

Online supplement

Appendix DS1

Exclusion criteria

- (a) Attenuated or brief limited intermittent psychotic symptoms
- (b) Present or past diagnosis of a schizophrenic, schizophreniform, schizoaffective, delusional or bipolar disorder according to DSM-IV
- (c) Present or past diagnosis of a brief psychotic disorder according to DSM-IV with a duration of more than 1 week or within the past 4 weeks regardless of its duration
- (d) Diagnosis of delirium, dementia, amnesic or other cognitive disorder, mental retardation, psychiatric disorders due to a somatic factor or related to the consumption of psychotropic substances according to DSM-IV
- (e) Alcohol or drug dependence within the past 3 months according to DSM-IV
- (f) Organic brain disease (inflammatory, traumatic, epilepsy, etc.)
- (g) Previous treatment with antipsychotics
- (h) Acute suicidality
- (i) Aged below 17 and above 35 years.

Exit criteria

Subthreshold psychotic symptoms

- (a) Attenuated psychotic symptoms: one or more of the following symptoms appearing several times a week for a period of at least 1 week
and/or
- (b) brief limited intermittent psychotic symptoms: one or more of the following psychotic symptoms for less than 1 week resolving spontaneously
and/or
- (c) psychosis: one or more of the following psychotic symptoms for more than 1 week.

Table DS1 Details of participants classified as converting to subthreshold psychosis						
Participant	Age, years	Gender	Entry route	Allocation	Time to conversion, months	Probable DSM-IV psychosis diagnosis ^a
1	19	Male	BS	SC	5	Schizophrenia/schizophreniform
2	18	Female	BS	SC	2	Schizophrenia/schizophreniform
3	35	Male	BS+DF/R	IPT	7	None
4	19	Male	BS+DF/R	SC	11	Schizophrenia/schizophreniform
5	19	Male	BS+DF/R	SC	11	Schizophrenia/schizophreniform
6	18	Male	BS	SC	2	Schizophrenia/schizophreniform
7	24	Male	BS	SC	3	None
8	22	Male	BS	SC	3	Psychosis
9	18	Male	BS	SC	3	Schizophrenia/schizophreniform
10	18	Female	BS+DF/R	SC	9	None
11	35	Female	BS	SC	1	Schizophrenia/schizophreniform
12	18	Male	BS	IPT	11	None
13	20	Male	BS	SC	8	Schizophrenia/schizophreniform
14	23	Male	BS	SC	13	None
15	31	Female	BS	SC	16	Psychosis
16	22	Male	BS+DF/R	IPT	18	None
17	18	Male	BS+DF/R	IPT	22	Schizophrenia/schizophreniform

BS, basic symptoms (for definitions see Appendix 1); DF/R, decrease in functioning and risk factors (for definitions see Appendix 1); SC, supportive counselling; IPT, integrated psychological therapy.

a. None: subthreshold psychotic symptoms (attenuated psychotic symptoms, brief limited psychotic symptoms; see Appendix 1 for definitions); psychosis: DSM-IV psychotic diagnosis (schizophrenia/schizophreniform, schizoaffective disorder, major depression with psychotic features, bipolar disorder with psychotic features, delusional disorder, brief psychotic disorder, brief psychotic disorder not otherwise specified); schizophrenia/schizophreniform: probable DSM-IV schizophrenia/schizophreniform disorder diagnosis.