

Data supplement

Method – sources of vignettes and questionnaire scales

The schizphrenia vignette was based on Angermeyer et~al, and Jorm et~al, the bipolar disorder vignette was based on Wolkenstein & Meyer. 17

Seventeen items on causal beliefs were drawn from several studies ^{18–22} and submitted to an exploratory factor analysis that led to three factors: psychosocial, fate and biomedical. Furnham & Wardley²³ supplied items of prognosis. Emotional reactions were measured using the Emotional Reaction to Mental Illness Scale. ^{24–26} Stereotypes of perceived dangerousness and dependency were measured using the Personal Attributes Scale. ²⁴ A third stereotype of 'intelligence/creativity' was measured using three items from Angermeyer & Matschinger. ²⁷ Desire for social distance was measured with five items from Scior & Furnham ²² and Link *et al.* ²⁸

Additional references

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- 17 Wolkenstein L, Meyer TD. Attitudes of young people towards depression and mania. *Psychol Psychother* 2008; 81: 15–31.
- 18 Angermeyer MC, Matschinger H. Public beliefs about schizophrenia and depression: similarities and differences. Soc Psychiatry Psychiatr Epidemiol 2003: 38: 526–34.
- 19 Furnham A, Anthony E. Lay theories of bipolar disorder: the causes, manifestations and cures for perceived bipolar disorder. Int J Soc Psychiatry 2010; 56: 255–69.
- 20 Jorm AF. Mental health literacy. Br J Psychiatry 2000; 177: 396-401.
- 21 Nieuwsma JA, Pepper CM. How etiological explanations for depression impact perceptions of stigma, treatment effectiveness, and controllability of depression. J Ment Health 2010; 19: 52–61.
- 22 Scior K, Furnham A. The Intellectual Disability Literacy Scale (IDLS): a new measure to assess knowledge, beliefs and attitudes to intellectual disability and schizophrenia. Res Dev Disabil 2011; 32: 1530–41.
- 23 Furnham A, Wardley Z. Lay theories of psychotherapy II: the efficacy of different therapies and prognosis for different problems. *Hum Relat* 1991; 44: 1197–211.

	%
Gender	
Male	29.3
Female	70.7
Ethnicity	
White British	75.8
White Other	13.4
Black African/Black Caribbean	2.7
Asian	5.1
Other	2.9
Religion	
Religious	45.1
Non-religious/atheist/agnostic	54.9
Education	
Degree	75.2
No degree	24.8
Occupation	
Student ^a	30.0
Not student	70.0
Contact with bipolar disorder	
Yes	43.6
No	56.4
Contact with schizophrenia	
Yes	28.0
No	72.0

- 24 Angermeyer MC, Buyantugs L, Kenzine DV, Matschinger H. Effects of labelling on public attitudes towards people with schizophrenia: are there cultural differences? Acta Psychiatr Scand 2004; 109: 420-5.
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- 26 Angermeyer MC, Matschinger H. The stigma of mental illness: effects of labelling on public attitudes towards people with mental disorder. Acta Psychiatr Scand 2003; 108: 304–9.
- 27 Angermeyer MC, Matschinger H. The stereotype of schizophrenia and its impact on discrimination against people with schizophrenia: results from a representative survey in Germany. Schizophr Bull 2004; 30: 1049–61.
- 28 Link BG, Phelan JC, Bresnahan M, Stueve A, Pescosolido BA. Public conceptions of mental illness: labels, causes, dangerousness and social distance. Am J Public Health 1999; 89: 1328–33.

	Biolar disorder					Schizophrenia					
_	Bipolar disorder		Manic depression			Schizophrenia		Integration disorder			
_	Mean	s.d.	Mean	s.d.	P	Mean	s.d.	Mean	s.d.	Р	
Causal beliefs											
Psychosocial	4.22	1.31	4.43	1.28	0.003**	4.11	1.32	4.29	1.22	0.009**	
Biomedical	5.25	1.18	5.01	1.29	< 0.001***	5.39	1.18	5.24	1.17	0.057	
Fate	1.54	0.75	1.65	0.84	0.03*	1.53	0.75	1.60	0.82	3.03	
Prognosis											
Without treatment	2.19	1.13	2.23	1.15	0.94	1.64	0.88	1.68	0.90	0.64	
Under optimal treatment	5.83	1.04	5.81	1.06	1.06	5.56	1.07	5.56	1.10	1.92	
Emotional reactions											
Fear	2.29	1.17	2.46	1.26	0.03*	3.31	1.44	3.29	1.45	2.19	
Compassion	5.03	1.23	5.00	1.22	2.04	5.58	1.03	5.53	1.04	0.90	
Anger	2.20	1.22	2.19	1.21	2.52	1.88	0.97	1.91	0.99	2.53	
Stereotypes											
Dangerousness	3.55	1.06	3.51	1.09	1.11	4.16	1.24	3.98	1.24	0.006**	
Dependency	3.40	1.26	3.52	1.25	4.87	3.73	1.31	3.66	1.28	2.14	
Intelligence/creativity	4.01	1.34	3.98	1.31	2.37	3.73	1.25	3.61	1.24	0.14	
Social distance	3.46	1.36	3.68	1.40	0.002**	4.43	1.44	4.61	1.43	0.02*	