

## Data supplement

Table DS1 Mean ratings of the transition group and the non-transition group at baseline <sup>a</sup>				
Disabilities domains	Transition group (n = 37)	Non-transition group (n = 202)	Statistics, z	P
1. Understanding and communication	2.11	2.02	-0.82	0.41
Concentrating on doing something	2.54	2.02	-1.76	0.08
Remembering to do important things	2.08	2.12	-0.11	0.92
Analysing and finding solutions for problems	2.22	2.23	-0.24	0.81
Learning a new task	1.70	1.78	-0.09	0.93
Generally understanding	1.78	1.69	-1.16	0.25
Starting/ maintaining a conversation	2.35	2.16	-0.67	0.51
2. Getting around	1.58	1.39	-1.56	0.12
Standing for long periods	1.86	1.64	-1.12	0.27
Standing up from sitting down	1.41	1.23	-0.88	0.38
Moving around inside your home	1.24	1.10	-1.50	0.13
Getting out of your home	1.86	1.58	-1.39	0.16
Walking a long distance	1.54	1.37	-0.85	0.40
3. Self-care	1.51	1.46	-0.29	0.77
Washing your whole body	1.19	1.21	-0.78	0.43
Eating	1.57	1.49	-0.86	0.39
Staying by yourself for a few days	1.78	1.68	-0.72	0.47
4. Getting along with people	<b>2.49</b>	<b>1.97</b>	<b>-3.03</b>	<b>0.002</b>
Dealing with people you do not know	<b>2.62</b>	<b>2.06</b>	<b>-2.28</b>	<b>0.02</b>
Maintaining a friendship	<b>2.73</b>	<b>1.96</b>	<b>-3.00</b>	<b>0.003</b>
Getting along with people who are close to you	2.14	1.94	-0.91	0.37
Making new friends	<b>3.14</b>	<b>2.21</b>	<b>-3.40</b>	<b>0.001</b>
Sexual activities	1.81	1.70	-0.48	0.63
5. Life activities <sup>b</sup>	1.91	1.90	-0.25	0.80
Taking care of your household responsibilities	2.08	1.97	-0.68	0.50
Doing your most important household tasks well	1.68	1.78	-0.53	0.59
Getting all the housework done that you needed to do	2.00	1.90	-0.60	0.55
Getting your household work done as quickly as needed	1.86	1.94	-0.37	0.72
6. Participation in society	2.71	2.31	-1.53	0.13
Joining in community activities	<b>2.54</b>	<b>2.14</b>	<b>-1.97</b>	<b>&lt;0.05</b>
Living in dignity because of attitudes/actions of others	2.89	1.57	-1.12	0.27
Amount of time spent on health conditions, or its consequences	2.76	2.59	-0.74	0.46
Emotionally affected by your health condition	3.03	3.18	-0.89	0.37
Drain on the financial resources of you/your family	2.43	1.85	-1.84	0.07
Problems of your family because of your health problems	2.62	2.39	-0.87	0.39
Doing things by yourself for relaxation or pleasure	2.70	2.49	-0.78	0.44

Results in bold are statistically significant.  
a. Transition group: clinically at high risk with a transition within 3-year follow-up; non-transition group: clinically at high risk without a transition. Range: range: 1–5 where 1 is no disability and 5 severe disability/cannot do.  
b. In domain 5 we did not consider work activities.