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# Supplementary Appendix 1: Read Code Lists



**Supplementary Appendix 1: Read Code Lists (cont'd)**



# Supplementary Appendix 2: Prescription Classifications



# Supplementary Appendix 3a: Anxiety recording in primary care (diagnosis or symptoms): Female



# Supplementary Appendix 3b: Anxiety recording in primary care (diagnosis or symptoms, cont'd): Male



# Supplementary Appendix 4a: Anxiety, Depression or Mixed recording in primary care (diagnosis or symptoms): Female



# Supplementary Appendix 4b: Anxiety, Depression or Mixed recording in primary care (diagnosis or symptoms, cont'd): Male



# Supplementary Appendix 5: Comparison of trends in anxiety based on symptom codes and diagnosis codes



Panel A – Generalised anxiety identified by symptoms (e.g. “Anxiousness”, “Tension – nervous”). Panel B – Generalised anxiety identified by diagnoses (e.g. “Anxiety State”, “Chronic Anxiety”).