**eTable 2: Median length of treatment periods (in days)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Number of treatment periods | Individuals | Number of treatment periods per individual | Mean length | Median (IQR) |
|  |  |  |  |  |  |
| Any treatment | 364,135 | 25,576 | 14.2 | 165.0 | 38 (21 - 100) |
| Lithium | 170,695 | 13,840 | 12.3 | 238.4 | 51 (38 - 130) |
| Valproate | 58,973 | 5,911 | 10.0 | 213.6 | 43 (27 - 100) |
| Other mood stabilisers | 148,787 | 12,747 | 11.7 | 174.0 | 38 (14 - 92) |
| Antipsychotics | 232,072 | 18,881 | 12.3 | 149.22 | 38 (11 - 84) |