05 (33.30–38.81)	30.26 (28.73–31.80)
Honos	12.43 (11.23–13.63)	8.93 (7.42–10.43)	6.48 (4.88–8.07)
GAF (s.d.)	51.57 (48.71–54.43)	59.26 (56.04–62.49)	64.74 (61.70–67.78)

a. *n*=49.
BPRS, Brief Psychiatric Rating Scale; ERlraos, Early Recognition Inventory; GAF, Global Assessment of Functioning; HoNOS, Health of the Nation Outcome Scores.

Table DS2 Predictors of changes in Global Assessment of Functioning ^a					
	Unstandardised coefficients		Standardised coefficient, β	<i>t</i>	<i>P</i>
	β	s.e.			
Constant	16.356	8.632			
Being a graduate	14.479	5.417	0.367	2.673	0.012
Duration of 'at risk' symptoms	-0.151	0.053	-0.375	-2.857	0.008
Gender	4.874	2.523	0.271	1.932	0.063
Brief Psychiatric Rating Scale ^b	-0.076	0.107	-0.093	-0.705	0.486
Age	-0.381	0.370	-0.144	-1.032	0.310
Being employed	7.255	3.182	0.300	2.280	0.030

a. Dependent variable: Global Assessment of Functioning scores at 12-month follow-up. $F=5.275$, $d.f.=6$, $P=0.001$.
b. Score after 12 months – score at baseline.