**Participants**. Note that these participants were a subset of the total number of participants who completed an actigraphy study within a larger study (*N* = 197).9 Data from 10 people were excluded from the actigraphy study due to inconsistent wear of the sensors. Participants were recruited from a convenience sample of persons waiting in the clinic queue, and they were given a brief description of the study and invited to move to the study room to be given additional information before they decided whether to participate. Two interpreters fluent in both English and local African languages were utilized to fully inform and consent participants.

**Actigraphs**. The actigraphs were from the model Actical Step, Mini-Mitter, Respironics, Murrysville, PA, USA. These actigraphs were fit on a belt and worn on each participant’s right hip.