

Data supplement

Table DS1 Result of logistic regression models for predictors of antidepressant use in Eurobarometer 2010.

	General population (N = 26,800) Any use of antidepressants in past 12 months (n = 1995)		Antidepressant users (N = 1995) Taking regularly (regular users n = 1154)	
	Unadjusted OR (95% CI)	Adjusted OR (95% CI)	Unadjusted OR (95% CI)	Adjusted OR (95% CI)
<i>Individual level variables</i>				
MHI-5 (ref = 5–10)				
11–17	5.19 (4.50–5.99)***	4.77 (4.11–5.52)***	0.78 (0.59–1.04)	1.14 (0.83–1.57)
18+	26.31 (22.15–31.25)***	19.43 (16.11–23.43)***	1.31 (0.95–1.82)	2.51 (1.72–3.66)***
Uncomfortable talking to someone with a mental health problem	1.16 (1.05–1.28)***	0.98 (0.88–1.09)	0.57 (0.47–0.69)***	0.71 (0.58–0.88)***
Male gender	0.49 (0.44–0.55)***	0.62 (0.55–0.69)***	1.00 (0.82–1.22)	0.93 (0.75–1.16)
Age (ref = 15–39)				
40–54	2.00 (1.75–2.28)***	1.69 (1.47–1.94)***	0.84 (0.65–1.09)	0.74 (0.56–0.99)*
55+	2.22 (1.97–2.50)***	1.45 (1.24–1.71)***	0.59 (0.47–0.75)***	0.58 (0.42–0.78)***
Labour status (ref = employed)				
Economically inactive	2.60 (2.34–2.88)***	1.76 (1.51–2.04)***	0.80 (0.66–0.98)*	1.10 (0.85–1.43)
Unemployed	2.44 (2.08–2.86)***	1.53 (1.28–1.83)***	0.97 (0.71–1.32)	0.92 (0.65–1.30)
Perceived SES (ref = low)				
Mid	0.48 (0.43–0.54)***	0.75 (0.66–0.85)***	1.10 (0.90–1.35)	0.88 (0.70–1.11)
High	0.35 (0.30–0.40)***	0.71 (0.60–0.84)***	1.29 (0.99–1.68)	0.85 (0.62–1.16)
Difficulty paying bills	2.19 (1.99–2.41)***	1.44 (1.28–1.62)***	0.72 (0.60–0.87)***	0.84 (0.67–1.05)
<i>Country level variables</i>				
Health spend per capita, US\$ (ref = < 1000)				
1000–2999	1.12 (0.98–1.27)	1.58 (1.35–1.87)***	1.40 (1.09–1.81)*	1.48 (1.06–2.06)*
3000–4499	1.11 (0.98–1.26)	1.77 (1.47–2.13)***	3.15 (2.44–4.07)***	2.34 (1.62–3.37)***
4500+	0.88 (0.76–1.01)	1.79 (1.45–2.20)***	4.05 (3.00–5.47)***	4.75 (3.01–7.48)***
Stigmatising attitudes: z-score of % agreeing that mentally ill people				
'Are unpredictable'	1.06 (1.02–1.11)*	1.06 (0.97–1.15)	0.81 (0.73–0.89)***	1.27 (1.06–1.53)*
'Are dangerous'	1.06 (1.01–1.11)*	1.27 (1.16–1.38)***	0.75 (0.69–0.82)***	1.15 (0.96–1.38)
'Never recover'	0.94 (0.89–0.99)*	0.87 (0.79–0.95)***	0.49 (0.44–0.56)***	0.56 (0.46–0.69)***
'Have selves to blame'	0.94 (0.90–1.00)*	0.79 (0.71–0.87)***	0.55 (0.49–0.61)***	0.81 (0.66–1.01)

***P < 0.001, **P < 0.01, *P < 0.05