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| **Supplementary Table 1.*****Factors Associated with Importance of Maintaining a Healthy Lifestyle (n=6138) – Complete Case Analysis*** |
| **Variable** | **Odds Ratio (95% CI)** | **p** |
| Gender |  |  |
| Male | 1 |  |
| Female | 1.46 (1.25-1.69) | <0.001\* |
| Age | 1.00 (1.00-1.01) | 0.163 |
| Ethnicity |  |  |
| White | 1 |  |
| Non-White | 1.29 (1.02-1.66) | 0.035 |
| Employment |  |  |
| In Paid Employment | 1 |  |
| Not In Paid Employment | 0.69 (0.55-0.85) | <0.001\* |
| Index of Multiple Deprivation | 1.07 (1.04-1.10) | <0.001\* |
| Body Mass Index |  |  |
| Healthy Weight | 1 |  |
| Underweight | 0.68 (0.43-1.12) | 0.119 |
| Overweight | 1.03 (0.85-1.24) | 0.789 |
| Obese | 0.96 (0.80-1.15) | 0.649 |
| General Health Rating |  |  |
| Excellent/Good | 1 |  |
| Moderate | 0.68 (0.57-0.82) | <0.001\* |
| Poor/Very Poor | 0.45 (0.37-0.55) | <0.001\* |
| \*Statistically significant when tested against a Bonferroni-adjusted alpha value of 0.0125. |