# A. Convergence of computational results

	average $C_D$	maximum $C_L$	St
Henderson (1995)	1.350	$0.330^{a}$	$0.166^{a}$
Tumkur $et al.$ (2013)	1.360	0.328	0.168
Nek5000			
$baseline^{b}$	1.381	0.340	0.167
larger domain <sup>c</sup>	1.364	0.338	0.166
finer $\operatorname{mesh}^d$	1.373	0.337	0.169
higher polynomial $\operatorname{order}^{e}$	1.372	0.336	0.169
smaller time $step^{f}$	1.380	0.340	0.167

Table S1: Comparison of computed values of average drag coefficient  $(C_D)$ , maximum lift coefficient  $(C_L)$ , and Strouhal number (St) for flow past a fixed cylinder at Re = 100.

 $^a\mathrm{Unpublished}$  values quoted by Shiels, Leonard & Roshko (2001)

<sup>b</sup> domain:  $24D \times 48D$ ; 3614 mesh elements; polynomial order 5;  $\Delta \tau = 10^{-3}$ 

 $^c$  baseline, except domain is  $48D\times 63D,$  and number of mesh elements increased to 8732 to preserve resolution

<sup>d</sup> baseline, except number of mesh elements increased to 8065

 $^e\,\mathrm{baseline},\,\mathrm{except}$  polynomial order increased to 7

<sup>f</sup> baseline, except time-step size reduced to  $\Delta \tau = 5 \times 10^{-4}$ 

#### B. Recasting the eigenvalue problem

Beginning with the dimensionless governing equations (2.1a-d) and (2.4a,b), the lift coefficient  $C_L$ , and the boundary conditions

$$\mathbf{v}^*|_{cyl} = \frac{\mathrm{d}Y_1^*}{\mathrm{d}\tau} \mathbf{e}_y \tag{S1a}$$

and

$$\lim_{r \to \infty} \mathbf{v}^* = \mathbf{e}_x \tag{S1b}$$

in an inertial reference frame, we follow the approach of Tumkur *et al.* (2017) for the NES-less case, and transform the field equations of the full nonlinear problem to a coordinate system that moves with the cylinder according to

$$\mathbf{x}' = \mathbf{x} - Y_1(t)\mathbf{e}_y \tag{S2}$$

Dropping the asterisk on dimensionless quantities, and denoting by  $^\prime$  field quantities in the noninertial frame, we have

$$\frac{\partial \mathbf{v}'}{\partial \tau} + \frac{\mathrm{d}^2 Y_1}{\mathrm{d}\tau^2} \mathbf{e}_y + \mathbf{v}' \cdot \nabla \mathbf{v}' = -\nabla p' + \frac{1}{Re} \nabla^2 \mathbf{v}' \tag{S3a}$$

$$\frac{\mathrm{d}^2 Y_1}{\mathrm{d}\tau^2} + (2\pi f_n^*)^2 Y_1 = \frac{2C_L}{\pi m^*} + \epsilon_p \bar{r}_o \frac{\mathrm{d}}{\mathrm{d}\tau} \left(\frac{\mathrm{d}\theta}{\mathrm{d}\tau}\sin\theta\right) \tag{S3b}$$

$$\frac{\mathrm{d}^2\theta}{\mathrm{d}\tau^2} + \frac{\zeta_r}{Re}\frac{\mathrm{d}\theta}{\mathrm{d}\tau} = \frac{1}{\bar{r}_o}\frac{\mathrm{d}^2Y_1}{\mathrm{d}\tau^2}\sin\theta \tag{S3c}$$

where

$$C_{L} = \frac{2}{Re} \int_{0}^{2\pi} \left[ -\frac{\partial \omega^{'}}{\partial r} \bigg|_{cyl} + \omega^{'}_{cyl} \right] \cos\phi \, \mathrm{d}\phi \tag{S4}$$

subject to the boundary conditions

$$\mathbf{v}^*|_{cyl} = \mathbf{0} \tag{S5}$$

and

$$\lim_{r \to \infty} \mathbf{v}' = \mathbf{e}_x + \frac{\mathrm{d}Y_1}{\mathrm{d}\tau} \mathbf{e}_y \tag{S6}$$

The cylinder displacement and NES position are not field variables, and are unaffected by the transformation (S4). Note also that the vorticity is the curl of the velocity field, and is thus invariant under this transformation.

Now, consider the linear stability problem, and write

$$\begin{bmatrix} \mathbf{v}'(r,\phi,\tau)\\ p'(r,\phi,\tau)\\ Y_1(\tau)\\ \theta(\tau) \end{bmatrix} = \begin{bmatrix} \mathbf{v}_s(r,\phi)\\ p_s(r,\phi)\\ 0\\ \theta_s \end{bmatrix} + \begin{bmatrix} \hat{\mathbf{v}}(r,\phi)\\ \hat{p}(r,\phi)\\ \hat{Y}\\ \hat{\theta} \end{bmatrix} e^{\sigma\tau}$$
(S7)

where the subscript s denotes a value corresponding to a steady solution of the full nonlinear equations, and the hatted quantities denote infinitesimal disturbances. Linearizing about the steady solution, we have

$$\sigma \hat{\mathbf{v}} + \hat{\mathbf{v}} \cdot \nabla \mathbf{v}_s + \mathbf{v}_s \cdot \nabla \hat{\mathbf{v}} + \sigma^2 \hat{Y} \mathbf{e}_y = -\nabla \hat{p} + \frac{1}{Re} \nabla^2 \hat{\mathbf{v}}$$
(S8a)

$$\sigma^2 \hat{Y} + (2\pi f_n^*)^2 \hat{Y} = \frac{4 \int_0^{2\pi} \left[ -\frac{\partial \hat{\omega}}{\partial r} \Big|_{cyl} + \hat{\omega}_{cyl} \right] \cos\phi \, \mathrm{d}\phi}{\pi m^* Re} + \epsilon_p \bar{r}_o \sigma^2 \hat{\theta} \sin\theta_s \tag{S8b}$$

$$\sigma^2 \hat{\theta} + \sigma \frac{\zeta_r}{Re} \hat{\theta} = \frac{1}{\bar{r}_o} \sigma^2 \hat{Y} \sin \theta_s \tag{S8c}$$

subject to the boundary conditions

$$\mathbf{v}^*|_{cyl} = \mathbf{0} \tag{S9}$$

$$\lim_{r \to \infty} \hat{\mathbf{v}} = \sigma \hat{Y} \mathbf{e}_y \tag{S10}$$

Solving for  $\hat{\theta}$ , we get

$$\hat{\theta} = \frac{\sigma^2 \hat{Y} \sin \theta_s}{\bar{r}_o \left(\sigma^2 + \sigma \zeta_r / Re\right)} = \frac{\sigma \hat{Y} \sin \theta_s}{\bar{r}_o \left(\sigma + \zeta_r / Re\right)}$$
(S11)

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so that

$$\sigma^{2}\hat{Y} + (2\pi f_{n}^{*})^{2}\hat{Y} = \frac{4\int_{0}^{2\pi} \left[-\frac{\partial\hat{\omega}}{\partial r}\Big|_{cyl} + \hat{\omega}_{cyl}\right]\cos\phi \,\mathrm{d}\phi}{\pi m^{*}Re} + \epsilon_{p}\bar{r}_{o}\frac{\sigma^{3}\hat{Y}\sin^{2}\theta_{s}}{\bar{r}_{o}\left(\sigma + \zeta_{r}/Re\right)} \tag{S12}$$

We solve (S12) for  $\hat{Y}$  and get

$$\hat{Y} = \frac{4\int_0^{2\pi} \left[ -\frac{\partial\hat{\omega}}{\partial r} \Big|_{cyl} + \hat{\omega}_{cyl} \right] \cos\phi \, \mathrm{d}\phi}{\pi m^* Re \left[ \sigma^2 + (2\pi f_n^*)^2 - \epsilon_p \frac{\sigma^3 \sin^2 \theta_s}{\sigma + \zeta_r / Re} \right]}$$
(S13)

Hence, we have

$$\sigma \hat{\mathbf{v}} + \hat{\mathbf{v}} \cdot \nabla \mathbf{v}_s + \mathbf{v}_s \cdot \nabla \hat{\mathbf{v}} + \frac{4\sigma^2 \int_0^{2\pi} \left[ -\frac{\partial \hat{\omega}}{\partial r} \Big|_{cyl} + \hat{\omega}_{cyl} \right] \cos \phi \, \mathrm{d}\phi}{\pi m^* Re \left[ \sigma^2 + (2\pi f_n^*)^2 - \epsilon_p \frac{\sigma^3 \sin^2 \theta_s}{\sigma + \zeta_r / Re} \right]} \mathbf{e}_y = -\nabla \hat{p} + \frac{1}{Re} \nabla^2 \hat{\mathbf{v}}$$
(S14)

subject to the boundary conditions

$$\hat{\mathbf{v}}(1/2,\phi) = \mathbf{0} \tag{S15}$$

$$\lim_{r \to \infty} \hat{\mathbf{v}} = \frac{4\sigma^2 \int_0^{2\pi} \left[ -\frac{\partial \hat{\omega}}{\partial r} \Big|_{cyl} + \hat{\omega}_{cyl} \right] \cos\phi \, \mathrm{d}\phi}{\pi m^* Re \left[ \sigma^2 + (2\pi f_n^*)^2 - \epsilon_p \frac{\sigma^3 \sin^2 \theta_s}{\sigma + \zeta_r / Re} \right]} \mathbf{e}_y \tag{S16}$$

We now make the following observations. First, Eqs. (S14) and (S16) show that the linear stability of the steady solution is independent of the radius ratio  $\bar{r}_o$ . Second, although linear stability depends on the value of the NES displacement,  $\theta_s$ , that dependence can be absorbed into a dependence on  $\epsilon_p \sin^2 \theta_s$ , so that there are are only two additional independent parameters upon which stability depends, namely  $\zeta_r$  and  $\epsilon_p \sin^2 \theta_s$ . We also note that for  $\theta_s = 0$  or  $\pi$ , or for  $\epsilon_p = 0$ , the NES has no effect on the linear stability problem, which reduces to the NES-less case for a sprung cylinder. Third, Eqs. (S14) and (S16) show that the critical Re for the NES case will asymptotically approach that of the NES-less sprung-cylinder case either as the damping coefficient  $\zeta_r \to \infty$  or  $\epsilon_p \sin^2 \theta_s \to 0$ .



C. Results for initial NES mass displacement of  $\pi/4$ 

Figure S1: Mechanism I with  $\theta(t = 0) = \pi/4$  for Re = 100,  $\bar{r}_o = 0.2$ ,  $\epsilon_p = 0.3$ , and  $\zeta_r = 21.221$ . (a) cylinder displacement  $(Y_1)$ ; (b) NES angle  $(\theta)$ ; (c) NES angular velocity  $(\dot{\theta})$ ; and (d) lift coefficient  $(C_L)$ . Root-mean-square values of  $Y_1$  and  $C_L$  for  $200 \leq tU/D \leq 1000$  are 0.1182 and 0.3328, respectively.

**D.** Response of an NES-less cylinder at Re = 60



Figure S2: For a stationary cylinder at Re = 60, (a) lift coefficient ( $C_L$ ) and (b) frequency of lift coefficient (Strouhal number).



Figure S3: VIV at Re = 60 and  $f_n^* = 0.14$  with no NES. (a) cylinder displacement  $(Y_1)$  and (b) lift coefficient  $(C_L)$ .

### E. Convergence of correlation dimension



Figure S4: For Re = 100,  $\bar{r}_o = 0.5$ ,  $\epsilon_p = 0.3$ , and  $\zeta_r = 0.340$ , convergence of correlation dimension  $D_{corr}$  (slope of least-squares fitted line to correlation sum data) with increase in embedding dimension  $m: \cdots, C_m(\sigma);$  —, least-squares fit for  $C_m(\sigma)$  computed for the range of  $\sigma$  shown. (a) m = 1,  $D_{corr} = 0.9743$ . (b) m = 2,  $D_{corr} = 1.8626$ . (c) m = 3,  $D_{corr} = 2.5524$ . (d) m = 4,  $D_{corr} = 2.8813$ . (e) m = 5,  $D_{corr} = 3.1818$ . (f) m = 6,  $D_{corr} = 3.1219$ .

### F. Experimental realization

In order to establish the relationship between a rotating NES with a distributed rotating mass and one with rotating mass concentrated on a line or at a point, Steytler & Pearlstein (2016) have extended the analysis of Gendelman *et al.* (2012) for a point mass m rotating at fixed radius about a fixed axis perpendicular to the rectilinear motion of a (nonrotating) "primary" mass M, and established relationships between the inertial properties of the rotating distributed mass and the mass of the "primary structure" (referred to in the main text as the "stator)," which guarantee dynamic equivalence (defined in \$6.3 of the main text) between the concentrated- and distributed-mass cases.

For the point-mass case, the dimensionless dynamical equations developed by Gendelman *et al.* (2012) [their equation (5)] for the free response are

$$\frac{\mathrm{d}^2 u}{\mathrm{d}t^2} + u = \epsilon_p \frac{\mathrm{d}}{\mathrm{d}t} \left( \frac{\mathrm{d}\theta}{\mathrm{d}t} \sin \theta \right) \tag{S17a}$$

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$$\frac{\mathrm{d}^2\theta}{\mathrm{d}t^2} + \lambda \frac{\mathrm{d}\theta}{\mathrm{d}t} = \epsilon_p \frac{\mathrm{d}^2 u}{\mathrm{d}t^2} \sin\theta \tag{S17b}$$

in which  $\epsilon_p = m_p/(m_p + M)$  is the fraction of the total mass comprised by the rotating point mass, and the rectilinear displacement and time have been nondimensionalized using the radial location of the point mass  $r_o$ , and  $\sqrt{(m+M)/K}$ , respectively. In contrast, for the distributed-mass case, dimensionless equations for the free response are

$$\frac{\mathrm{d}^2\xi}{\mathrm{d}\tau^2} + \xi = \frac{R_{cm}^2}{R_g^2} \epsilon_d \frac{\mathrm{d}}{\mathrm{d}\tau} \left(\frac{\mathrm{d}\theta}{\mathrm{d}\tau}\sin\theta\right) \tag{S18a}$$

$$\frac{\mathrm{d}^2\theta}{\mathrm{d}\tau^2} + \hat{\lambda}\frac{\mathrm{d}\theta}{\mathrm{d}\tau} = \frac{\mathrm{d}^2\xi}{\mathrm{d}\tau^2}\sin\theta \tag{S18b}$$

Here,  $R_{cm}$  is the distance from the axis of rotation to the center of mass,  $R_g$  is the radius of gyration,  $\epsilon_d = m_d/(M + m_d)$ ,  $m_d$  is the mass of the rotating distributed mass, and  $\hat{\lambda}$  is a dimensionless damping coefficient. In the distributed-mass case, the relationship between the free-response equations (S18*a*,b) and the ODEs for the cylinder and rotating-mass dynamics under VIV loading is precisely analogous to the corresponding relationship for the point-mass case [i.e., (S17*a*,b) and (2.4*a*,b)], so that we have

$$\frac{\mathrm{d}^2 Y_1}{\mathrm{d}\tau^2} + \left(2\pi f_n^*\right)^2 Y_1 = \frac{2C_L}{\pi m^*} + \frac{R_{cm}}{D} \epsilon_d \frac{\mathrm{d}}{\mathrm{d}\tau} \left(\frac{\mathrm{d}\theta}{\mathrm{d}\tau}\sin\theta\right) \tag{S19a}$$

$$\frac{\mathrm{d}^2\theta}{\mathrm{d}\tau^2} + \frac{\zeta_r}{Re}\frac{\mathrm{d}\theta}{\mathrm{d}\tau} = \frac{D}{R_{cm}}\frac{R_{cm}^2}{R_a^2}\frac{\mathrm{d}^2Y_1}{\mathrm{d}\tau^2}\sin\theta \tag{S19b}$$

where the rectilinear displacement and time are nondimensionalized by the cylinder diameter D, and D/U, respectively. (Note that if the rectilinear displacement had been nondimensionalized using  $R_g$ ,  $R_{cm}$ , or any length scale involving either  $R_g$  or  $R_{cm}$ , the boundary condition 2.1c would involve  $R_g$  or  $R_{cm}$ , and would thus depend on the inertial properties of the rotating mass.)

Comparison of distributed-mass equations S19a and S19b to the point-mass equations 2.4a and 2.4b shows that the two will be dynamically equivalent if

$$\epsilon_p \bar{r}_o = \epsilon_d R_{cm} / D \tag{S20a}$$

and

$$\bar{r}_o = (R_{cm}/D)(R_a^2/R_{cm}^2)$$
 (S20b)

We observe that  $\epsilon_p = \epsilon_d$  is possible only if  $R_g = R_{cm}$ . But the parallel axis theorem (Kleppner & Kolenkow 1973) shows that this is possible only for a point mass. Thus, for a distributed-mass rotating NES, the required mass ratio m/(m+M) will necessarily differ from the point-mass value if dynamic equivalence is to be achieved.

Since most of the results in the paper are for Re = 100, we consider that Re. To keep the NES (and its rotating mass) inside the cylinder, we choose a fairly large cylinder diameter, 10 cm, which avoids small clearances, and simplifies construction. This size is also convenient for visualization and optical diagnostics in a number of water-tunnel facilities. For Re = 100 and D = 10 cm, the experimentally convenient free-stream velocity of 35 cm/s corresponds to a kinematic viscosity of 350 cSt, well within the range of a variety of commercially available mineral oils, lubricating oils, silicone oils, and heat transfer fluids. We consider SAE 30, for which the viscosity and density at 20° C are 350 cSt and 0.89 g cm<sup>-3</sup>, respectively. Our density ratio of 10 corresponds to a cylinder density of 8.9 g cm<sup>-3</sup>. Taking the rotating mass to be a cylinder of density  $\rho_{rnes}$  whose cross section is an annular sector with inner and outer radii  $R_1$  and  $R_2$ , respectively, and sector angle  $\alpha$ , and the stator to be a cylindrical annulus with inner and outer radii  $R_{stat}$  and R = D/2, respectively, and density  $\rho_{rnes}$ , it follows that

8.9 g cm<sup>-3</sup> (
$$\pi R^2$$
) =  $\rho_{rnes} \left( R_2^2 - R_1^2 \right) \frac{\alpha}{2} + \rho_{stat} \pi \left( R^2 - R_{stat}^2 \right)$  (S21)

Nondimensionalizing (S21), we find

$$8.9 = \chi_{rnes} \left(\eta_2^2 - \eta_1^2\right) \frac{\alpha}{2\pi} + \chi_{rnes} \left(1 - \eta_{stat}^2\right)$$
(S22)

where we define  $\eta_1 = R_1/R$ ,  $\eta_2 = R_2/R$ ,  $\eta_{stat} = R_{stat}/R$ ,  $\chi_{rnes} = \rho_{rnes}$  cm<sup>3</sup> g<sup>-1</sup> and  $\chi_{stat} = \rho_{stat}$  cm<sup>3</sup> g<sup>-1</sup>. The radial location of the center of mass of the annular sector,  $R_{cm}$ , is found by completing the centroid, while the radius of gyration is found from  $R_g = \sqrt{\hat{I}_{zz}/\hat{M}_{rnes}}$ , where  $\hat{I}_{zz}$  is the moment of inertia per unit length, taken about the cylinder axis. Performing those two straightforward integrations, we have

$$\frac{R_{cm}}{D} = \frac{2\sin(\alpha/2)\left(\eta_1^2 + \eta_1\eta_2 + \eta_2^2\right)}{3\alpha(\eta_1 + \eta_2)}$$
(S23*a*)

and

$$\frac{R_{cm}}{R_g} = \frac{4\sqrt{2}\sin\left(\alpha/2\right)\left(\eta_1^2 + \eta_1\eta_2 + \eta_2^2\right)}{\alpha\left(\eta_1 + \eta_2\right)\sqrt{\eta_1^2 + \eta_2^2}}$$
(S23b)

For given values of the parameters  $\epsilon_p$  and  $\bar{r}_o$  in the point-mass approximation, the objective is to find values of  $\eta_1 \leq \eta_2 \leq \eta_{stat}$ ,  $\alpha$ ,  $\chi_{rnes}$ , and  $\chi_{stat}$  such that (S20*a*, S20*b*, and S22) are satisfied, where

$$\epsilon_d = \frac{\rho_{rnes} (R_2^2 - R_1^2) \frac{\alpha}{2}}{\rho_{rnes} (R_2^2 - R_1^2) \frac{\alpha}{2} + \pi \rho_{stat} (R^2 - R_{stat}^2)} \\ = \frac{\chi_{rnes} (\eta_2^2 - \eta_1^2) \frac{\alpha}{2\pi}}{\chi_{rnes} (\eta_2^2 - \eta_1^2) \frac{\alpha}{2\pi} + \chi_{stat} (1 - \eta_{stat}^2)}$$
(S24)

We consider (S20a, S20b, and S22) to be three equations in six unknowns, from which it follows that there is a three-parameter family of solutions.

In seeking solutions, it is important to keep in mind that the densest material that can practicably be used is tungsten, with a density of 19.3 g cm<sup>-3</sup>, (Tungsten is routinely used as a ballast in aircraft and other applications. Other elements and their alloys have densities as high as 22.6 g cm<sup>-3</sup>, but are much more expensive.)

For the values of  $\epsilon_p$  and  $\bar{r}_o$  (0.3 and 0.47, respectively) used to compute the chaotic results in figure 16, a solution is  $\eta_1 = 0.2$ ,  $\eta_2 = 0.855568$ ,  $\eta_{stat} = 0.9143295$ ,

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 $\alpha = 2.8754087$  radians,  $\chi_{rnes} = 19.3000$ , and  $\chi_{stat} = 17.0000$ . The values of the geometric parameters  $\eta_1$ ,  $\eta_2$ ,  $\eta_{stat}$ , and  $\alpha$  were chosen to satisfy (S20*a*, S20*b*, and S22), subject to (S23*a*, S23*b*, S24), and to give densities very close to those of elemental tungsten and two commercially available tungsten alloys (0.9 W, 0.06 Ni, 0.04 Cu; and 0.9 W, 0.07 Ni, 0.03 Fe), both having a density of 17.0 g cm<sup>-3</sup>. For a cylinder with a 10 cm diameter, this gives inner and outer radii of 1.0 cm and 4.27784 cm, respectively, and a sector angle of 2.8754087 radians for the rotating mass, and inner and outer radii of 4.571647 cm and 5 cm, respectively for the stator, with a clearance of  $(\eta_{stat} - \eta_2) (10 \text{ cm}/2) = 2.94 \text{ mm}$  between the rotating mass and the stator that should be adequate. For this distributed-mass choice, the ratio of the rotating mass to the overall mass is  $\epsilon_d = 0.686739$ , more than twice the value for the dynamically equivalent point-mass model ( $\epsilon_p = 0.3$ ).

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