

## Data supplement

Table DS1 Characteristics of participants at baseline						
Characteristics	Transference-focused psychotherapy (n = 52)	Treatment by community psychotherapists (n = 52)	Analysis			
			t	$\chi^2$	d.f.	P
Age, years: mean (s.d.)	27.46 (6.8)	27.19 (7.5)	0.192		102	0.85
Education, n (%)				4.067	5	0.54
No compulsory school	8 (15.4)	8 (15.4)				
Compulsory school	5 (9.6)	8 (15.4)				
Apprenticeship/vocational school	11 (21.1)	17 (32.7)				
A-level	26 (50.0)	19 (36.5)				
Academic	5 (9.6)	5 (9.6)				
Still in school	3 (5.8)	1 (1.9)				
Employment, n (%)				1.188	5	0.95
In occupational training	18 (34.6)	17 (32.7)				
Unemployed	10 (19.2)	11 (21.2)				
Part time	6 (11.5)	7 (13.5)				
Full time	14 (26.9)	15 (28.8)				
Retired (because of disorder)	3 (5.8)	4 (7.7)				
Other	1 (1.9)	1 (1.9)				
Marital status, n (%)				0.444	3	0.93
Single	26 (50.0)	23 (44.2)				
Unmarried with partner	16 (30.8)	18 (34.6)				
Married	7 (13.5)	7 (13.5)				
Divorced	3 (5.8)	4 (7.7)				
GAF score, mean (s.d.)	52.2 (6.7)	54.3 (6.6)	− 1.614		102	0.11
Number of Axis I diagnoses, mean (s.d.)	1.6 (1.1)	1.5 (1.0)	0.184		102	0.85
Number of Axis II diagnoses (borderline personality disorder included), mean (s.d.)	2.5 (1.2)	2.2 (1.1)	1.264		102	0.21
Any self-harming behaviour during the previous 2 years, n (%)	37 (72.5)	37 (72.5)		0.000	1	1.0
Any suicide attempts during the previous 2 years, n (%)	18 (35.3)	12 (23.5)		1.700	1	0.19
Psychotropic medication use at baseline, n (%)	32 (61.5)	25 (48.1)		1.902	1	0.17
Antidepressants	25 (48.1)	22 (42.3)		0.349	1	0.55
Mood stabilisers	4 (7.7)	4 (7.7)		0.000	1	1.0
Antipsychotics	12 (23.1)	6 (11.5)		2.419	1	0.12
Sedatives	6 (11.5)	5 (9.6)		0.102	1	0.75
Amphetamines	1 (1.9)	0 (0.0)		1.010	1	0.32

GAF, Global Assessment of Functioning.

**Table DS2** Outcome measures (last observation carried forward analyses)

Measure	Transference-focused psychotherapy (n = 52)					Treatment by community psychotherapists (n = 52)					Group comparison				
	Analysis					Analysis					Analysis				
	t	χ <sup>2</sup>	d.f.	P	Effect size, d	t	χ <sup>2</sup>	d.f.	P	Effect size, d	F	U	Z	d.f.	P
Global Assessment of Functioning score, mean (s.d.)															
Baseline	52.23 (6.67)					54.33 (6.57)									
1 year	58.62 (8.04)					56.06 (6.87)									
Number of DSM-IV diagnostic criteria for borderline personality disorder															
Baseline	6.73 (1.25)					6.58 (1.26)									
1 year	4.79 (1.54)					5.63 (1.47)									
Level of personality organisation (Structured Interview for Personality Organization)															
Baseline	5.00 (0.56)					4.77 (0.58)									
1 year	4.46 (0.67)					4.62 (0.53)									
Any suicide attempts 1 year before and 1 year after beginning of psychotherapy, n (%)															
Baseline	18 (35.3) <sup>c</sup>					12 (23.1)									
1 year	7 (13.7)					11 (21.2)									
Any self-harming behaviour 1 year before and 1 year after beginning of psychotherapy, n (%)															
Baseline	37 (71.2)					36 (69.2)									
1 year	38 (73.1)					35 (67.3)									
Number of suicide attempts 1 year before and one year after beginning of psychotherapy, mean (s.d.)															
Baseline	0.43 (0.81) <sup>c</sup>					0.27 (0.53)									
1 year	0.31 (1.14)					0.40 (1.03)									
Number of self-harming acts 1 year before and 1 year after beginning of psychotherapy, mean (s.d.)															
Baseline	29.33 (59.83)					34.50 (85.15)									
1 year	16.94 (30.64)					22.00 (52.97)									
Number of psychiatric in-patient admissions 1 year before and 1 year after beginning of psychotherapy, mean (s.d.)															
Baseline	0.69 (0.70)					0.57 (0.81) <sup>c</sup>									
1 year	0.33 (0.59)					0.82 (1.35)									
Number of days in psychiatric in-patient treatment 1 year before and 1 year after beginning of psychotherapy, mean (s.d.)															
Baseline	32.12 (43.69)					22.82 (41.72) <sup>c</sup>									
1 year	11.73 (25.43)					18.92 (37.05)									
Depression (Beck Depression Inventory, grand total), mean (s.d.)															
Baseline	25.82 (11.41) <sup>c</sup>					24.31 (10.18) <sup>c</sup>									
1 year	21.67 (13.25)					20.02 (13.22)									
State anxiety (State-Trait Anxiety Inventory-X1), mean (s.d.)															
Baseline	56.12 (12.39)					54.69 (10.76) <sup>c</sup>									
1 year	52.77 (12.68)					50.47 (12.75)									
Trait anxiety (State-Trait Anxiety Inventory-X2), mean (s.d.)															
Baseline	60.52 (8.99)					59.71 (9.64) <sup>c</sup>									
1 year	55.92 (11.39)					55.49 (12.89)									
General psychopathology (Brief Symptom Inventory, Global Severity Index), mean (s.d.)															
Baseline	1.52 (0.71)					1.41 (0.64) <sup>c</sup>									
1 year	1.33 (0.80)					1.27 (0.76)									

a. McNemar's chi-squared continuity-corrected.  
 b. Significant after Bonferroni adjustment for the primary outcome variables.  
 c. One participant's data missing at baseline.