



Fig. App. B6. The Late Iron Age sites Uitgeest Benes and nearby Castricum Grote Ven in the Castricum Polder; the former tidal area of the Oer-IJ estuary. Location (UB) is shown in Fig. App. B and B6a.

B6a. Location map of the Late Iron Age sites in former Oer-IJ intertidal area. (legend see Fig. App. A); SV: Location Schulpvaart; GV: Location Grote Ven; UB: Location Uitgeest-Benes.

B6b. View in southern the direction. In the back the former main channel of the Dye and the village of Heemskerk.

B6c. Sandy overbank deposits with marine shells (mainly *Spisula*).

B6d. Section of the intertidal deposits.

B6e. Detail of intertidal deposits with *Scrobicularia plana* in live position