

Appendix DS1

INTERVIEW PROTOCOL [Luhmann, Padmavati, Tharoor, Osei 2014]
[does not include the Psychosis SCID]

Rate/Frequency/Senses:

How many voices do you hear; how often do you hear them
(many times an hour/ many times a day/once a day/once a week/less often)?

Do you ever heard other things? Bangs, scratches, bells? How often?
(many times an hour/ many times a day/once a day/once a week/less often)?

Do you ever see things that other people can't? how often?
(many times an hour/ many times a day/once a day/once a week/less often)?

Do you ever smell things that other people can't? how often?
(many times an hour/ many times a day/once a day/once a week/less often)?

Do you ever taste things that other people can't? how often?
(many times an hour/ many times a day/once a day/once a week/less often)?

Do you ever feel things that other people can't? how often?
(many times an hour/ many times a day/once a day/once a week/less often)?

Form/relationship:

Do you hear them in your head, or through your ears?

Are there voices that you hear in your head, not from outside? How do you know they are not thoughts?

What do the voices typically say? Example?

Do you know the people? What is your relationship with the voices?

Can you talk with them? Do they respond to you?

Control:

Do you listen to what they say?

How much do you pay attention?

How much control do you feel that you have over them?

Do they ever tell you what do to?

Does it bother you when they tell you what to do?

Do you do what they tell you?

More about form and content:

Do you know the speakers?

Who are the speakers: how old; what gender?

Do they have any relationship to you? (friend/enemy/alien, etc)

Do the voices speak in only certain situations? When?

Do the voices keep you awake at night?

Are they present all the time, whether they are speaking or not?

How do you know?

Do they speak in the first or the third person?

Is there only one voice at a time, or more than one voice, or many?

Do the voices ever talk to each other? How often?

Do they ever try to talk to people in the world through you?

Do you talk to your parents about the voices? To your friends? Who knows that you hear voices? What do they say?

Distressing:

Do you find them distressing?

What do you find distressing about hearing the voices?

Do they these voices refer to matters like masturbation or sex?

Do you do anything to cope with them?

[eg: deliberately ignore; distract yourself; speak; sing; read aloud]

Do you ever talk to them and tell them to stop?

Do you ever make deals with them?

Do any of these methods work?

Is it hard to pay attention to other things when the voice is speaking?

Is there anything that triggers them?

Positive things:

Are there voices that you like ? Does the voice like you?

Are the voices ever helpful?

Are there voices that are connected with prayer?

Does it ever cross your mind that the voices might be from God?

Do you ever talk to your pastor/priest/guru about hearing voices?

When you pray to God, does God ever talk back? What kind of things does God say?

Realness:

What is the difference between you and the voices: are the voices part of you? If not how are they different? Do they know or want the same things as you?

If your mother is in the room with you, do you think that she can hear the voices?

Would you say that the voices are real or unreal? When you hear the voices, does it cross your mind that they are not real? Do they ever feel like make believe?

Cause:

What causes these voices?

[biomedical /social tension / childhood trauma / spirits / masturbation/sex / other]

What do you think caused your illness?

[biomedical /social tension / childhood trauma / spirits / masturbation/sex / other]